

*Lund helps children thrive by empowering families to break cycles of poverty, addiction, and abuse. Lund offers hope and opportunity to families through education, treatment, family support and adoption.*

*-Lund Mission*



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[www.lundvt.org](http://www.lundvt.org)



Outpatient  
Treatment  
Services



Lund offers family-centered and trauma-informed outpatient treatment services to clients struggling with substance use and/or mental health challenges. Issues addressed include, but are not limited to, opiate or other drug addition, alcohol, dependence, anxiety, depression, and PTSD.

We offer services to adolescents and adults, and work with both men and women, who are either pregnant or actively parenting.

## OUTPATIENT TREATMENT SERVICES

### **SPOKE:** Medication-assisted treatment

As a Spoke in the state's Hub and Spoke system for opiate dependence treatment we provide:

- Initial evaluation to assess appropriateness for the program
- Regular meetings with medical team
- Support from Spoke Care Coordinator

## SUBSTANCE USE AND MENTAL HEALTH TREATMENT:

Many clients who are treated at Lund for substance use and mental health disorders also have histories of trauma from physical, sexual, or emotional abuse. Our evidence-based practices involve understanding, recognizing, and being clinically responsive to the impact of trauma on an individual's well-being.

Lund's family-centered practice also helps to address the needs and welfare of children within the family. Lund recognizes the importance of building on family strengths and wisdom to identify and enhance existing key relationships that support the family, as well as connecting with formal community resources. Our ultimate goal is to help clients attain sobriety and maintain recovery, and feel confident and balanced in their lives.

Services Provided:

- Comprehensive substance use assessments and mental health evaluations
- Observed and random urinalysis screens
- Individual, family, and couples therapy
- Clinical group treatment

Lund's offices have plentiful free parking and are close to CCTA bus stops. We accept Medicaid. Our clinicians are friendly, highly qualified and experienced working with parents in recovery.

## For more information please contact us:

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**Website:**

Visit our website at:

[www.lundvt.org/communityproviders](http://www.lundvt.org/communityproviders)

to learn more about our clinicians  
including their areas of specialty/focus

We strongly believe in the value of community collaboration and work closely with many medical, nonprofit and state partners to support our clients in accessing and engaging in treatment.

Lund is an integrated treatment, education, adoption and family support agency. Our clinicians and community treatment providers can help connect people to other services that they might need to maintain stability in their recovery, such as Reach Up Case Management, high school completion, parenting education and high quality early childhood care.