### SARAH H. HEIL CURRICULUM VITAE

Position: Associate Professor with Tenure

Department of Psychiatry (primary)

Department of Psychological Science (secondary)

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MS #482

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### **EDUCATION**

1999-2002	University of Vermont (Stephen T. Higgins, Ph.D.)	Postdoctoral fellow	National Institute on Drug Abuse (NIDA) Training Grant
1997-1999	Wayne State University (Marappa G. Subramanian, Ph.D.)	Postdoctoral fellow	National Institute on Alcohol Abuse and Alcoholism (NIAAA) Training Grant
1992-1997	Dartmouth College (Catherine P. Cramer, Ph.D.)	Ph.D.	Research Assistant (1992-1997)
1988-1992	Wittenberg University (Josephine F. Wilson, Ph.D.)	B.A.	Phi Beta Kappa; Research Assistant (1991-1992)

### LICENSES, CERTIFICATION

Not applicable

### **FACULTY POSITIONS HELD**

Years 2016 - present	Institution University of Vermont	Academic Title Associate Professor with Tenure	<b>Department</b> Psychiatry Psychological Science
2014 - 2016	University of Vermont	Associate Professor	Psychiatry Psychological Science
2009-2014	University of Vermont	Research Associate Professor	Psychiatry Psychological Science

2006-2009 University of Vermont Research Assistant Professor

2002-2009 University of Vermont Research Assistant Professor

Research Psychological Science Psychological Science Assistant Professor

#### OTHER POSITIONS AND MAJOR ADMINISTRATIVE POSITIONS HELD

Years
2014-present
National Institute on Drug Abuse, Food and Drug Administration
Tobacco Center of Regulatory Science training grant
(P50 DA036114)

National Institute on Drug Abuse training grant
(T32 DA07242)

Role
Associate
Director

Across both training grants, serve as:

Coordinator of predoctoral and postdoctoral recruitment (currently 15 positions)
Liaison with Psychological Science Department to coordinate predoctoral fellow training (currently 8 students)

### **HONORS AND AWARDS**

<b>Year</b> 1995	Name of Award Sandra G. Wiener Developmental Psychobiology Student Investigator Award
2003	National Institute on Drug Abuse Women and Gender Junior Investigator Travel Award
2011	Elected Fellow in Division 28 (Psychopharmacology and Substance Abuse) of the American Psychological Association
2015	Elected Fellow in Division 50 (Society of Addiction Psychology) of the American Psychological Association
2016	Recipient of inaugural University of Vermont College of Medicine Dean's Excellence in Research Award at the Associate Professor level

### **KEYWORDS/AREAS OF INTEREST**

Substance-related disorders, pregnancy, postpartum period, cigarette smoking, nicotine withdrawal, opioids, neonatal abstinence syndrome, contraception

#### SUMMARY OF PROFESSIONAL ACTIVITIES-OVERALL

I joined the Psychiatry faculty in 2003 as a Research Assistant Professor and was promoted to Research Associate Professor in 2009. Consistent with this, my focus initially was primarily on research, but I have steadily and significantly increased my teaching and service responsibilities over the years while maintaining a high level of productivity in research. This set the stage for my transition to the Tenure Pathway in January of 2014 with tenure granted in 2016. Overall, in my 14 years as a faculty member, I have obtained 7 grants as a Principal Investigator (PI), including 4 R01s, bringing \$6.5 million in extramural funds to the university as a PI. I have published 84 manuscripts in peer-reviewed scientific journals which have been cited more than 2,500 times and result in a current h-index of 24. I present my research at 2-3 national and international peer-reviewed scientific meetings annually and have also been invited to present my work to prestigious groups (e.g., Johns Hopkins Behavioral Pharmacology Research

Seminar Series: Expert Meeting on Perinatal Illicit Substance Abuse at the Centers for Disease Control and Prevention). In terms of professional service, I am a consistently active member of the College of Problems of Drug Dependence, the longest standing group in the US addressing problems of drug dependence and abuse, and was recently elected to their board of directors. I have also been active in the American Psychological Association as an elected Fellow of two divisions (Division 28 Substance Abuse and Psychopharmacology and Division 50 Society of Addiction Psychology) and as a member of the consulting editorial board of the journal for Division 50. I am an ad hoc reviewer for more than 30 other scientific journals. I have served as an ad hoc reviewer on NIH study sections and am currently a permanent member of the Interventions to Prevent and Treat Addictions Standing Study Section. My service work also includes being appointed by the governor to the Vermont Tobacco Evaluation and Review Board, joining the medical advisory board of Planned Parenthood of Northern New England. and serving as an expert discussant for the Vermont Oxford Network's initiative to address controversies in caring for infants exposed to opioids prenatally and their families. With regard to teaching. I have served as the primary mentor and advisor for eight pre- and post-doctoral fellows as part of our two federally funded training programs. As Associate Director of these training programs, I also oversee all recruitment for the 15 training positions. I have served on the Master's, preliminary exam, and doctoral committees of more than a dozen other students, am regularly asked to lecture in undergraduate, graduate, medical student, and resident courses at the University of Vermont, have been invited to give more than 15 CE/CME presentations throughout the US, and frequently collaborate with colleagues on chapters in textbooks and handbooks (e.g., Barlow's Clinical Handbook of Psychological Disorders).

### **SUMMARY OF ACCOMPLISHMENTS**

- \$10 million in NIH funding as PI, another \$15 million as co-I; continuously funded since 2004
- 113 publications to date cited >2,500 times; h-index=24
- High-impact research includes a report in <u>New England Journal of Medicine</u> (see Jones, Kaltenbach, Heil et al., 2010); results have influenced international practice guidelines in US, Australia, Denmark, Norway, Sweden and other countries
- Invited presentations to prestigious groups (e.g., Centers for Disease Control and Prevention's Expert Meeting; Johns Hopkins Research Seminar Series)
- Significant service, including election to board of directors, to College on Problems of Drug Dependence, oldest and largest organization dedicated to advancing the scientific study of substance use, and other professional organizations
- Service to NIH as permanent and ad hoc reviewer for multiple study sections; also on editorial board of <u>Psychology of Addictive Behaviors</u> and serve as an ad hoc reviewer for 30 journals, including New England Journal of Medicine, JAMA
- Associate director of two federally-funded research training grants; oversee recruitment for 15
  positions and have served as primary mentor for eight pre- and post-doctoral fellows
- Elected fellow in two divisions of American Psychological Association

### PROFESSIONAL SERVICE

DEPARTMENT	AL SERVICE		
Years	Department		
2009-present	Psychiatry	Faculty Review Committee	Member
2010-2013	Psychiatry	University Faculty Senate	Elected Representative
COLLEGE SER		ards Committee	Elected Member

