

# Strengthening Vermont's System of High Performing Medical Homes



# Disclosure

- We have no relevant financial relationships to disclose or conflicts of interest to resolve
- We will discuss no unapproved or off-label pharmaceuticals

# CHAMP Quality Improvement Project

## Global Aim over 2-Year Timeframe

### **Increase % of High Performing Medical Homes (HPMH) who:**

- Provide reliable, comprehensive, family-centered preventive services and well child visits based on Bright Futures. Use a 2-generation approach with families.
- Provide care coordination & case management at appropriate levels.
- Use community services & supports for healthy development.
- Use QI to constantly adapt and improve.



K. Johnson and C. Braver. A Storybook on Medicaid's Role in Early Childhood: Advancing High-Performing Medical Homes and Improving Lifelong Health. Child and Family Policy Center, October 2018.

# CHAMP Quality Improvement Project

## Specific Aim

**Medical homes will engage in the elements of a HPMH by:**

- providing comprehensive well-child care focusing on kids at their 12 and 24 month and 3 and 6-year visits, based on *Bright Futures* and EPSDT guidelines
- with 10% improvement from baseline
- by June 30, 2021.

ABP : MOC Part 4 credits  
ABFM: MOC Part IV credits  
AAFP CME: Prescribed Credits

# Metrics for HPMH 2-year project

## Preventive Services

1. Blood Lead Screening
2. Vision/Strabismus
3. Oral Health
4. Hearing
5. Social Determinants of Health
6. Developmental Screening
  - Social Emotional Screening
  - Autism
7. Parental Depression

**Referrals/Case Management/Care Coordination**

**Racial and Health Equity**

**Clinician wellness**

# This Year: A “Bundle of Measures” and Clinician Wellness

## Two measurement/improvement options to choose from

### Option A: 12 month and 24 month chart review

#### Measures:

#### 12 month visit

SDOH  
Lead  
Oral health  
Developmental Screening  
(between 9-12mo)

#### 24 month visit

SDOH  
Lead  
Oral health  
Developmental Screening  
(between 18-24mo)

### Option B: 3 and 6 year chart review

#### Measures:

#### 3 year visit

SDOH  
Vision  
Strabismus  
Oral health

#### 6 year visit

SDOH  
Vision  
Strabismus  
Oral health

## Clinician Wellness

# Strengthening Vermont's System of High Performing Medical Homes

October 23: Complete/submit Office Systems Inventories  
October 23: Complete Maslach Burnout Inventory  
November 1: Submit 3 months of baseline data before making changes

July 16 – August 15

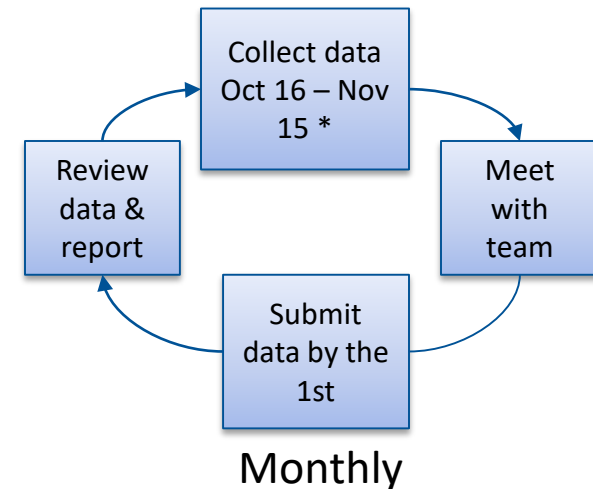
August 16 – September 15

September 16 – October 15

Develop/submit PDSA Activity Log

Dec to May: Collect and submit monthly data (6 months)  
Meet with your team, Review data and results  
Develop/Submit PDSA Logs (1/month)  
Participate in monthly collaborative call/webinar

