Windsor County

POPULATION Population (2013)

Area	•
Persons under 5 (2013) Persons 5-18 (2013) Persons 18-64 (2013)	14.3%
Persons 65 years+ (210. Average household size	3)2 20%
College graduates	34%

Population Density (2000): 59.1 per square mile (VT 67.9)



Race¹

White	96.5%
Black or African American	0.8%
American Indian & Alaska Native	0.3%
Asian	0.9%
Two or more races	1.5%1
American Indian & Alaska Native	0.3%

Ethnicity and Language

Speak	language	other t	han Eng	lish at	home	4.3%1

For a handbook on cultural competency, visit the Champlain Valley AHEC web site: www.cvahec.org/resources/cultural-competency

SOCIOECONOMIC INDICATORS

	Windsor County	Vermont
Per capita income (2012)	\$47,1942	\$29,167
Median household income (2013	3)\$52,4601	\$54,267
Population below poverty (2012)	13.9%	11.8%
Total households countywide (20	09-13)25,024	
Persons per household	2.19	2.34
Annual Wage (2007)	\$38,9692	
Population below poverty line (2	011) 11.1%1	
Education	Windsor County	Vermont
High school graduation rate	92%	91.4%

THE ECONOMY

Major Employment Sectors²

Government	20.5%
Service Providing	62.5%
Manufacturing	17%

HEALTH

Risk Factors and Chronic Conditions⁵

	Windsor County	Vermont
Adult smokers	18% .	16%
Adult obesity	23% .	24%
Excessive drinking	16% .	19%
Children under 18 in poverty	12% .	16%
Uninsured adults	12% .	12%
Primary care provider rate	173 .	180
Preventable hospital stays	51 .	57
Hospice use	15% .	20%
Single parent households	10% .	9%

HEALTH INDICATORS

Access

Windsor County falls 6 FTEs (Full time equivalents) below the recommended level for total primary care practitioners, showing a total of 5.8 short of the recommended FTE for Internal Medicine (Adult Medicine) and OB/GYN.3 www.vtahec.org

74.4% of providers report they are accepting new patients.3

91% of primary care physicians accept Medicaid/Medicare patients.3 88% of adults have health insurance (VT 86%).4

Women & Infants⁵

88% of pregnant women receive prenatal care in the first trimester (VT 90%).

Low birth weight rate (<5.5 lbs) is 7% (VT 6.4%).

Disease Rates⁵

Heart disease death rate is 135 per 100,000 population (VT 138 per 100,000).

Stroke death rate is 53 per 10,000 (VT 44 per 100,000).

Adults with high blood pressure rate is 22 per 100,000 (VT 23 per 100,000).

23% of adults are obese (VT 21%).

PRIMARY CARE FEDERALLY QUALIFIED HEALTH CENTER

Springfield Medical Care Systems (SMCS): A not-for-profit, community-based health care system that includes a network of seven federally-qualified health center locations, and Springfield Hospital, serving southeastern Vermont. Walk-in care is available at the Ludlow, and Springfield locations; primary care services are at those sites and the Centers in Chester, Rockingham and Charlestown, NH; dental services are located in Ludlow.

www.springfieldmed.org

VCCU – Valley Health Connections: The county is also served by the VCCU, a non-profit clinic for the uninsured and under-insured in Putney. www.vccu.net

HOSPITALS

Springfield Hospital: A not-for-profit, certified critical access community hospital located in Springfield, it is a subsidiary of Springfield Medical Care Systems. www.springfieldhospital.org

The Windham Center: Located in Bellows Falls, it offers a comprehensive program of inpatient and outpatient mental health services to residents of Windham and Windsor Counties. www.springfieldhospital.org

Mt. Ascutney Hospital & Health Center: A 68-bed community critical access hospital located in historic Windsor. Services available include primary care, acute care, rehabilitation, emergency medicine, complementary and alternative medicine and oncology, to name a few. Mt. Ascutney Hospital also has a 25-bed nursing home on its campus. www.mtascutneyhospital.org

KEY STATE & COMMUNITY AGENCIES

Vermont Department of Health: There are two regional offices in Windsor County, in Springfield and White River Junction. www.healthvermont.gov/local/district/Brattleboro

Council on Aging for Southeastern Vermont, Inc.: A community organization in Springfield which provides Older Americans Act services to elders and their families in Windham and Windsor Counties. Coordinated services include Senior Help-Line. Meals on Wheels, Case Management, Congregate Dinners, Advocacy, Transportation, Senior Companion Program, Health Insurance Counseling and Assistance and Caregiver Resources.

www.coasevt.org

Vermont 2-1-1: Database contains information about available community resources for people throughout Vermont, including detailed data on health and human services. The Vermont 2-1-1 Database currently contains over 900 agencies, with more than 2,700 programs and 9,200 services. To contact them, simply dial 2-1-1 (a local call from anywhere in Vermont), 1-866-652-4636 (toll free in Vermont) or call 1-802-652-4636 (from outside Vermont). Available 24 hours a day, seven days a week.

www.vermont211.org

Southeastern Vermont Community Action (SEVCA):

Provides help for families and individuals experiencing life-changing emergencies through crisis resolution programs that provide financial assistance, case management, service linkage, and advocacy. Lowincome households facing lack of heat, eviction, foreclosure, illness, vehicle breakdown and other emergencies may access staff. Offices are located in Westminster, Brattleboro, Springfield, Hartford, White River Junction, Windsor, and Wilmington. www.sevca.org

Upper Valley United Way: Serves 28 communities in Grafton and Sullivan counties in Hew Hampshire and Orange and Windsor Counties in Vermont. www.uwuv.org

Vermont Palliative and End-of-Life Care Resource Connections:

Resources available by county. Provides information about decisions and choices available to patients and their families when confronted with a life-threatening illness. www.starttheconversation.org

MEDIA, RECREATION & LEISURE

Valley News: Serves Upper Windsor County and Grafton County in New Hampshire. www.vnews.com

Simon Pearce: Glass blowing and retail store in Windsor, Vermont. www.simonpearce.com

Public Libraries: www.publiclibraries.com/vermont.htm

Vermont State Parks: www.vtstateparks.com

COLLEGES

Community College of Vermont (CCV): Vermont's second largest college, it offers online learning options, it offers twenty degree and six certificate programs, workforce, secondary and continuing education opportunities, and academic and veterans support services. Part of the Vermont State Colleges it has 12 Centers around the state, including ones in Springfield and White River Junction. www.ccv.edu

Vermont Law School: Located in the village of South Royalton along the banks of the White River, Vermont Law School is one of a handful of independent, private law schools in the US. It has a student body of 600 full-time students in five degree programs including JD, MELP, joint JD and MELP, LLM, and the LLM in American Legal Studies for international studies. www.vermontlaw.edu

The Center for Cartoon Studies: Located in White River Junction, it offers a two-year course of study on the creation and dissemination of comics, graphic novels and other manifestations of the visual narrative, taught by recognized cartoonists, writers and designers. It offers a Master of Fine Arts degree as well as one-and two-year certificates. www.cartoonstudies.org

¹ http://quickfacts.census.gov/qfd/states

² Vermont Department of Labor, Vermont Economic and Demographic Profile Series 2010, vtlmi.info

³ The Vermont Primary Care Workforce 2013 Snapshot. www.vtahec.org

⁴ County Health Rankings: www.countyhealthrankings.org

⁵ Health Status Report 2008 Appendix, 2000 Census Data, Vermont Department of Health, http://healthyvermont.gov/pubs