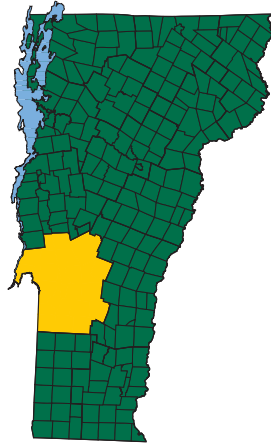


Rutland County

POPULATION

Population (2014).....	60,086 ¹
Area	929.82 square miles
Persons under 5 (2013)	4.6%
Persons 5-18 (2013)	13.8%
Persons 18-64 (2013)	63.3%
Persons 65 years+ (2013)	18.7%
Average household size	2.29
College graduates	28%
Population Density (2010):	
66.3 per square mile (VT 67.9)	



Race¹

White	97.1%
Black or African American	0.6%
American Indian & Alaska Native	0.3%
Asian	0.7%
Two or more races	1.4%

In 2000, the median age of Rutland County residents was 39.23 years, one of the highest in New England.²

Compared to Vermont, in 2013, Rutland County residents were older, with a lower proportion of youth less than 18 years of age (18.4% versus 19.6% for VT); a lower proportion of younger adults 18-44 years of age (36% versus 38%); a higher proportion of older adults 45-65 years (26% vs. 25%); and a higher proportion of elderly 65 years and older (17% versus 14.6%).¹

Rutland County's elderly population will increase in numbers and continue to be proportionately older than other areas in Vermont. From 2000 to 2016, the total number of over 65-year-old residents in Rutland County is projected to increase by 3,715 elders, a 39.2% increase in the number of elders. By 2016, it is estimated that the elderly in Rutland County will comprise 20.4% of the County's total population, higher than the 18.1% estimated for Vermont as a whole.

For a handbook on cultural competency, visit the Champlain Valley AHEC web site: www.cvahec.org/resources/cultural-competency

SOCIOECONOMIC INDICATORS

	Rutland County	Vermont
Per capita income (2013).....	\$44,190 ⁴	\$29,167
Median household income (2013).....	\$49,271	\$54,267
Population below poverty (2012).....	13.9%	11.8% ³
Total households countywide (2009-13)	25,754	
Persons per household.....	2.29	2.34
Speak language other than English at home... ..	4.1%	
Annual Wage (2013)	\$42,023 ⁴	
Population below poverty line (2013)	12.9%	

Education

	Rutland County	Vermont
High school graduation rate	92%	91.4%
College degree	28%	34.8%

THE ECONOMY

Major Employment Sectors³

Government	14.9%
Service Providing.....	65.1%
Manufacturing.....	20%

HEALTH

Risk Factors and Chronic Conditions⁵

	Rutland County	Vermont
Adult smokers	22%	16% ⁴
Adult obesity	24%	24%
Excessive drinking.....	16%	19%
Children under 18 in poverty	16%	16% ³
Uninsured adults	12%	12%
Single parent households	9%	9%

HEALTHCARE WORKFORCE

Primary care practices

Physicians by Specialty	Number of Physicians	Recommended FTE	Actual FTE	Differences in FTE
Family Practice.....	20	20.6	23.1	2.5
Internal Medicine	9.5	17.8	7.4	-10.4
OB/GYN	5	5.8	5	-.9
Pediatrics	6.6	6.8	6.4	-.4
TOTAL	41	51	41.9	-9.2

FTE= Full-time equivalent

HEALTH INDICATORS

Access

Rutland County falls short of the recommended FTE for total primary care practitioners in 2013. The county is 9.2 short of the recommended FTEs for all primary care. The recommended FTE based on the county population is 51; Rutland County reported only 41.9 FTEs.⁶ www.med.uvm.edu/ahec.

56% of providers report they are accepting new patients.⁶

86% of primary care physicians accept Medicaid/Medicare patients.⁶

85% of adults have health insurance (VT 86%).⁷

Women & Infants⁵

86% of pregnant women receive prenatal care in the first trimester (VT 90%).

Low birth weight rate (<5.5 lbs) is 6.8% (VT 6.4%).

Disease Rates⁵

Heart disease death rate is 165 per 100,000 population (VT 138 per 100,000).

Stroke death rate is 60 per 10,000 (VT 44 per 100,000).

Adults with high blood pressure rate is 22 per 100,000 (VT 23 per 100,000).

19% of adults are obese (VT 21%).

