

Resource Guide: Treating ADHD: Medications and Parent Training & Behavior Management (PTBM)
Presented at the CHAMP Learning Session, October 8th, 2019
John Koutras, MD & Logan Hegg, PsyD

- Videos
 - CDC Positive Parenting Skills
 - <https://www.cdc.gov/parents/essentials/index.html>
 - Short example and how-to videos for basic parent training in behavior management (PTBM), available in English & Spanish.
- Books:
 - Providers:
 - Helping the Noncompliant Child, Second Edition
 - ISBN 9781593852412
 - Parents:
 - Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents
 - ISBN 9781462507894
 - Teachers:
 - Managing ADHD in School: The Best Evidence-Based Methods for Teachers
 - ISBN: 9781559570435
- Resources
 - ADHD – Caring for Children With ADHD: A Practical Resource Toolkit for Clinicians, 3rd Edition
 - AAP's updated resource, consistent with recently published 2019 guidelines
 - <https://shop.aap.org/adhd-caring-for-children-with-adhd-a-practical-resource-toolkit-for-clinicians-3rd-edition/>
 - NICHQ ADHD Toolkit: Assessment, Communication, Intervention, Supports (free!)
 - <https://www.nichq.org/resource/caring-children-adhd-resource-toolkit-clinicians>
 - 1st Edition of the AAP resource. Note: some aspects of the Toolkit are out of date: for example, ICD-9 & DSM-IV codes. However, basic resources remain appropriate.
 - Effective Child Therapy: Evidence-based mental health treatment for children and adolescents
 - <http://effectivechildtherapy.org/concerns-symptoms-disorders/disorders/inattention-and-hyperactivity-adhd/#effective-treatments>
 - Overview of evidence-based psychosocial treatments for ADHD
 - American Academy of Child and Adolescent Psychiatry (AACAP) Facts for Families: ADHD
 - https://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx
 - Quick overview of ADHD: core symptoms and treatment options
 - CHADD ADHD Medication Overview
 - <https://chadd.org/for-professionals/the-role-of-medication/>
 - Current as of July 2019, the Medication Chart link details the FDA-approved medications to treat ADHD symptoms, including which are available in generic form, common side effects, and duration of effect
 - ADHD Medication Guide
 - <http://www.adhdmedicationguide.com/>
 - “The ADHD Medication Guide© is a visual aid for professionals caring for individuals with ADHD. The guide includes only medications indicated for the treatment of ADHD by the FDA. In clinical practice, this guide may be used to assist patients in identifying medications previously tried, and may allow clinicians to identify ADHD medication options for the future.” Last revised 03/2019.