2016 Research Incentive Program Working Group Appointed Member

# MEDICAL CENTER SERVICE

Not applicable

**UNIVERSITY SERVICE** 

2003-presentGraduate CollegeMember2008-2010General Clinical Research Center<br/>Scientific Advisory CommitteeMember2010Vermont Child Health Improvement ProgramConsultantSpring 2013Undergraduate Research Mini-GrantsReviewer

**Undergraduate Research Grants** 

**GOVERNMENT** 

Summer 2013

2007	National Institutes of Health	Member, Special Emphasis Panel on Specialized Centers of Interdisciplinary Research on Sex and Gender Factors Affecting Women's Health
2011	National Institute on Drug Abuse	Member, Protocol Review Board for Clinical Trials Network
2011	National Institutes of Health	Member, Special Emphasis Panel/Scientific Review Group 2012/01 ZRG1 RPHB-P (90) A Academic Research Enhancement Awards (AREA) R15 Review Group
2011-2013	Vermont Tobacco Evaluation and Review Board	Appointed Member
2013	National Institutes of Health	Member, National Institute of General Medical Sciences (NIGMS) Special Emphasis Panel ZGM1 TWD-C(C1) Centers of Biomedical Research Excellence (COBRE) P20 Review Group
2014	National Institutes of Health	Member, Scientific Review Group 2014/10 ZRG1 RPIA-N-09 F Risk, Prevention and Intervention for Addictions Overflow Review Group
2015-2019	National Institutes of Health	Charter Member, Interventions to Prevent and Treat Addictions Study Section, Center for Scientific Review; Co-Chair for October 2016 meeting
2015-2019	Vermont Maternal Mortality Review	Appointed Member

Reviewer

Panel

2016 National Institutes of Health Chair, Scientific Review Group 2016/05 ZRG1 RPHB-U (90) S Interventions to Prevent and

Treat Addictions Review Group

**SOCIETY MEMBERSHIPS** 

1992 - present Phi Beta Kappa

1996 - present Sigma Xi; Associate Member

2003 - present College on Problems of Drug Dependence; Regular Member

2003 - present American Psychological Association

Division 50 - Society of Addiction Psychology (2004-present; Fellow)

Division 28 - Psychopharmacology and Substance Abuse (2006-present; Fellow)

2005 - present Society for Research on Nicotine and Tobacco; Full Member

2016 - present Society for Family Planning; Full Fellow

SERVIC	E TO PROFESSIONAL ORGANIZATIONS	
2001	American Psychological Association	Program Committee for Division 28
2001	College on Problems of Drug Dependence	Liason for community-based treatment providers attending the annual research conference
2002	American Psychological Association	Program Committee for Division 28
2002	College on Problems of Drug Dependence	Liason for community-based treatment providers attending the annual research conference
2003	College on Problems of Drug Dependence	Liason for community-based treatment providers attending the annual research conference
2004-2006	College on Problems of Drug Dependence	Appointed member, Human Research Committee
2007-2010	College on Problems of Drug Dependence	Appointed chair, Human Research Committee
2012-2015	College on Problems of Drug Dependence	Appointed member, Awards Committee
2013	Sigma Xi	Grants-in-Aid of Research Review Panel
2014	Sigma Xi	Grants-in-Aid of Research Review Panel
2014-2017	College on Problems of Drug Dependence	Elected member, Board of Directors
2015	Sigma Xi	Grants-in-Aid of Research Review Panel

2014-present Psychology of Addictive Behaviors Consulting Editorial Board

#### OTHER:

Invited by the <u>New England Journal of Medicine</u> to serve as an expert for a 10-day online interactive discussion (<u>NEJM</u> Group Open Forum) about an <u>NEJM</u> article on increasing neonatal abstinence syndrome in US neonatal intensive care units (Tolia et al., 2015); posts viewed by more than 1,000 participants

- Addiction, Addictive Behaviors, Alcohol, Alcoholism: Clinical and Experimental Research, The American Journal of Drug and Alcohol Dependence, The American Journal of Obstetrics and Gynecology, The American Journal of Psychiatry, The American Journal on Addictions, Archives of General Psychiatry (now JAMA Psychiatry), Drug and Alcohol Dependence (rated in the top 5% of ~900 reviewers in 2010), Drugs, European Journal of Obstetrics and Gynecology and Reproductive Biology, Experimental and Clinical Psychopharmacology, JAMA, Journal of Applied Behavior Analysis, Journal of Addiction Medicine, Journal of Consulting and Clinical Psychology, Journal of Pediatrics, Journal of Studies on Alcohol and Drugs, Journal of Substance Abuse Treatment, Journal of the International Neuropsychological Society, New England Journal of Medicine, Nicotine and Tobacco Research, Pediatrics, Pharmacology Biochemistry and Behavior, Preventive Medicine, Psychology of Addictive Behaviors, Psychopharmacology, and Substance Use and Misuse
- Invited mail reviewer of grant application in my area of expertise for Glasgow Children's Hospital Charity Research Fund (October 2016)

#### **PUBLIC SERVICE**

2012-2014 Planned Parenthood of Northern New England Medical Advisory Board

### SUMMARY OF SERVICE ACTIVITIES

I have pursued numerous service opportunities throughout my time as a faculty member. I have served on committees at the department, college, and university level, including serving on my department's Faculty Review Committee, representing my department on the Faculty Senate, and being elected to the College of Medicine Faculty Standards Committee. Related to my discipline, I have served professional organizations of which I am a member, such as current service on the board of directors of the College on Problems of Drug Dependence. I have also served as a reviewer on NIH study sections including current service as a permanent member of a standing study section. I am also a reviewer for than 30 scientific journals, including high-impact journals like New England Journal of Medicine, JAMA Psychiatry, and Journal of Consulting and Clinical Psychology and currently serve on the consulting editorial board of the journal Psychology of Addictive Behaviors. Other service includes appointment by the governor to the Vermont Tobacco Evaluation and Review Board and membership on the medical advisory board of Planned Parenthood of Northern New England