PRIMARY CARE FEDERALLY QUALIFIED HEALTH CENTER

The Community Health Care Centers of the Rutland Region (CHCRR) comprise a Federally Qualified Health Center. These FQHC sites include: Castleton Family Medical Center, Mettowee Valley Medical Center, Brandon Medical Center, Rutland Community Health Center, Community Dental, Shorewell Community Health Center, and CHCRR Pediatrics. www.chcrr.org

HOSPITALS

Rutland Regional Medical Center: Vermont's second-largest health care facility with 144 beds. It has 1,373 employees and a medical staff of nearly 227 physicians trained in 36 specialty areas. It provides preventive, diagnostic, acute and rehabilitative services, and serves Rutland County, portions of southern and central Vermont and communities in eastern New York State. Rutland Regional Medical Center was established as Rutland Hospital on September 6, 1896. It is an affiliate of Rutland Regional Health Services, along with Vermont Orthopedic Clinic, Killington Medical Clinic, Vermont Sports Medicine Center, The Meadows, The Gables, Kids on the Move, James T. Bowse Community Health Trust, The Vermont Health Plan and Rutland Health Foundation. www.rrmc.org

Rutland Free Clinic: Park Street Healthshare, Inc. is a free clinic that offers medical and dental care at 145 State Street, Rutland, VT, 802-775-1360. www.vccu.net/rfc.htm

KEY STATE & COMMUNITY AGENCIES

Vermont Department of Health: Regional office located in Rutland. www.healthvermont.gov/local/district/Rutland

Rutland Mental Health Services: Part of the Community Care Network (CCN). CCN is the parent corporation of the Rutland Mental Health Services (RMHS) and Rutland Community Programs (RCP). RMHS is organized to maintain and operate a community mental health and developmental disabilities system providing medical, clinical and supportive services to promote health, and to further other benevolent, scientific and educational activities. www.rmhsccn.org

Southwestern Vermont Council on Aging: A community organization which provides Older Americans Act services to elders and their families in Rutland and Bennington Counties. Coordinated services include Senior Help-Line, Meals on Wheels, Case Management, Congregate Dinners, Advocacy, Transportation, Senior Companion Program, Health Insurance Counseling and Assistance and Caregiver Resources. Their offices are located in Rutland and Bennington. www.svcoa.org

United Way of Rutland County: www.uwrutlandcounty.org

Rutland Region Chamber of Commerce:
www.rutlandvermont.com

Vermont 2-1-1: Database contains information about available community resources for people throughout Vermont, including detailed data on health and human services. The Vermont 2-1-1 Database currently contains over 900 agencies, with more than 2,700 programs and 9,200 services. To contact them, simply dial 2-1-1 (a local call from anywhere in Vermont), 1-866-652-4636 (toll free in Vermont) or call 1-802-652-4636 (from outside Vermont). Available 24 hours a day, seven days a week.

www.vermont211.org

Vermont Palliative and End-of-Life Care Resource Connections: Resources available by county. Provides information about decisions and choices available to patients and their families when confronted with a life-threatening illness. www.starttheconversation.org

BROC – Community Action in Southwestern Vermont: Provides services for the homeless and poverty populations. www.broc.org

RECREATION & LEISURE

See a complete listing of recreation, entertainment, and food options. www.rutlandvermont.com

Rutland Free Library: Serves residents of Rutland, Ira, Rutland Town, Mendon, and Tinmouth. It offers free wireless Internet services and cultural programs. www.rutlandfree.org

Paramount Theatre: An arts, cultural, and educational venue restored to its 1912-13 origin. www.paramountvt.org

Vermont State Parks: www.vtstateparks.com

COLLEGES

Castleton State College: A public, four-year college, largest residential college in the Vermont State Colleges system, and oldest college in Vermont, founded in 1787. Offers 30 undergraduate programs and eight graduate programs for over 2,000 students from 19 countries. www.castleton.edu

College of St. Joseph: A non-profit, private college in Rutland that offers 30 programs leading to associate, bachelor and master's degrees. Founded in 1956 by the Sisters of St. Joseph, it serves 350 students. www.csj.edu

Community College of Vermont (CCV): Vermont's second largest college, serving over 7,000 students each semester. It offers twenty degree and six certificate programs, workforce, secondary and continuing education opportunities, and academic and veterans support services. Part of the Vermont State Colleges it has 12 Centers around the state, including one in Rutland. www.ccv.edu

Green Mountain College: A private, liberal arts college founded in 1834 in Poultney, VT, it offers 20 majors, four master's degree programs and four certificate programs to 826 students. www.greenmtn.edu

1 <http://quickfacts.census.gov/qfd/states>

2 Rutland Regional Plan, Draft for Public Hearing, 3-18-08

3 www.vtmi.info/profile2009.pdf

4 Vermont Department of Labor, Vermont Economic and Demographic Profile Series 2010, vtmi.info

5 Health Status Report 2008 Appendix, 2000 Census Data, VT Department of Health; <http://healthvermont.gov/pubs>

6 The Vermont Primary Care Workforce 2013 Snapshot. www.med.uvm.edu/ahec

7 County Health Rankings: www.countyhealthrankings.org