

Helping children thrive by serving families with children; pregnant or parenting teens and young adults; and adoptive families.

– Lund Mission

Frequently Asked Question's

Q: Do women have to have a substance abuse problem to participate in the Residential treatment program?

A: Women who are pregnant or parenting with either or both a substance abuse or mental health problems are eligible for the program.

Q: Do women need to have a diagnosis, prior to referral?

A: Part of the referral and admission process is to determine a woman's diagnosis and treatment needs at the time of referral. It is helpful to have information and documentation from previous treatment providers for the intake interview.

Q: Do families have to be receiving DCF services to be referred to Lund?

A: Some children may be in foster care and reuniting with their mother, while some families may have never received DCF services.

Q: How are services at Lund paid for?

A: Services are paid through a contract with the State of Vermont.

If you, or someone you know would benefit from our program, please contact us. Our Intake Clinicians are here to provide additional information or assist you in anyway.



HOPE • OPPORTUNITY • FAMILY

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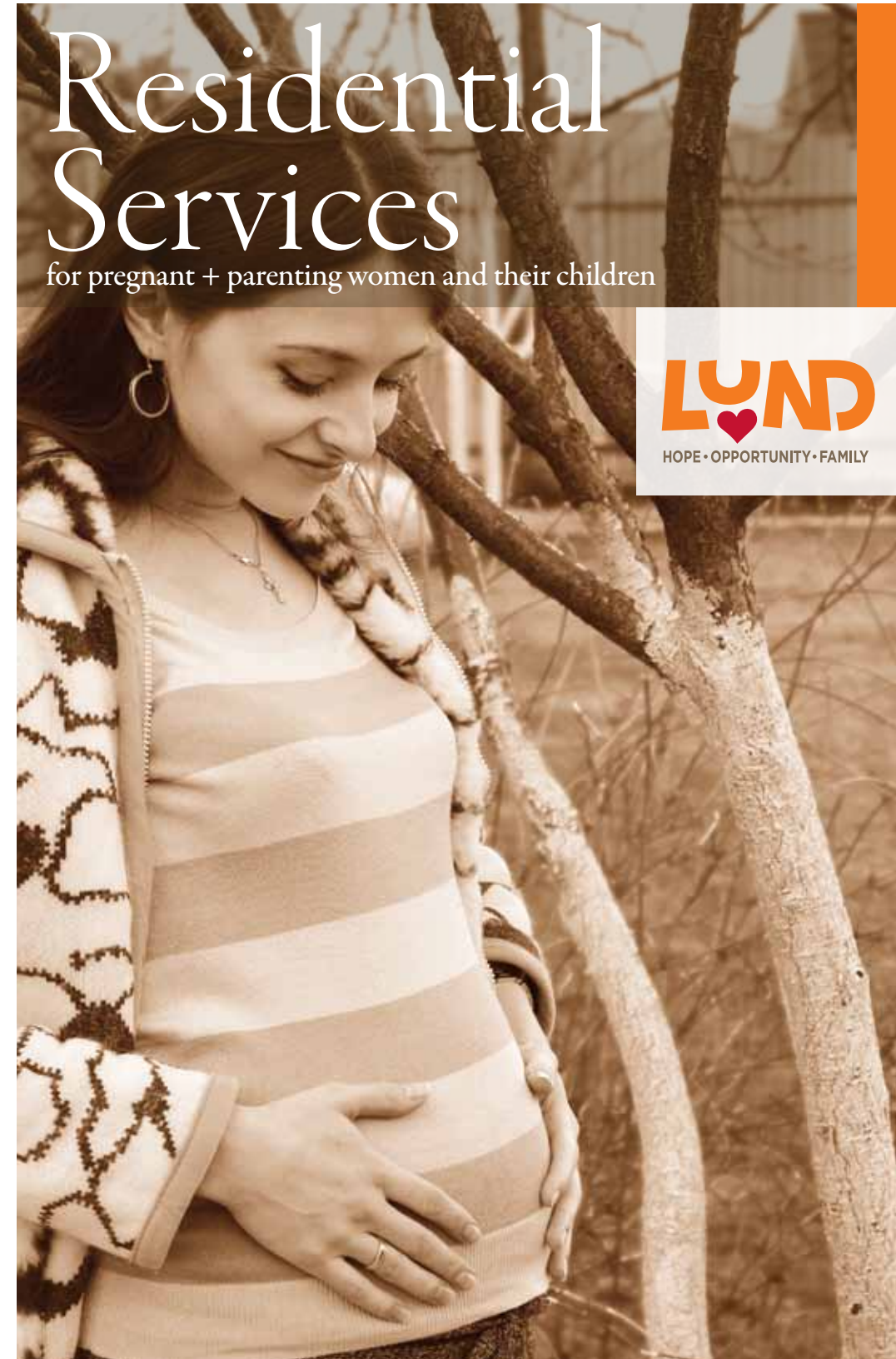
Phone **802-864-7467** Toll Free **1-800-639-1741** TTY/TTD 800-253-0191

www.lundvt.org



Residential Services

for pregnant + parenting women and their children



“I’ve been in the field for 25 years and I’ve seen a lot of initiatives come and go and changes in practice. Without question, Lund’s program has had the most positive impact on our practice with families that I’ve ever encountered.”

Marc Carr, Assistant District Director,
Burlington Family Services Division,
Department for Children and Families

Lund’s Residential Treatment program supports women in the development of strong, healthy families.

Through our broad range of treatment and family support services, we assess and address the needs of pregnant and parenting women and their children.

Our coordinated services include:

- Substance abuse and mental health treatment
- Pre-natal and childbirth education and support
- Parenting education
- Children’s services
- Family support and therapy
- Case management
- Education
- Job training

Family members are encouraged to be a part of the treatment process and invited to participate in programming and visits when appropriate.

Referral & Assessment

Referrals come from a variety of sources including self-referrals, parents, community providers, and others interested in the woman’s well being. The admission process begins by contacting our Intake Clinician.

The Clinician schedules an initial interview to gather information and develop a comprehensive assessment. During the assessment process, the applicant tours the Glen Road Residential Treatment facility and has the opportunity to meet with staff and residents to get a firsthand sense of Lund.

Admission & Treatment

Women and children work with a team of providers, including a clinician, parent educator, case manager, and nurse. This team assists the mother and her family as they enter the program. The team develops an individualized plan that coordinates all services appropriate to the family’s needs. Women are matched with a peer mentor to help them acclimate to the program. The Residential counseling team is available at all times to guide the family through the admission process.

Women and their team of providers work to establish treatment goals in five core areas:

- Clinical treatment
- Parent education
- Health and wellness
- Life skills
- Education and vocational development

During treatment, women engage in group counseling and work toward their goal attainment in all identified core areas of treatment. They also participate in individual psychotherapy sessions, case management meetings, parenting education, as well as school and/or vocational related activities. Staff assists in addressing barriers to treatment. Many women choose to participate in Lund’s on-site employment training program during treatment to gain skills that will help them in their job search after discharge.

Transition & Continuing Care Process

Transition planning begins early in the process. A woman’s individual team, including community providers and family members, work with her to identify potential transition options and begin planning for the future. Transition planning includes addressing barriers such as:

- Poor rental and credit history
- Transportation
- Child care
- Financial limitations
- Housing
- Lack of social supports

Lund coordinates with other community resource agencies to link families to services such as local housing and credit unions. After transitioning, women may be eligible to receive wrap-around support services in the community. Many women continue to access support with Lund after transition through participation in aftercare groups, individual outpatient substance abuse counseling, on-going case management, and family education services.