### **TEACHING**

FORMAL SCHEDULED CLASSES

Year	Course Title	Course R E		Hours	Number of Learners	Learner Level
2003- present	Trainee Journal Club	х		1 weekly	8-16	Graduate and Postdoctoral
2007	Selected Topics on Substance Use Disorders (PSYC 380)		х	4	7	Graduate
2011	Selected Topics in Behavior, Neurobiology, & Health (PSYC 380)		х	4	7	Graduate
2013	Reporting Clinical Research (CTS 315)	х		1	2	Graduate
2014	Reporting Clinical Research (CTS 315)	х		1.5	4	Graduate
2014	Addressing Substance Abuse in Social Work (SWSS 380)		х	1.5	5	Undergraduate
2014	Neural Science (MD 577)	х		1	39	Medical Student
2015	Addressing Substance Abuse in Social Work (SWSS 380)		х	1.5	12	Undergraduate
2015	Psychopharmacology (PSYC 223; Sect. A)		х	0.75	27	Undergraduate and Graduate
2015	Psychopharmacology (PSYC 223; Sect. B)		х	0.75	40	Undergraduate and Graduate
2015	Neural Science (MD 577)	х		1	40	Medical Student
2016	Addressing Substance Abuse in Social Work (SWSS 380)		х	1.5		Undergraduate
2016	Neural Science (MD 577)	х		1		Medical Student

# POSTGRADUATE AND OTHER COURSES

Year	Course Title	Course R E		Hours	Number of Learners	Learner Level
2003- present	Trainee Journal Club	х		1 weekly	8-16	Graduate and postdoctoral
2006	Department of Psychiatry Substance Abuse Seminar x 1.5		1.5	3	Resident	
2008	Department of Psychiatry Substance Abuse Seminar	Х		1.5	7	Resident
2009	Department of Psychiatry Substance Abuse Seminar	Х		1.5	4	Resident
2010	Department of Psychiatry Substance Abuse Seminar	Х		1.5	3	Resident
2014	Department of Psychiatry Substance Abuse Seminar	Х		1.25	10	Graduate and Resident

# OTHER:

 Resident Teaching Session, Department of Obstetrics and Gynecology, University of California San Francisco General Hospital. Sat on a panel with two UCSF providers and answered questions from ~15 residents about treating opioid-dependent pregnant women (October 2011).

# PREDOCTORAL STUDENTS SUPERVISED OR MENTORED

Dates	Name	Program School	Role	Current Position
2008 - 2013	Evan Herrmann	Psychological Science, University of Vermont	M.A. Advisor Ph.D. Advisor	Assistant Professor, Columbia
2013 - present	Cecilia Bergeria	Psychological Science, University of Vermont	M.A. Advisor Ph.D. Advisor	
2014 - present	Heidi Melbostad	Psychological Science, University of Vermont	M.A. Advisor	
2015	Tara Higgins	College of Medicine University of Vermont	Scholarly Project Co-Advisor	Resident, Dartmouth Hitchcock

# DISSERTATION/THESIS COMMITTEE MEMBERSHIP

Dates	Name	Program School	Role
2003 - 2004	Matt Johnson	Psychological Science, University of Vermont	Ph.D. Thesis Committee (Chair)
2003 - 2004	Jennifer Lussier Plebani	Psychological Science, University of Vermont	Ph.D. Thesis Committee (Chair)
2006	Laura Chivers	Psychological Science, University of Vermont	M.A. Thesis Committee
2008 - 2009	Kelly Dunn	Psychological Science, University of Vermont	Preliminary Project Committee Ph.D. Thesis Committee
2008 - 2012	Matt Bradstreet	Psychological Science, University of Vermont	M.A. Thesis Committee Preliminary Project Committee Ph.D. Thesis Committee
2011 - 2014	Mollie Patrick	Psychological Science, University of Vermont	M.A. Thesis Committee Preliminary Project Committee Ph.D. Thesis Committee
2012 - 2014	Alexa Lopez	Psychological Science, University of Vermont	M.A. Thesis Committee Preliminary Project Committee Ph.D. Thesis Committee
2015 – 2016	Ivori Zvorsky	Psychological Science, University of Vermont	Second Year Project Committee
2015 - 2016	Joanna Streck	Psychological Science, University of Vermont	Second Year Project Committee

2017 - Tayl	lor Ochalek	Psychological Science, University of Vermont	M.A. Thesis Committee
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### OTHER:

 Served as invited "first opponent" in Dr. Gabrielle Welle-Strand's dissertation defense at the Norwegian Centre for Addiction Research, Oslo University, Oslo, Norway (October 2015)

### POSTDOCTORAL FELLOWS AND RESIDENTS DIRECTLY SUPERVISED OR MENTORED

Dates	Name	Fellow	Faculty Role	Current Position
2006 - 2009	Teresa Linares Scott, Ph.D.	Postdoctoral Fellow	Research Supervisor	Clinical Assistant Professor, University of Vermont
2010 - 2011	Diann Gaalema, Ph.D.	Postdoctoral Fellow	Research Supervisor	Research Assistant Professor, University of Vermont
2012 - 2015	Dennis Hand, Ph.D.	Postdoctoral Fellow	Research Supervisor	Research Assistant Professor, Thomas Jefferson University
2014 - present	Chris Arger, Ph.D.	Postdoctoral Fellow	Research Supervisor	
2015 – present	Alexis Matusiewicz, Ph.D.	Postdoctoral Fellow	Research Supervisor	

Once each year, all the trainees and faculty who are part of the T32 (now T32/P50) training program participate in a day-long scientific retreat. One or two researchers from other universities who are experts in behavioral pharmacology or related disciplines also attend the retreat. All predoctoral and postdoctoral trainees give a presentation to the group, followed by time for questions and discussion. Below are titles of trainee presentations, starting with my time as a postdoctoral trainee followed by those presented by predoctoral and postdoctoral trainees I mentored.

- 1. Heil, S.H., & Higgins, S.T. (2000). Previous abstinence as a predictor of future abstinence.
- 2. Heil, S.H., Marsch, L.A., Higgins, S.T., & Bickel, W.K. (2001). <u>Adaptive functioning in</u> cocaine-dependent and opiate-dependent patients versus normal controls.
- 3. Heil, S.H., Higgins, S.T., Plebani Lussier, J., & Solomon, L.J. (2002). <u>Abstinence-contingent voucher intervention for pregnant cigarette smokers</u>.
- 4. Heil, S.H. & Higgins, S.T. (2003). <u>A tale of two clinical trials: Early and later abstinence in cocaine-dependent outpatients and pregnant cigarette smokers</u>.
- 5. Remillard, A.M., Heil, S.H., & Higgins, S.T. (2006). <u>Early abstinence's effect on later</u> abstinence in cigarette smokers.
- 6. Trifiletti, L., & Heil, S.H. (2006). <u>Maternal Opioid Treatment: Human Experimental</u> Research study.
- 7. Linares Scott, T., & Heil, S.H. (2007). <u>The MOTHER study: Examining infant outcomes at UVM.</u>