June: Complete Maslach Burnout Inventory



**New This Year – all in REDCap**

Unique link

Tracking system

PDSA Form in REDCap

# Clinician Wellness

Confidential

CHAMP 2018-2019 Abbreviated Maslach Inventory  
Page 1 of 2

## CHAMP 2018-2019 Abbreviated Maslach Inventory

Record ID \_\_\_\_\_

I deal very effectively with the problems of my patients

- ☐ Every day
- ☐ A few times a week
- ☐ Once a week
- ☐ A few times a month
- ☐ Once a month or less
- ☐ A few times a year
- ☐ Never

I feel I treat some patients as if they were impersonal objects

- ☐ Every day
- ☐ A few times a week
- ☐ Once a week
- ☐ A few times a month
- ☐ Once a month or less
- ☐ A few times a year
- ☐ Never

I feel emotionally drained from my work

- ☐ Every day
- ☐ A few times a week
- ☐ Once a week
- ☐ A few times a month
- ☐ Once a month or less
- ☐ A few times a year
- ☐ Never



# Office Systems Inventory



**VCHIP CHAMP 2020 Office Systems Inventories**

Resize font:  


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## Strategies to Improve High Performing Medical Homes (HPMH) focusing on:

**12 and 24 month Screening and Follow-up:**  
***Lead Screening; Oral Health; Developmental Screening; and Social Determinants of Health***

**3 and 6 Year Screening and Follow-up:**  
***Vision; Oral Health; and Social Determinants of Health***

The goal of this office systems worksheet is to understand areas of strength in your medical home. The following are strategies that High Performing Medical Homes can use to improve their office systems around preventive health screening. High Performing Medical Homes are not required to address every item. We understand that there will be areas that are not currently being done and these represent areas to consider as you formulate PDSA cycles.

Read each statement and check the response as it applies to your practice:

- 1- ...not done
- 2- ...We do not do this well; significant practice change is needed
- 3- ...We do this to some extent; improvement is needed
- 4- ...We do this well; substantial improvement is not currently needed

**Practice name:**

**Date completed:**   Today M-D-Y

Strategy	1   2   3   4
<b>Reliable, comprehensive, family centered preventive services screening aligned with Bright Futures</b>	
<b>Blood Lead Testing:</b>	
(1) We complete blood lead testing in all children regardless of insurance or risk factors at 12 and 24 months.	<input type="radio"/> 1 <input checked="" type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <small>reset</small>
(2) We complete blood lead testing at other ages per Bright Futures and Vermont Department of Health (VDH) guidelines for children with risk factors or signs/symptoms of lead poisoning (per VT HAN Pediatric Blood Lead Testing Guidelines Feb 2020).	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <small>reset</small>
(3) We follow the VDH algorithm to guide confirmatory or repeat testing as appropriate if lead level is elevated.	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <small>reset</small>
(4) We either use the state laboratory to run our tests OR our point of care test results are sent to the state lab for tracking.	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <small>reset</small>
<b>Vision:</b>	
(1) We conduct visual assessments, including for strabismus, via physical exam beginning in the newborn period and continuing at every Health Supervision Visit (HSV) to help identify children who may benefit from interventions to correct or improve vision.	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <small>reset</small>
(2) We screen children for visual acuity at routine HSVs per the Bright Futures recommended schedule using validated screening tools based on critical factors (age of the child, developmental and/or verbal ability, and cooperation and/or ability to reliably perform test).	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <small>reset</small>
(3) We use instrument-based screening for enhanced detection of conditions that may lead to amblyopia and/or strabismus. <small>Screener used:</small> <input style="width: 100px;" type="text"/>	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <small>reset</small>

# Your Electronic Binder

## Information in (electronic) binder includes Goals/Measures and Data Collection:

- Instructions for completing data collection
- Project measures and definitions sheet
- Data collection sample (REDCap)
- PDSA Activity Log (REDCap or paper/fax)

## Other information:

- Monthly Collaborative Calls
- Contact information
- MOC/CME Tracking Log if needed
- Model for Improvement overview



Conference Call/Webinar Schedule (10/10/20)

Using Zoom  
Monthly Calls are from 12:00-1:00pm  
-Please note:  
Calls are on Tuesday

The purpose of project conference calls/webinars is to gain knowledge from experts in the field, and share successes and challenges with your colleagues participating in the QI project. We will discuss improvement strategies and hear new ideas and information related to improving care in High Performing Medical Homes. Please join us.

