Windham County

POPULATION
Population (2014) ....................... 43,714
Area ........................................... 785 square miles

Persons under 5 (2013) .......... 4.5%
Persons 5-18 (2013) ............ 14.4%
Persons 18-64 (2013) ........... 62.7%
Persons 65 years+ ............... 18.4%
Average household size .......... 2.29

College graduates .................. 33.5%

56.7 per square mile (VT 67.9)

Windham County is becoming older than Vermont and the U.S., as the “graying” of America continues. The proportion of elderly 65 years and older in Windham County is estimated to increase to 21.1% of the population by 2016. More than one in five Windham County residents will be elderly by 2016.

Race
White ........................................ 95.4%
Black or African American .......... 1.2%
American Indian & Alaska Native ........ 0.3%
Asian ........................................ 1.1%
Two or more races .................. 1.9%

Ethnicity and Language
Speak language other than English at home ........ 4.3%

For a handbook on cultural competency, visit the Champlain Valley AHEC web site: www.cvahec.org/resources/cultural-competency

SOCIOECONOMIC INDICATORS

<table>
<thead>
<tr>
<th>Windham County</th>
<th>Vermont</th>
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<tbody>
<tr>
<td>Per capita income (2007) .................. $43,279</td>
<td>$29,167</td>
</tr>
<tr>
<td>Median household income (2013) .......... $50,234</td>
<td>$54,267</td>
</tr>
<tr>
<td>Population below poverty (2012) ......... 13.9%</td>
<td>11.8%</td>
</tr>
<tr>
<td>Total households countywide (2009-13) .... 19,417</td>
<td></td>
</tr>
<tr>
<td>Persons per household .................. 2.19</td>
<td>2.34</td>
</tr>
<tr>
<td>Annual Wage (2007) .................... $37,876</td>
<td>$40,700</td>
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<tr>
<td>Population below poverty line (2011) .... 10.8%</td>
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Education

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<tr>
<td>High school graduation rate ........ 92%</td>
<td>91.4%</td>
</tr>
<tr>
<td>College degree ..................... 28%</td>
<td>34.8%</td>
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THE ECONOMY

Major Employment Sectors
Government .................................. 13%
Service Providing ....................... 69.8%
Manufacturing .......................... 17.2%

HEALTH

Risk Factors and Chronic Conditions

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<tr>
<td>Adult smokers .......................... 19%</td>
<td>16%</td>
</tr>
<tr>
<td>Adult obesity ........................... 23%</td>
<td>24%</td>
</tr>
<tr>
<td>Excessive drinking .................... 19%</td>
<td>19%</td>
</tr>
<tr>
<td>Children under 18 in poverty ........ 14%</td>
<td>16%</td>
</tr>
<tr>
<td>Uninsured adults ..................... 12%</td>
<td>12%</td>
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</tbody>
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HEALTH INDICATORS

Access

Windham County meets the recommended FTE (Full time equivalent) for total primary care practitioners, but is 1.3 short of the recommended FTE for Internal Medicine (Adult Medicine). 83.3% of providers report they are accepting new patients. 89% of primary care physicians accept Medicaid/Medicare patients. 84% of adults have health insurance (VT 86%).

Women & Infants
87% of pregnant women receive prenatal care in the first trimester (VT 90%).

Low birth weight rate (<5.5 lbs) is 5.7% (VT 6.4%).

Disease Rates

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<td>Heart disease death rate is 153 per 100,000 population</td>
<td>138 per 100,000</td>
</tr>
<tr>
<td>Stroke death rate is 42 per 10,000 (VT 44 per 100,000).</td>
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</tr>
<tr>
<td>Adults with high blood pressure rate is 20 per 100,000 (VT 23 per 100,000).</td>
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19% of adults are obese (VT 21%).