8. Herrmann, E., & Heil, S.H. (2008). Characterizing nicotine withdrawal in pregnant smokers.

- 9. Linares Scott, T., & Heil, S.H. (2008). <u>Consequences of opioid dependence during pregnancy: Examination of the neonatal abstinence syndrome</u>.
- 10. Herrmann, E.S., Heil, S.H., Higgins, S.T., Solomon, L.J., & Bernstein, I.M. (2009). <u>Natural</u> history of changes in cigarette smoking upon learning of pregnancy.
- 11. Herrmann, E.S., Heil, S.H., Higgins, S.T., Washio, Y.T., Donham, R.F., & Ironside, K.R. (2010). <u>Characterizing and improving HIV/AIDS knowledge among cocaine-dependent</u> outpatients using modified HIV/AIDS knowledge questionnaires.
- 12. Gaalema, D.E., & Heil, S.H. (2010). <u>Patterns of NAS: Differences in neonatal abstinence</u> syndrome in methadone- vs. buprenorphine-exposed neonates.
- 13. Herrmann, E.S., Heil, S.H., Higgins, S.T., Washio, Y.T., Donham, R.F., & Ironside, K.R. (2011). Improving HIV/AIDS knowledge among cocaine-dependent outpatients.
- 14. Gaalema, D.E., & Heil, S.H. (2011). Opioid withdrawal in neonates.
- 15. Herrmann, E.S., & Heil, S.H. (2012). <u>Characterizing nicotine withdrawal in pregnant smokers.</u>
- 16. Bergeria, C.L., & Heil, S.H. (2013). <u>Infant pupil diameter as an indicator for withdrawal: A reliability study.</u>
- 17. Hand, D.J., & Heil, S.H. (2013). <u>Increasing effective contraceptive use among opioid-maintained women.</u>
- 18. Bergeria, C, Heil, S.H., Hand, D., & Badger, G. (2014). <u>Interpregnancy intervals and birth</u> outcomes in opioid-dependent women.
- 19. Hand, D.J., & Heil, S.H. (2014). <u>Increasing effective contraceptive use among opioid-maintained women.</u>
- 20. Bergeria, C.L., Higgins, S.T., & Heil, S.H. (2015). <u>Correspondence between self-reported and biochemical measures of cigarette smoking in pregnant women.</u>
- 21. Matusiewicz, A., & Heil, S.H. (2015). <u>Improving prescription contraceptive use among</u> opioid-maintained women: Stages 1 & 2.
- 22. Bergeria, C.L., Arger, C.A., & Heil, S.H. (2016). Smoking during pregnancy.
- 23. Melbostad, H.S., & Heil, S.H. (2016). <u>Contraceptive use among women with substance use</u> disorders.

### **CE/CME TEACHING**

1. Heil, S.H. (December 2005). <u>Smoking cessation during pregnancy</u>. Participated in workshop, "Managing Pregnant Patients who have Tobacco and Opioid Dependence: Behavioral and Pharmacotherapy Advances" (H.E. Jones, chair) held at the 16th annual meeting of the American Academy of Addiction Psychiatry in Scottsdale, AZ (CME).

2. Heil, S.H. (July 2006). Contingency management to promote smoking cessation and prevent relapse among pregnant women. Invited presentation, 2006 National Conference on Women, Addiction, and Recovery: News You Can Use, sponsored by SAMSHA-NIDA-NIAAA in Anaheim, CA (CE).

- 3. Heil, S.H. (December 2008). <u>Smoking cessation during pregnancy</u>. Participated in symposium, "Pregnant Women Using Opioids: Update on Clinical Treatment and Research" (S. Stine, chair) held at the 19th annual meeting of the American Academy of Addiction Psychiatry in Boca Raton, FL (CME).
- 4. Heil, S.H. (October 2011). Opioid dependence during pregnancy: Improving neonatal and maternal outcomes. University of California San Francisco General Hospital Medicine Grand Rounds, San Francisco, CA (CME).
- 5. Heil, S.H. (October 2011). Opioid dependence during pregnancy: Improving neonatal and maternal outcomes. University of California San Francisco General Hospital OB/GYN Grand Rounds, San Francisco, CA (CME).
- 6. Heil, S.H. (March 2011). <u>Contingency management: Why it works and the latest research.</u> Invited workshop, Vermont Addictions Professionals Association, Colchester, VT (CE).
- 7. Heil, S.H. (April 2011). Opioid dependence during pregnancy: Improving neonatal and maternal outcomes. University of Vermont Psychiatry Grand Rounds, Burlington, VT (CME).
- 8. Heil, S.H. (April 2012). <u>Prenatal care for opioid-dependent pregnant women.</u> Participated in symposium, "Prenatal Care and Neonatal Withdrawal Approaches in Opiate Dependence" (A. Paredes, J. Khalsa, chairs) at the 43rd Annual Medical-Scientific Conference of the American Society of Addiction Medicine, Atlanta, GA (CME).
- 9. Heil, S.H. and Higgins, S.T. (May 2012). <u>Smoking cessation strategies during pregnancy</u>. University of Vermont College of Medicine Women's Health Conference, Burlington, VT (CME).
- 10. Heil, S.H. (August 2012). Medications to treat opioid dependence and withdrawal in pregnant women and their infants. Participated in session, "Medications to treat opioid withdrawal and dependence in neonates, adolescents, pregnant women & adults" (E. Winstanley, organizer) at the Addiction Studies Institute, Columbus, OH (CE).
- 11. Heil, S.H. (March 2014). Research on opioids and the maternal/neonatal dyad: Data from controlled trials and the real world. Presented at the 15<sup>th</sup> Annual NeoFest, University of Cincinnati, Cincinnati, OH (CME).
- 12. Heil, S.H. (June 2014). Exploring the next generation of scoring: Innovative tools and techniques. Vermont Oxford Network iNICQ 2014 Structuring Success in the Care of Infants and Families Affected by Neonatal Abstinence Syndrome webinar series (CME).
- 13. Heil, S.H. (September 2014). <u>Understanding the psychosocial context.</u> Vermont Oxford Network iNICQ 2014 Structuring Success in the Care of Infants and Families Affected by Neonatal Abstinence Syndrome webinar series (CME).
- 14. Heil, S.H. (February 2015). <u>Opioid dependence during pregnancy: Improving outcomes.</u>
  Dartmouth Psychiatric Research Center Seminar, Dartmouth College, Lebanon, NH (CME).
- 15. Heil, S.H. (March 2015). Continuing efforts to improve results among pregnant cigarette

<u>smokers: Primary outcomes and secondary analyses.</u> Keynote speaker at University of North Carolina Horizons 11<sup>th</sup> annual conference, The Art of Women Working Recovery, University of North Carolina, Chapel Hill, NC (CME).