Date	Time	Call Topic Presenters to be announced
Tuesday November 17	12-1 PM	Promoting Family Strength: Screening and Coordination in Early Childhood
Tuesday December 15	12-1 PM	Clinician Wellness
Tuesday January 26	12-1 PM	Staying Afloat in a Sea of COVID
Tuesday February 16	12-1 PM	Developmental Assessment: Following up on abnormal screens
Tuesday March 16	12-1 PM	Are you Ready? ..
Tuesday April 27	12-1 PM	Becoming an Anti-Racist Practice
Tuesday May 25	12-1 PM	Project Wrap-Up, including MOC Attestation instruction



**VCHIP**

Vermont Child Health Improvement Program  
UNIVERSITY OF VERMONT LARNER COLLEGE OF MEDICINE

# Data Collection Instructions

## Instructions for Completing Monthly Data Reports

- Select age group you will focus on
  - 12 and 24 month visits
  - 3 and 6 year visits
- Goal is to collect from at least 10 charts monthly
- Use random selection if more than 10 charts are available
- Enter data based on the scheduled visit type even if patient came in early or late
- More than 10 charts can be entered

### Other Notes:

- Each HS visit could be completed in person or telehealth or some kind of combination
- Timing of visits may be asynchronous (ex. 24 month visit could be done at 27 month or components of HS visit could be completed at different stages).

### Instructions for Completing Monthly Data Reports

Monthly chart audits will be conducted for nine months: three months of baseline data and six months of intervention. Data will be electronically collected by the Provider/practice using REDCap, a UVM supported, HIPAA compliant online data collection application that allows secure data transfer from your practice to VCHIP. Each measurement period will start on the 16<sup>th</sup> of the month and end on the 15<sup>th</sup> of the next month.

Data Collection Month	Measurement Period	Due Date
Baseline 1:	July 16th-August 15th	11/1/2020
Baseline 2:	August 16th- September 15th	11/1/2020
Baseline 3:	September 16th- October 15th	11/1/2020
Project Month 1:	October 16th- November 15th	12/1/2020
Project Month 2:	November 16th- December 15th	1/1/2021
Project Month 3:	December 16th- January 15th	2/1/2021
Project Month 4:	January 16th- February 15th	3/1/2021
Project Month 5:	February 16th- March 15th	4/1/2021
Project Month 6:	March 16th-April 15th	5/1/2021

Participants/practices will use the following instructions to complete the High-Performing Medical Homes MOC Monthly Data Form:

# Data Collection

## New: Unique link & tracking

Each practice will receive their own **unique** survey queue link. This link will remain the same throughout the project. The survey queue will give you access to the monthly data collection and PDSA activity log forms. Use this link to track your data collection progress. You can save the link but a link will be emailed out every month.

Close survey queue

### Survey Queue

Listed below is your survey queue, which lists any other surveys that you have not yet completed. To begin the next survey, click the 'Begin survey' button next to the title.