PRIMARY CARE FEDERALLY QUALIFIED HEALTH CENTER

Springfield Medical Care Systems (SMCS): A not-for-profit, community-based health care system that includes a network of seven federally-qualified health center locations, and Springfield Hospital, serving southeastern Vermont. In Windham County, walk-in care is available at the Bellows Falls location; primary care services are at the Rockingham site. www.springfieldmed.org

VCCU – Valley Health Connections: The county is also served by the VCCU, a non-profit clinic for the uninsured and under-insured in Putney. www.vccu.net
HOSPITALS
Brattleboro Memorial Hospital: A 61-bed not-for-profit hospital in Brattleboro, serving Brattleboro and the tri-state region. www.bmhvt.org

Grace Cottage Hospital: A 19-bed critical access inpatient facility for acute and rehabilitative care located in Townshend. www.gracecottage.org

Brattleboro Retreat: A not-for-profit, regional specialty mental health and addictions treatment center that was founded in 1834. They provide a full range of diagnostic, therapeutic and rehabilitation services for individuals of all ages and their families. www.brattlebororetreat.org

KEY STATE & COMMUNITY AGENCIES
Vermont Department of Health: Regional office located in Brattleboro. www.healthvermont.gov

Council on Aging for Southeastern Vermont, Inc.: A community organization in Springfield which provides Older Americans Act services to elders and their families in Windham and Windsor Counties. Coordinated services include Senior Help-Line, Meals on Wheels, Case Management, Congregate Dinners, Advocacy, Transportation, Senior Companion Program, Health Insurance Counseling and Assistance and Caregiver Resources. www.coasevt.org

Vermont 2-1-1: Database contains information about available community resources for people throughout Vermont, including detailed data on health and human services. The Vermont 2-1-1 database currently contains over 900 agencies, with more than 2,700 programs and 9,200 services. To contact them, simply dial 2-1-1 (a local call from anywhere in Vermont), 1-866-652-4636 (toll free in Vermont) or call 1-802-652-4636 (from outside Vermont). Available 24 hours a day, seven days a week. www.vermont211.org

Windham County United Way: Community Needs Assessment is available on their website. www.unitedwaywindham.org

Brattleboro Area Chamber of Commerce: www.brattleborochamber.org/chamber

Vermont Palliative and End-of-Life Care Resource Connections: Resources available by county. Provides information about decisions and choices available to patients and their families when confronted with a life-threatening illness. www.starttheconversation.org

RECREATION & LEISURE
Brooks Memorial Library: Located on Main Street in Brattleboro, replaced the library built in 1887 by native son George Brooks. www.brookslib.vt.us

Brattleboro Museum & Art Center: Opened in 1972, it is housed in the former Union Rail Station. The museum features art exhibits, family activities, and a fun gift shop. www.brattleboromuseum.org

The Latchis Hotel and Theater: A restored Art Deco theater built in 1938, this downtown Brattleboro landmark hosts live music and theatrical events, movies, art, and more. www.latchis.com

Vermont State Parks: www.vtstateparks.com

COLLEGES
Community College of Vermont (CCV): Vermont’s second largest college, it has extensive online learning options, offers twenty degree and six certificate programs, workforce, secondary and continuing education opportunities, and academic and veterans support services. Part of the Vermont State Colleges it has 12 Centers around the state, including one in Brattleboro. www.ccv.edu

Landmark College: Located in Putney, it is the premier college for students with learning disabilities and/or ADHD. It combines intensive, individualized teaching methods with a rigorous curriculum to create a learning environment where students can achieve the independence they need to be successful in other academic settings. It offers four associate programs and a bachelor of arts in Liberal Studies. Students come from 40 states and 13 foreign countries. www.landmark.edu

Marlboro College: Located in Marlboro, it is a small, coed liberal arts college located in the foothills of the Green Mountains of southern Vermont. Marlboro offers a range of liberal arts study in over 30 academic areas and in international studies—from theater to physics, psychology to painting, creative writing to biochemistry. www.marlboro.edu

SIT Graduate Institute: Located in Brattleboro, the Institute is part of World Learning, Inc. and prepares graduates and professionals to address global issues with master’s degree and certificate programs. Formerly known as the School for International Training, the SIT Graduate Institute offers graduate students a widened view of the world and opportunities for in-depth study of the most critical global issues of our times. www.worldlearning.org