Primary Care Sports Medicine Conference

September 27-29, 2017
DoubleTree Hotel
South Burlington, Vermont

The course is designed to explore knowledge and skills in the diagnosis and management of common sports medicine problems. Primary care physicians, nurse practitioners, physician assistants and other healthcare professionals with an interest in sports medicine are encouraged to attend. Topics will include discussions of medical and orthopedic issues, and several breakout sessions that will be held during the conference. There will be ample opportunity for participants to ask questions and interact with faculty.

COURSE OBJECTIVES
- Discuss evaluation and management of concussions.
- Discuss issues unique to the primary care of athletes.
- Develop skills in assessing and treating the injured and/or ill athlete.
- Explore evaluation and management of exercise-induced asthma.

ACCREDITATION
In support of improving patient care, The Robert Larner, M.D. College of Medicine at The University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education ( ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center ( ANCC), to provide continuing education for the healthcare team.

The University of Vermont designates this live activity for a maximum of 14.25 AMA PRA Category 1 Credits™. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

REGISTRATION
The course fee includes tuition, electronic course syllabus, continental breakfasts, lunch on Thursday and breaks. Register by September 8. No refunds, minus an administrative fee of $75, if notice of cancellation is received September 1 and pay tuition of $495 for physicians and $375 for other healthcare professionals with an interest in sports medicine are encouraged to attend. Topics will include discussions of medical and orthopedic issues, and several breakout sessions that will be held during the conference. There will be ample opportunity for participants to ask questions and interact with faculty.

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**PROGRAM SCHEDULE**

**Wednesday, September 27**

12:00pm Lunch (Provided)

11:15  Concussion Research: Why We Should Back Up

10:30  Shoulder Instability

8:45   Exercise and Asthma

7:55   Welcome/Introductions

7:30am Registration/Continental Breakfast/Exhibits

5:00  Adjourn

4:15   Hands on the Injured Hand

3:30   Tennis Elbow: What’s the Score?

3:15   Break and Exhibits

2:30  The Sports Physical: Where’s the Evidence?

1:45   Supporting the Mental Health of Student Athletes

1:00   Pediatric Sports Overuse Injuries

12:55  Welcome/Opening Remarks

12:00pm Registration/Exhibits

**Thursday, September 28**

7:30am Registration/Continental Breakfast/Exhibits

8:00  Shoulder Instability

8:45  Exercise and Asthma

9:30  Review of Hautotrope and Heat Exhaustion

9:45  Book and Exhibits

10:30  Shingles

11:15  Concussion Research: Why We Should Back Up

12:00pm Lunch (Provided)

**CONCURRENT WORKSHOPS**

**Session I 1:00 - 2:00**

A. Renal in Play: Why Young Marines Matter
   Presenter: Matthew Gammons, MD

B. Oral and Maxillofacial Injuries
   Presenter: Matthew Gammons, MD

C. Return to Play: Why Timing Matters
   Presenter: Matthew Gammons, MD

**Session II 2:00 - 3:00**

A. Exercise and Pregnancy
   Presenter: Robert Luebbers, MD

B. Foot and Ankle
   Presenter: Robert Luebbers, MD

C. Return to Play: Death in Addictions
   Presenter: Robert Luebbers, MD

**Session III 3:15 - 4:15**

A. Exercise in the Prevention and Treatment of ASD
   Presenter: Robert Luebbers, MD

B. Orthopaedic Emergencies
   Presenter: Robert Luebbers, MD

C. Return to Play: Why Timing Matters
   Presenter: Matthew Gammons, MD

9:00  Break

10:00  Adjourn

**Friday, September 29**

7:30am Continental Breakfast/Exhibits

7:00  Exercise and Asthma

8:00  Exercise in the Prevention and Treatment of ASD

8:45  Hands on the Injured Hand

9:30  Tennis Elbow: What’s the Score?

10:30  Break and Exhibits

11:15  Concussion Research: Why We Should Back Up

12:00pm Lunch (Provided)

**ACCOMMODATIONS**

The conference will be held at the DoubleTree Hotel, 1117 Williston Road, Burlington, VT. Take Exit 14 from I-89 exit 14 on the north shore of Lake Champlain. Burlington, VT. Take Exit 14 from I-89. Merge onto Williston Road. The hotel will be just past Dorset Street on the left.

**TRANSPORTATION**

The DoubleTree Hotel is located at 1117 Williston Road, South Burlington, VT. Complimentary shuttle service is available to and from the Burlington International Airport located 1.5 miles from the hotel. You may need to rent a car to take advantage of the many fine restaurants, shops and attractions in the greater Burlington area.

**LEISURE ACTIVITIES**

The DoubleTree Hotel offers an outdoor pool and hot tub, as well as a fitness center. Burlington offers many activities for the whole family. Burlington, just minutes away, is really attractive. The and often seen along the Burlington waterfront. Stowe at the Lake Champlain area is just a 30-minute drive from the hotel. You may need to rent a car to take advantage of the many fine restaurants, shops and attractions in the greater Burlington area.

**ELECTRONIC CONFERENCE SYLLABUS**

NEW THIS YEAR!

The conference schedule is available as an electronic download, with presentations as PDF files (included with your registration fee). The conference syllabus will be available as an electronic download for downloading. Please note that the presentations will be available for downloading. Please note that the presentations will be available for downloading. Please note that the presentations will be available for downloading. Please note that the presentations will be available for downloading. Please note that the presentations will be available for downloading.

**PAYMENT METHOD**

To register by credit card, please visit our website at: www.med.uvm.edu/cme. For credit card transactions, a $25 fee is charged. Please note that the presentations will be available for downloading. Please note that the presentations will be available for downloading. Please note that the presentations will be available for downloading.