Get link to my survey queue

Status	Survey Title
✓ Completed	MOC Monthly Data Collection Form - Baseline 1 - #1 <a href="#">Edit response</a>
✓ Completed	MOC Monthly Data Collection Form - Baseline 1 - #2 <a href="#">+ Enter Another Patient Record</a> <a href="#">Edit response</a>
<a href="#">Begin survey</a>	MOC Monthly Data Collection Form - Baseline 2 - #1
✓ Completed	MOC Monthly Data Collection Form - Baseline 3 - #1 <a href="#">+ Enter Another Patient Record</a> <a href="#">Edit response</a>
✓ Completed	MOC Monthly Data Collection Form - Project Month 1: 10/16 - 11/15 - #1 <a href="#">+ Enter Another Patient Record</a> <a href="#">Edit response</a>
✓ Completed	Monthly PDSA Activity Log - Project Month 1: 10/16 - 11/15 <a href="#">Edit response</a>
<a href="#">Begin survey</a>	MOC Monthly Data Collection Form - Project Month 2: 11/16 - 12/15 - #1
<a href="#">Begin survey</a>	Monthly PDSA Activity Log - Project Month 2: 11/16 - 12/15
<a href="#">Begin survey</a>	MOC Monthly Data Collection Form - Project Month 3: 12/16 - 1/15 - #1
<a href="#">Begin survey</a>	Monthly PDSA Activity Log - Project Month 3: 12/16 - 1/15
<a href="#">Begin survey</a>	MOC Monthly Data Collection Form - Project Month 4: 1/16 - 2/15 - #1
<a href="#">Begin survey</a>	Monthly PDSA Activity Log - Project Month 4: 1/16 - 2/15
<a href="#">Begin survey</a>	MOC Monthly Data Collection Form - Project Month 5: 2/16 - 3/15 - #1
<a href="#">Begin survey</a>	Monthly PDSA Activity Log - Project Month 5: 2/16 - 3/15
<a href="#">Begin survey</a>	MOC Monthly Data Collection Form - Project Month 6: 3/16 - 4/15 - #1
<a href="#">Begin survey</a>	Monthly PDSA Activity Log - Project Month 6: 3/16 - 4/15

# Monthly Data Collection

## MOC Monthly Data Collection Form

Thank you for participating in CHAMP's MOC Project: High Performing Medical Homes for 2020 - 2021.

Please complete the monthly data collection below.

For each data collection month (specified below), pull a total of at least 10 charts for age option A or B, please submit all (up to 10 patients total). If the number is 10 or less, collect data from medical records on all patients in the age option you have selected. If the number is > 10, randomly select 10 patients, and complete REDCap data collection from those medical records. For random selection, randomly select patients from different days of the week, and/or from different weeks in the month. Make sure that you are sampling from a variety of providers if applicable. You can consider a larger number of charts if you were not able to adequately select from all providers.

\*Each HS visit could be completed in person or telehealth or some type of combination

\*Timing of visit may be asynchronous (ex. 24mo visit could be done at 27mo or components of HS visit could be completed at different stages)

Tracks which record  
and month you are  
on here

Entering Record for: Baseline 1, Patient #: 3

Does this patient receive care from you or another clinician at your practice who is participating in the 2019 CHAMP MOC QI project?

\* must provide value

Yes, this patient receives care from me or another clinician at my practice who is participating in the MOC project.

No, this patient receives care from another clinician at my practice who is not participating in the MOC project

reset

Current age of patient is:

\* must provide value

12 months

24 months

3 years old

6 years old

reset

You may enter data at  
your own pace and in  
different sittings. Use  
these options to save  
your place and return.

Submit and

Enter Another Patient Record


- or -

Submit

Save & Return Later

# New: PDSA Tracking Form in REDCap – download/upload function

## What's in a PDSA Cycle?

 **Small Test of Change Worksheet** Date: \_\_\_\_\_

**Planning** What happened last month that will inform this month's test of change. Identify the problem you are trying to solve.