- 16. Heil, S.H. (March 2015). Meeting the reproductive health care needs of women in treatment for substance used disorders. Workshop presentation at University of North Carolina Horizons 11<sup>th</sup> annual conference, The Art of Women Working Recovery, University of North Carolina, Chapel Hill, NC (CME).
- 17. Heil, S.H. (December 2015). Methadone and buprenorphine for opioid dependence during pregnancy: A retrospective cohort study. Participated in symposium, "The Use of Medication to Treat Opioid Dependence During Pregnancy" (K. Kaltenbach, chair) at the 26th Annual Meeting and Scientific Symposium of the American Academy of Addiction Psychiatry, Huntington Beach, CA (CME).

### **INFORMAL TEACHING**

- 1. Heil, S.H. (April 2002). <u>The science of addiction</u>. Drug Awareness Day, Burlington High School, Burlington, VT.
- 2. Heil, S.H. (November 2007). <u>The MOTHER Study: Current progress.</u> Invited in-service presentation, Labor and Delivery Unit, Fletcher Allen Health Care, Burlington, VT.
- 3. Heil, S.H. (May 2009). <u>Promoting smoking cessation during pregnancy and postpartum.</u> Invited presentation, Maternal Child Health Coalition, Fletcher Allen Health Care, Burlington, VT.
- 4. Heil, S.H. (March 2010). <u>Financial incentives for increasing breastfeeding.</u> Invited presentation, Maternal Child Health Coalition, Fletcher Allen Health Care, Burlington, VT.

### **FACULTY MENTORED**

Not applicable

### OTHER VISITING FACULTY SUPERVISED

Not applicable

### **TEACHING AIDS**

Not applicable

### **TEACHING AWARDS AND NOMINATIONS**

Not applicable

# **SUMMARY OF TEACHING ACTIVITIES**

My teaching responsibilities lie primarily in mentoring. As a member of the training faculty on our National Institute on Drug Abuse (NIDA) T32 Training Grant in drug abuse research and more recently, our FDA/NIDA P50 Tobacco Center on Regulatory Science training program, I serve as the primary mentor and advisor for pre- and post-doctoral fellows. In this role, I meet regularly with each trainee to discuss scholarly readings and ongoing clinical research projects. I support trainee professional development through various activities including co-authoring and co-reviewing manuscripts for peer-reviewed scientific journals and textbooks, analyzing and discussing research data, preparing data presentations for professional meetings, and providing them with opportunities to serve various professional/scientific organizations. I also participate in a weekly behavioral pharmacology journal club with our trainees and serve on other students' Master's, preliminary examination and dissertation committees. To more broadly support our

educational mission, I also serve as Associate Director of the T32 and P50 training programs, overseeing all recruitment for the 15 pre- and postdoctoral training positions and coordinating with the Psychology Department on predoctoral fellow training.

Regarding classroom teaching, I regularly co-teach a biobehavioral seminar for graduate students in the Department of Psychology and a seminar on substance abuse for Psychiatry residents. I am also frequently invited to give lectures on topics related to substance abuse and treatment to undergraduate, graduate, and medical students.

I have also been invited to give more than 15 CE/CME presentations locally, regionally, and nationally, including the UVM College of Medicine's Women's Health Conference, the Dartmouth Psychiatric Research Center Seminar, and Grand Rounds at University of California San Francisco General Hospital.

Additionally, in order to disseminate scientific knowledge on drug abuse and treatment, I have given presentations to a broad range of non-academic audiences in the community, such as Burlington High School students on Drug Awareness Day, Fletcher Allen Maternal Child Health Coalition meetings, and statewide meetings of VCHIP's Improving Care for Opioid-exposed Neonates (ICON) project. I have also been a co-author on a number of contributions to textbooks, handbooks, and encyclopedias in the field.

### RESEARCH AND SCHOLARLY ACTIVITIES

# RESEARCH AWARDS AND GRANTS

## **Ongoing Research Support**

R01DA036670 Heil (PI) National Institute on Drug Abuse 07/01/14-05/31/19

# Improving Effective Contraceptive Use Among Opioid-Maintained Women: Stage II

This study will more fully test a contraceptive management intervention that aims to increase use of more effective contraceptives among opioid-maintained women. The proposed project will dismantle the intervention to examine the contribution of each component and will further our overarching goal of developing an efficacious, empirically based contraceptive management program that can be disseminated to drug treatment facilities throughout the country.

Role: Principal Investigator

Total costs: \$1,776,470 through 2016

R01DA031928 Heil (PI)

09/01/12 - 07/31/17 (NCE)

National Institute on Drug Abuse

# Testing the Reliability and Validity of Pupil Diameter In Opioid-exposed Neonates

The objectives of this proposal are to test the reliability and validity of pupil diameter as a measure of neonatal abstinence syndrome (NAS) in neonates exposed to opioids in utero. This measure has the potential to provide a more sensitive and objective measure of NAS and to significantly improve the assessment and treatment of these vulnerable infants.

Role: Principal Investigator Total costs: \$1,237,528

P50DA036114 Heil (Project PI)

9/1/13-5/31/18

National Institute on Drug Abuse and Food and Drug Administration

### Low Nicotine Content Cigarettes in Vulnerable Populations: Childbearing Age Women

The prevalence of smoking among disadvantaged women of childbearing age is four-fold that of the U.S. adult population and associated with significant smoking-related morbidity and mortality. This project will investigate the acute and extended effects of reduced-nicotine cigarettes on smoking rate, toxicants, health effects, cognitive functioning and other measures in disadvantaged pregnant and non-pregnant smokers. This information will help to determine

whether a public health policy of reducing the nicotine content of cigarettes would be effective and safe for this challenging population of vulnerable smokers

Role: Principal Investigator Total costs: \$2,716,764

P50DA036114 Higgins (PI) 9/1/13-5/31/18

National Institute on Drug Abuse and Food and Drug Administration

# Research Training/Education (Core B)

The primary educational mission of the Vermont Center on Tobacco Regulatory Science (VCTRS) is to develop an exemplary predoctoral and postdoctoral training program in tobacco regulatory science, including training related to premarketing studies on the addictiveness and adverse health effects of new tobacco products among vulnerable populations.

Role: Mentor, Associate Director Total costs: \$829,931 through 2016

T32DA07242 Higgins (PI) 06/30/08-5/31/20

National Institute on Drug Abuse

### Training in Behavioral Pharmacology of Human Drug Dependence

This training program focuses on human behavioral pharmacology, which fills a unique niche in addiction research. Our fellows learn to identify basic behavioral and pharmacological processes underpinning addiction and to translate that knowledge into effective clinical interventions and policy.

