

Opioid Use Disorder:

What is Our Role in Building a
Humanistic Response?

18th Annual Cultural Awareness Conference

Conference Director

Martha Seagrave, PA-C, BSN



Martha is a Physician Assistant, Registered Nurse and Associate Professor in Family Medicine at the Larner College of Medicine. She is the Director of Medical Student Education Programs in the Department of Family Medicine. She believes in prevention, and that comprehensive primary care with a team approach is the most effective response to our nation's health care needs. She is committed to helping students develop the skills they need to provide exceptional care to patients, their families and their community. Her clinical site is at the UVM Center for Health and Wellbeing where she provides comprehensive health care to students, and enjoys working with them to optimize their health and self-confidence. She is married, mother of two grown children who are much smarter than she will ever be. She loves to hike, do crossword puzzles and create.

Amy Yanicak, PharmD, MPH



Amy is an Assistant Professor in Pharmacy Practice at the Albany College of Pharmacy and Health Sciences - Vermont Campus. She completed her degrees at the University of South Carolina, a PGY1 residency in Pharmacy Practice at Providence St Peter Hospital in Olympia, WA, and a PGY2 residency in Family Medicine at University of Washington in Seattle. In addition to teaching, she practices in family medicine at Richmond Family Medicine where she works with providers on disease state management. She thoroughly enjoys working collaboratively with patients and their providers to get them off of medications that they don't receive benefit from in addition to optimizing the ones they need. She plans to continue public health initiatives with inter-professional groups, community members, and insurers in the state of Vermont that she now calls home. Her research areas of interest involve patient and provider health attitudes and perceptions, opioid use/addiction medicine, and innovative pharmacist integration in chronic care management.

Alicia Jacobs, MD

Panel Moderator



Alicia Jacobs, MD is an Associate Professor in the Department of Family Medicine at the Larner College of Medicine at the University of Vermont. She is currently the Vice Chair of Clinical Operations in Family Medicine and as such helps develop new innovations in the University of Vermont Medical Group including clinical care pathways, leadership development, Epic and infrastructure design. She spearheads many collaborative projects in the Medical Home that push health equity and address Social Determinants of Health including universal MAT treatment, Farm to Patient – Health Care Shares, and exploring ways to provide trauma-informed care. She also has a special interest in supporting her colleagues to be fulfilled in their work. See her video bio and clinical interests at

<http://providers.fletcherallen.org/Default.asp?P=Y&PageID=PHY001451>.

Community Panel

Liza Ryan



Liza Ryan is an E.D. Peer Recovery Coach at The Turning Point Center. Liza has worked and volunteered in the addiction and recovery field for four years, starting with community outreach to high schools and community centers in Buffalo, NY. Liza is a person in recovery, with 5 years of sobriety. Liza is in her third year at Champlain College working towards a social work and criminal justice bachelor's degree.

Kim Blake, MD



Kimberly D. Blake MD

Private-practice physician at Affiliates in Ob/Gyn. Clinical appointment at Robert Larner College of Medicine.

Buprenorphine provider at Safe Recovery, Howard Center.

Mom to Sean Blake, who died from fentanyl and alcohol intoxication at age 27. Sean struggled with polysubstance use and bipolar disorder.

Advocate for mental health care, especially in our schools, hospitals and prisons. Advocate for harm-reduction strategies in fighting the opioid epidemic.

Jamie Martin



Jamie Martin is a mother of one and native Vermonter. She's been in active recovery for 3 years after battling addiction for over 20. She works as an Outreach Peer Recovery Support Specialist in Howard Center's Chittenden Clinic, and is a certified Recovery Coach for Moms in Recovery at the Turning Point Center of Chittenden County. She also works as a Pathway Guide for the Vermont Recovery Network. She largely specializes in the support of the Medication Assisted Treatment population.

Discussion

Christina Harlow, DNP, FNP-BC, APRN

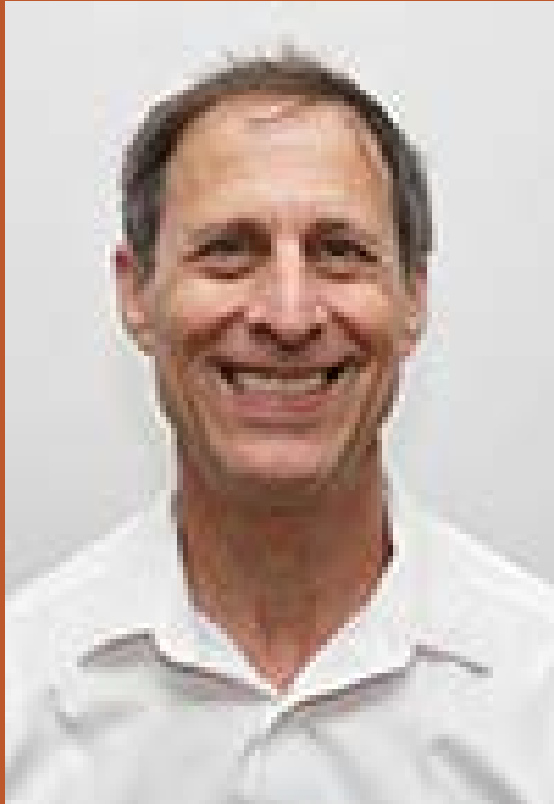


Assistant professor, fellow in Integrative Nursing Faculty Fellowship at University of Arizona, mother of two small children. Research interests include resilience in nursing students, integrative nutrition, and nature therapy.