**Specific Aim:** Chosen Aim to move forward on a Project Goal:

Describe your first (or next) test of change.	Responsible	When	Where
List the tasks needed to set up this test of change.	Responsible	When	Where
Predict what will happen when the test is carried out.	Measures of Success		

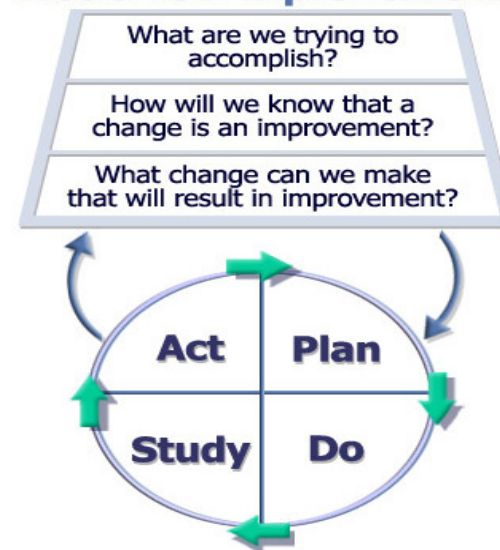
**Do** Run the test. Describe what happened when you ran the test:

**Study** Describe the measured results and how they compared to the predictions:

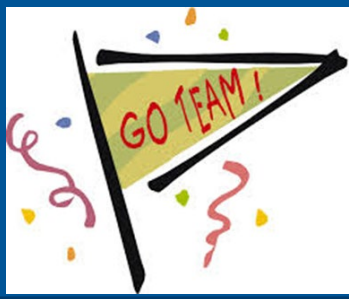
**Act** Describe what modifications to the plan will be made for the next cycle from what you learned:

Worksheet from the Institute for Healthcare Improvement

### Model for Improvement



Quickly test changes on a small scale, observe what happens, tweak changes, test again



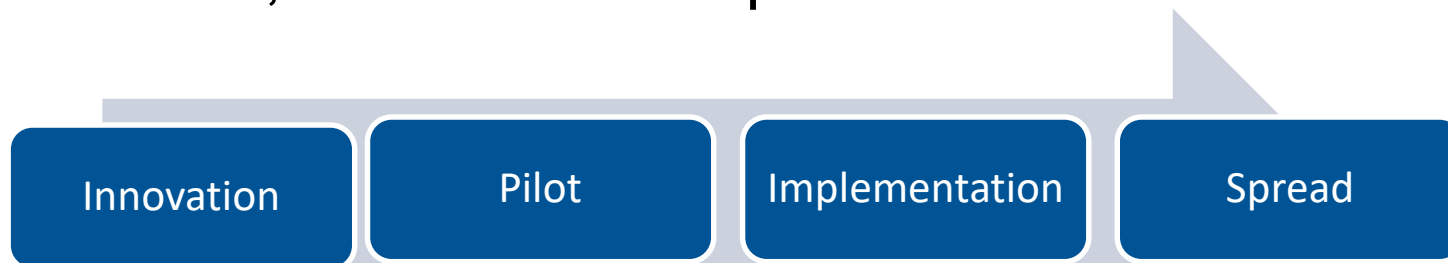
# Office Systems Inventory

- Review your completed Office Systems Inventory
- Review your practice report (if available\*)
- Where are your gaps?
- What are your priorities?
- What changes will you make?
- What will you “trial” first?
- What will have the biggest impact?
  - What will your 1<sup>st</sup> PDSA cycle be?

# Getting Started



- Attending the Learning Session
- Identify a champion
- Assemble your team
- Best practices, protocols based on the Guidelines
- Gaps in care processes
- New ideas for change
- Measures, data collection plan





# Collaborative Calls



## Conference Call/Webinar Schedule (10/10/20)

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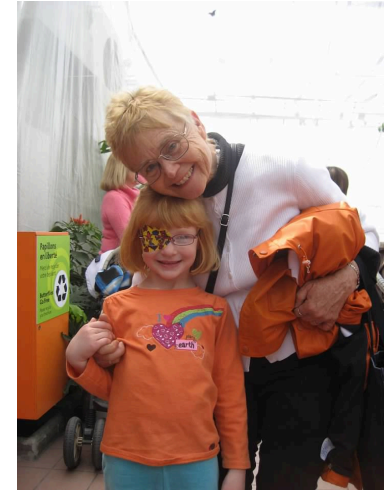
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# Questions or Feedback?



THANK YOU VERY MUCH!