Role: Mentor, Associate Director Total costs: \$2,815,554 through 2016

R01HD075669 Higgins (PI) 09/15/13–05/31/18

National Institute of Child Health and Human Development

### Financial Incentives for Smoking Cessation Disadvantaged Pregnant Women

The overarching goal is to investigate how improving smoking cessation among pregnant women may reduce health disparities. We will experimentally examine whether adding financial incentives to current best practices for smoking cessation during pregnancy increases cessation rates, birth outcomes, breastfeeding duration, and infant growth and overall health during the first year postpartum. We will conduct a cost-effectiveness analysis of incentive-based intervention. We will also include a sociodemographically comparable group of pregnant non-smokers in the study to estimate how much more cessation rates and health outcomes could be increased through use of larger monetary incentive values before exceeding cost effectiveness.

Role: Co-Investigator

Total costs: \$2,903,033 through 2016

### **Completed Research Support**

R34DA037385 Sigmon (PI) 04/01/14–03/31/16

National Institute on Drug Abuse

#### Interim Treatment: Leveraging buprenorphine & technology to bridge waitlist delays

We propose to leverage efficacious pharmacotherapy, state-of-the-art technology and rigorous methodology to develop a novel Interim Buprenorphine Treatment that can bridge these delays in treatment access. The proposed project will produce a highly innovative technology-assisted pharmacotherapy protocol that can be widely disseminated to increase access to life-saving opioid treatment.

Role: Co-Investigator Total costs: \$651,938

R34DA030534 Heil (PI) 08/01/11–06/30/13(NCE)

National Institute on Drug Abuse

Improving Effective Contraceptive Use among Opioid-maintained Women

The objective of this study is to develop and pilot test an intervention that aims to promote the use of more effective contraceptives among opioid-maintained women at risk for unintended pregnancy. Development of such an intervention has the potential to reduce the vast economic and societal costs associated with unintended pregnancy among drug-dependent women.

Role: Principal Investigator Total costs: \$603,900

R01DA022491 Heil (PI) 6/01/08-05/11/11(NCE)

National Institute on Drug Abuse

### **Characterizing Nicotine Withdrawal in Pregnant Smokers**

The objectives of this study are to 1) perform a thorough examination of elevated baseline nicotine withdrawal symptomatology in pregnant smokers and 2) provide a comprehensive characterization of nicotine withdrawal following a quit attempt. Results will have implications for the treatment of smoking during pregnancy, particularly pharmacotherapies whose mechanism of action is the reduction of withdrawal symptomatology.

Role: Principal Investigator Total costs: \$1,012,677

R01DA14028 Higgins (PI)
National Institute on Drug Abuse

04/30/01-05/31/11

# **Voucher-based Incentives to Treat Pregnant Smokers**

The major goal of this project is to increase the efficacy of voucher-based incentive programs for promoting smoking cessation and preventing relapse during pregnancy and postpartum as our recent trials suggested that vouchers may be efficacious for increasing smoking cessation among pregnant smokers. Postpartum relapse rates are strikingly high in this population even among those abstinent during pregnancy. Thus, this population also offers a potentially enlightening exception to the pattern of initial abstinence begetting later abstinence.

Role: Co-Investigator Total costs: \$5,964,946

R01DA019989 Sigmon (PI) National Institute on Drug Abuse 07/01/06-06/30/10

### **Effective Treatment for Prescription Opioid Abuse**

The overarching goal of this project is to develop a manualized, efficacious treatment for prescription opioid abuse. Despite the alarming recent increase in prescription opioid abuse, we know of no published studies evaluating treatments for this emerging population. Two experimental studies are proposed to programmatically evaluate a combined behavioral (Community Reinforcement Approach) and pharmacological (buprenorphine detoxification followed by a regiment of naltrexone therapy) treatment for prescription opioid abuse.

Role: Co-Investigator Total costs: \$2,409,677

R01DA019550 Sigmon (PI)

07/01/07-06/30/13

National Institute on Drug Abuse

# **Incentive-Based Smoking Cessation for Methadone Patients**

This project aims to develop a voucher-based smoking cessation intervention in opioid-maintained cigarette smokers. First, we will develop and test a voucher-based intervention to promote smoking abstinence during the initial 2 weeks of the cessation effort. Second, we will develop and test the efficacy of a voucher-based intervention that seeks to sustain smoking abstinence after the intensive 2-week program is discontinued. The overall goal is to produce an efficacious, empirically-based smoking cessation intervention that can be easily disseminated to clinics throughout the country.

Role: Co-Investigator Total costs: \$1,755,931

R01DA018410 Heil (PI) 10/01/04-09/31/09

National Institute on Drug Abuse

# Maternal Opioid Treatment: Human Experimental Research

The objective of this multi-site clinical trial is to evaluate the possible differential impact of buprenorphine and methadone on both neonatal and maternal outcomes in opioid-dependent pregnant women. Results from this study will also provide data to guide FDA review of these medications for the treatment of opioid dependence during pregnancy.

Role: Principal Investigator Total costs: \$2,211,838

R03DA017813 Heil (PI) 05/01/04-04/31/06

National Institute on Drug Abuse

### Early Abstinence's Effect on Later Abstinence in Smokers

The proposed study is designed to rigorously and experimentally evaluate whether a period of early abstinence from cigarette smoking, induced using financial incentives contingent on biochemically-verified abstinence, decreases longer-term relapse risk.

Role: Principal Investigator Total costs: \$151,500

051801 Heil (PI) 09/01/04-08/31/06

Robert Wood Johnson Smoke-Free Families Program

# Characterizing Nicotine Withdrawal and Craving and Examining their Utility as Predictors of Relapse in Pregnant and Postpartum Smokers

The objective of this study is provide an initial characterization of nicotine withdrawal and craving among pregnant and postpartum smokers. Results will have implications for the treatment of smoking during pregnancy, particularly pharmacotherapies whose mechanism of action is the reduction of withdrawal symptomatology.

Role: Principal Investigator Total costs: Not available

R33DA18424 Higgins (PI) 09/01/04-08/31/05

National Institute on Drug Abuse

### **Future Directions in Contingency Management Research**

The purpose of this application is to obtain support to hold a small scientific meeting on the use of contingency management (CM) for treatment of substance use disorders and associated problems and to discuss the future of CM research.

Role: Co-Investigator Total costs: \$25,000

Grant-In-Aid of Research Heil (PI) 1995

Siama Xi

#### Activational Hormones and Prolactin's Sexually Dimorphic Effects on Food Intake

Results of previous studies indicate that there is a sex-specific feeding response to prolactin (PRL) by rats: only female rats significantly increase their food intake. The possible role of the activational actions of the gonadal hormones in this sex difference will be explored in this study.