Dr. Harlow moved to Vermont from Colorado in 2014 and has been working at UVM since fall 2017. Dr. Harlow loves her kids, traveling and playing outside. She spent the first 10 years of her adult life as a river and mountain bike guide, coming to nursing in her late 20s. She loves teaching and spends most of her clinic days in primary care precepting students. She works part-time in primary care and is on various committees dedicated to improving different primary care issues.

Intervention Panel

John Brooklyn, MD



Dr. John Brooklyn is Board Certified in Family Medicine and Addiction Medicine. He has worked at CHCB since 1993 and previously served as Medical Director. He has been a strong advocate for integrating people with substance use disorders into medical homes and conceived of the nationally recognized Hub and Spoke model to seamlessly treat opioid use disorders. He is on the UVM Medical Center Family Medicine and Psychiatry faculty as an Assistant Clinical Professor and has been involved with the research of heroin, tobacco and cocaine use treatments there since 1992. His work helped lead to the approval of buprenorphine for opioid users. He is a national mentor for opioid use and substance use disorder treatment and a trainer for students, residents and faculty members throughout the United States. His interests remain in primary care, preventative care, the interface of behavior and health, the promotion of healthy lifestyles, treatment of substance use disorders, mindfulness, and motivational interviewing.

Cathy Aikman



Cathy Aikman is the Assistant Director at the Turning Point Center of Chittenden County. She joined the Center in Oct 2018 and was previously working as a Project Manager at Aspenti Health and was the former Executive Director for the Chittenden County Opioid Alliance, which she joined in May 2016. Prior work includes Quality Assurance Coordinator at Washington County Mental Health Services and Project Director for Starting Over Strong VT, a FEMA grant short-term state-wide crisis counseling program in response to Hurricane Irene; Volunteer and Marketing Coordinator for the Richmond Floodplain Forest Restoration Project; and the Event and Marketing Coordinator for Gardener's Supply Co. Cathy received her Master's degree from Tufts University with a focus on Urban and Social Policy after receiving her Undergraduate degree at Ripon College majoring in Sociology and minoring in Environmental Biology. Cathy resides in Richmond with her family and enjoys gardening, reading, running, and implementing green solutions.

Susan White, APRN



Susan Albertini White, APRN has been a Family Nurse Practitioner for nearly 15 years. Prior to becoming a Nurse Practitioner, Susan worked for over 15 years as a Registered Nurse in various areas from surgical follow-up to women's health and teaching Childbirth classes. Since becoming a Nurse Practitioner in 2005, Susan has worked in the field of college health at both The University of Vermont and St. Michael's College, and joined the Pediatric Neurology Department at the University of Vermont in 2007.

In 2011, Susan joined the University of Vermont's Children's Hospital NeoMed Follow-up clinic where she sees prenatal consults for expectant mothers with Substance Use Disorder and manages the out-patient Methadone wean for infants. Additionally, Susan provides developmental and medical follow-up for premature and at risk infants discharged from the NICU. Susan is a member of the Children and Recovery Mothers Team (CHARM) and VCIP's Improving Care of the Opiate Exposed Infant Project (ICON). Susan holds a Bachelor of Arts in Political Science from The University of Vermont, a Bachelor's of Science in Nursing from the University of Utah, and Masters of Science in Nursing from the University of Vermont.

Resource Panel

Veronica 'Ronni' Pearlman



Ronni is a 44 year old mother of three and grandmother of two. She has lived in Burlington for 15 years. She has worked in the medical field for 10 years. She has provided peer support to the homeless community for many years, beginning before she experienced homelessness herself and considers her work a life calling.

Nicole Sorrell, JD



Nicole Sorrell, J.D., is the Harm Reduction Program Manager for Vermont CARES. Nicole has training in group facilitation and non-profit management, and over a decade of experience bringing a harm reduction approach to working with and advocating on behalf of Vermont seniors, people with disabilities, and people who use drugs.

Grace Keller



Grace Keller is the Program Coordinator for Howard Center's Safe Recovery Program, Vermont's oldest and largest syringe exchange. In that capacity, she has had extensive hands-on experience providing case management support to clients who struggle with opioid dependence. In addition, she frequently provides testimony for the Vermont State Legislature on bills related to substance use, recovery, and treatment, such as the 911 Good Samaritan Act and the Naloxone Bill. In 2013, she was instrumental in implementing Vermont's first community based naloxone program through Safe Recovery. The program provides naloxone to clients, their families, and community providers. They recently started a low barrier buprenorphine program. Grace has a B.A. from Trinity College in Hartford, CT.

Brandon del Pozo



Brandon del Pozo was appointed Chief of Police of Burlington, Vermont in September, 2015. Prior to assuming leadership of Vermont's largest municipal police force, he served for nineteen years in the New York City Police Department, where he retired at the rank of deputy inspector. While at the NYPD, he commanded the 6th and 50th Precincts, and served on the staff of the police commissioner and chief of department. From 2005 to 2007, he served as the NYPD's intelligence liaison to the Arab Middle East and India, based out of Jordan's capital city of Amman. Born in Brooklyn, NY, he began his police career in 1997 on patrol in the 67th Precinct, in East Flatbush.

Chief del Pozo is currently a member of the Police Executive Research Forum, and was the 2016 recipient of its Gary Hayes Memorial Award for Police Leadership. A graduate of Dartmouth College, Chief del Pozo has completed the coursework for a doctorate in political philosophy from the City of New York Graduate Center, to include receipt of the enroute master's degree. He also holds a Master of Public Administration from the Kennedy School of Government, where he was its inaugural 9/11 Public Service Fellow, and a Master of Arts in Criminal Justice from John Jay College, where he was a John Reisenbach Scholar.