



Resources to Promote Reading

Several studies have demonstrated the importance of caregivers reading to their children, even starting when they are newborns. Reading together can build a strong relationship, help children learn empathy, foster language development, and promote literacy and social skills in children. Reading can also provide a soothing, low stimulation activity to help you and your children escape from the day to day stressors.

Tips to Promote Reading During Covid-19:

- Set aside a time to have a “reading period” when everyone in your house sits together and reads quietly for ½ hour or take turns reading aloud.
- Read the first chapter of a new book aloud to your child (even older children) to help them get “hooked” on the story.
- Model reading by taking time to read in front of your children, or let them know you are going to a quiet place to read.
- Borrow or stream audio books from your library to listen to on car trips, at bedtime or while doing household chores.

Vermont Based Resources

Check out **your local library** online for resources/events, Search: ‘name of town’ Vermont library

Fletcher Free Library is offering a full schedule of online events.

<https://www.fletcherfree.org/kids-events>

Young Writer’s Project is a Vermont community of young writers and artists who create and connect online at, through words, photos, and art. Youngwritersproject.org

Family Focused Resources

Common Sense Media Best Books A nonprofit, research support resource for families seeking information re “healthy” media for children including guides to books, movies, TV shows, computer games and websites.

<https://www.commonsensemedia.org/book-lists>

Healthy Books A list of 2513 books by subject geared toward children 12 and under who are struggling with physical/emotional/behavioral and life challenges.

<http://www.healthybooks.org.uk/>

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Teens

Get Underlined Is a safe space for teens to discover books, watch book trailers, find information on writing and journaling. <https://www.getunderlined.com>

Children Specific

David Walliams A fun website with games, read aloud, videos based on the books of british author. <https://www.worldofdavidwalliams.com/play/>

Celebrities read aloud to kids: <https://www.youtube.com/user/StorylineOnline/videos>