Role: Principal Investigator

Total costs: \$500

Grant-In-Aid of Research Heil (PI) 1994

Sigma Xi

### Organizational Hormones and Prolactin's Sexually Dimorphic Effects on Food Intake

Results of previous studies indicate that there is a sex-specific feeding response to prolactin (PRL) by rats: only female rats significantly increase their food intake. The possible role of the

organizational actions of the gonadal hormones in this sex difference will be explored in this study

Role: Principal Investigator

Total costs: \$500

Graduate Women in Science Fellowship Alternate Heil (PI) 1994 Sigma Delta Epsilon

### Organizational Hormones and Prolactin's Sexually Dimorphic Effects on Food Intake

Results of previous studies indicate that there is a sex-specific feeding response to prolactin (PRL) by rats: only female rats significantly increase their food intake. The possible role of the organizational actions of the gonadal hormones in this sex difference will be explored in this study.

Role: Principal Investigator

Total costs: \$250

Summer Research Grant Heil (PI)

1991

Wittenberg University Faculty Research Fund

# Dietary Self-selection in Rats: Influence of Sex, Gonadal Hormones and Diet Type

The objective of this study is to examine the interaction between sex (female vs. male), gonadal hormones (estrogen vs. testosterone) and diet type (high vs. low protein) on dietary self-selection in rats.

Role: Principal Investigator Total costs: Not available

### **Pending**

None

### **Selected Unfunded Grant Submissions**

None

### SCHOLARSHIP

### **Peer Reviewed Publications**

Original Research

- 1. **Heil, S.H.**, & Subramanian, M.G. (1998). Alcohol and the hormonal control of lactation. <u>Alcohol Health and Research World, 22,</u> 178-184.
- 2. **Heil, S.H.** (1999a). Sex-specific effects of prolactin on food intake by rats. <u>Hormones and Behavior</u>, 35, 47-54.
- 3. **Heil, S.H.** (1999b). Activational and organizational actions of gonadal hormones and the sex-specific effects of prolactin on food intake by rats. <u>Developmental Psychobiology, 35, 61-67.</u>
- 4. **Heil, S.H.**, Hungund, B.L., Zheng, Z.H., Jen, K.-L.C., & Subramanian, M.G. (1999). Ethanol and lactation: Effects on milk lipids and serum constituents. <u>Alcohol, 18,</u> 43-48.
- 5. **Heil, S.H.**, & Subramanian, M.G. (2000). Chronic alcohol exposure and lactation: Extended observations. <u>Alcohol, 20,</u> 1-6.
- 6. **Heil, S.H.**, Badger, G.J., & Higgins, S.T. (2001). Alcohol dependence among cocaine-dependent outpatients: Demographics, drug use, treatment outcome and other characteristics. Journal of Studies on Alcohol, 62, 14-22.

7. **Heil, S.H.**, Holmes, H.W., Bickel, W.K., Higgins, S.T., Badger, G.J., Laws, H.F. & Faries, D.E. (2002). Comparison of the subjective, physiological, and psychomotor effects of atomoxetine and methylphenidate in recreational drug users. <u>Drug and Alcohol Dependence</u>, 67, 149-156. Note: one of the Top 10 Journal Articles downloaded from <u>Drug and Alcohol Dependence</u> in 2002-2003

- 8. Subramanian, M.G., **Heil, S.H.**, Kruger, M.L., Collins, K.L., Buck, P.O., Zawacki, T., Abbey, A.D., Sokol, R.J., & Diamond, M.P. (2002). A three-stage alcohol clamp procedure in human subjects. <u>Alcoholism: Clinical and Experimental Research</u>, 26, 1479-1483.
- 9. **Heil, S.H.**, Tidey, J.W., Holmes, H.W., Badger, G.J., & Higgins, S.T. (2003). A contingent payment model of smoking cessation: Effects on abstinence and withdrawal. <u>Nicotine and Tobacco Research</u>, 5, 205-213.
- 10. Higgins, S.T., Sigmon, S.C., Wong, C.J., **Heil, S.H.**, Badger, G.J., & Donham, B.D. (2003). Community reinforcement therapy for cocaine-dependent outpatients. <u>Archives of General Psychiatry, 60,</u> 1043-1052.
- 11. Higgins, S.T., **Heil, S.H.**, Plebani Lussier, J., Badger, G.J. (2004). Clinical implications of reinforcement as a determinant of substance use disorders. <u>Annual Review of Psychology</u>, 55, 431-461.
- 12. **Heil, S.H.**, Alessi, S., Plebani, J., Badger, G.J. & Higgins, S.T. (2004). An experimental test of the influence of prior cigarette smoking abstinence on future abstinence. <u>Nicotine and Tobacco Research</u>, 6, 471-479.
- 13. Higgins, S.T., **Heil, S.H.**, Solomon, L., Plebani Lussier, J., Abel, R., Lynch, M.L. & McHale, L. (2004). A pilot study on voucher-based incentives to promote abstinence from cigarette smoking during pregnancy and postpartum. Nicotine and Tobacco Research, 6, 1015-1020.
- 14. **Heil, S.H.**, Sigmon, S.C., Mongeon, J.A., & Higgins, S.T. (2005). Characterizing and improving HIV/AIDS knowledge in cocaine-dependent outpatients. <u>Experimental and Clinical Psychopharmacology</u>, 13, 238-243.
- 15. **Heil, S.H.**, Johnson, M.W. Higgins, S.T., & Bickel, W.K. (2005). Delay discounting in currently using and currently abstinent cocaine-dependent outpatients and non-drug-using matched controls. Addictive Behaviors, 31, 1290-1294.
- 16. Bernstein, I.M., Mongeon, M.A., Badger, G.J., Solomon, L., **Heil, S.H.**, & Higgins, S.T. (2005). Maternal smoking and its association with birth weight. Obstetrics and Gynecology, 106, 986-991.
- 17. Lussier, J.P., **Heil, S.H.**, Mongeon, J.A., Badger, G.J., & Higgins, S.T. (2006). A metaanalysis of voucher-based reinforcement therapy for substance use disorders. <u>Addiction</u>, 101, 192-203.
- 18. **Heil, S.H.**, Higgins, S.T., Mongeon, J.A., Badger, G.J., & Bernstein, I.M. (2006). Characterizing nicotine withdrawal in pregnant cigarette smokers. <u>Experimental and Clinical Psychopharmacology</u>, 14, 165-170.
- 19. Solomon, L.J., Higgins, S.T., **Heil, S.H.**, Badger, G.J., Mongeon, J.A., & Bernstein, I.M. (2006). Psychological symptoms following smoking cessation in pregnant smokers. <u>Journal</u> of Behavioral Medicine, 29, 151-160.

20. Higgins, S.T., **Heil, S.H.**, Dumeer, A.M., Thomas, C.S., Solomon, L.J., & Bernstein, I.M. (2006). Smoking status in the initial weeks of quitting as a predictor of smoking-cessation outcomes in pregnant women. <u>Drug and Alcohol Dependence</u>, 85, 138-141.

- 21. Higgins, S.T., **Heil, S.H.**, Badger, G.J., Mongeon, J., Solomon, L., McHale, L., & Bernstein, I.M. (2007). Biochemical verification of smoking status in pregnant and recently postpartum women. Experimental and Clinical Psychopharmacology, 15, 58-66.
- 22. **Heil, S.H.**, & Scott, T. (2007). Voucher-based reinforcement therapy for drug-dependent pregnant women. Heroin and Related Clinical Problems, 9, 27-38.
- 23. Yoon, J.H., Higgins, S.T., **Heil, S.H.**, Sugarbaker, R.J., Thomas, C.S., and Badger, G.J. (2007). Delay discounting predicts postpartum relapse to cigarette smoking among pregnant women. Experimental and Clinical Psychopharmacology, 15, 176-186.
- 24. Higgins, S.T., **Heil, S.H.**, Dantona, R., Donham, R., Matthews, M., & Badger, G.J. (2007). Effects of varying the monetary value of voucher-based incentives on abstinence achieved during and following treatment among cocaine-dependent outpatients. <u>Addiction, 102, 271-281</u>.
- 25. Solomon, L.J., Higgins, S.T., **Heil, S.H.**, Badger, G.J., Thomas, C.S., & Bernstein, I.M. (2007). Predictors of postpartum relapse to smoking. <u>Drug and Alcohol Dependence, 90, 224-227. PMC2001168</u>
- 26. Jones, H.E., Martin, P.R., **Heil, S.H.**, Stine, S.M., Kaltenbach, K., Selby, P., Coyle, M.G., O'Grady, K.E., Arria, A.M., & Fischer, G. (2008). Treatment of opioid dependent pregnant women: Clinical and research issues. <u>Journal of Substance Abuse Treatment</u>, 35, 245-259. PMC2633026
- Heil, S.H., Higgins, S.T., Bernstein, I.M., Solomon, L.J., Rogers, R.E., Thomas, C.S., Badger, G.J., & Lynch, M.E. (2008). Effects of voucher-based incentives on abstinence from cigarette smoking and fetal growth among pregnant women. <u>Addiction, 108</u>, 1009-1018. PMC2731575
- 28. **Heil, S.H.**, Sigmon, S.C., Jones, H.E., & Wagner, M. (2008). Comparison of characteristics of opioid-using pregnant women in rural and urban settings. <u>The American Journal of Drug and Alcohol Abuse</u>, 34, 463-471. PMC2662476
- 29. Dunn, K.E., Sigmon, S.C., McGee, M.R., **Heil, S.H.**, & Higgins, S.T. (2008). Evaluation of ongoing oxycodone abuse among methadone-maintained patients. <u>Journal of Substance</u> Abuse Treatment, 35, 451-456. PMC2586144
- 30. Dunn, K.E., Sigmon, S.C., Thomas, C.S., **Heil, S.H.**, & Higgins, S.T. (2008). Voucher-based contingent reinforcement of smoking abstinence among methadone-maintained patients: A pilot study. Journal of Applied Behavior Analysis, 41, 527-538. PMC2606604
- 31. Chivers, L.L., Higgins, S.T., **Heil, S.H.**, & Badger, G.J. (2008). Effects of initial abstinence and programmed lapses on the relative reinforcing effects of cigarette smoking. <u>Journal of Applied Behavior Analysis</u>, 41, 481-497. PMC2606599
- 32. Sigmon, S.C., Dunn, K.E., Thomas, C.S., **Heil, S.H.**, & Higgins, S.T. (2009). Brief buprenorphine detoxification for the treatment of prescription opioid dependence: A pilot study. Addictive Behaviors, 34, 304-311. PMC2643343

33. Martin, P.R., Arria, A.M., Fischer, G., Kaltenbach, K., **Heil, S.H.**, Stine, S.M., Coyle, M.G., Selby, P., & Jones, H.E. (2009). Psychopharmacologic management of opioid-dependent women during pregnancy. <u>The American Journal on Addictions</u>, 18, 148-156. PMC2777700

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- 35. **Heil, S.H.**, Linares Scott, T., & Higgins, S.T. (2009). An overview of principles of effective treatment of substance abuse disorders and their potential application to pregnant cigarette smokers. Drug and Alcohol Dependence, 104, Suppl 1, 106-114. PMC2738623
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- 38. Dunn, K.E., Sigmon, S.C., Reimann, E., **Heil, S.H.** & Higgins, S.T. (2009). Effects of smoking cessation among opioid maintenance patients on illicit drug use. <u>Journal of Drug Issues</u>, <u>39</u> 313-328. PMC2855312
- 39. Jones, H.E., **Heil, S.H.**, O'Grady, K.E., Martin, P.R., Kaltenbach, K., Coyle, M.G., Stine, S.M., Selby, P., Arria, A.M., & Fischer, G. (2009). Smoking in pregnant women screened for an opioid agonist medication study compared to related pregnant and non-pregnant patient samples. The American Journal of Drug and Alcohol Abuse, 35, 375-380. PMC2925409
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- Dunn, K.E., Sigmon, S.C., Reimann, E.F., Badger, G.J., Heil, S.H., & Higgins, S.T. (2010). A contingency-management intervention to promote initial smoking cessation among opioid-maintained patients. <a href="Experimental and Clinical Psychopharmacology"><u>Experimental and Clinical Psychopharmacology</u>, 18, 37-50.</a>
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- 46. Jones, H.E., Kaltenbach, K., **Heil, S.H.**, Stine, S.M., Coyle, M.G., Arria, A.M., O'Grady, K.E., Selby, P., Martin, P.R., & Fischer, G. (2010). Neonatal abstinence syndrome following methadone or buprenorphine exposure. <a href="New England Journal of Medicine">New England Journal of Medicine</a>, 363, 2320-2331. PMC3073631
- 47. **Heil, S.H.**, Jones, H.E., Arria, A., Kaltenbach, K., Coyle, M., Fischer, G., Stine, S., Selby, P., & Martin, P. R. (2011). Unintended pregnancy in opioid-abusing women. <u>Journal of Substance Abuse Treatment</u>, 40, 199-202. PMC3052960
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- 54. **Heil, S.H.**, Gaalema, D.E., & Herrmann, E.S. (2012). Incentives to promote family planning. Preventive Medicine, 55, Suppl 1, S106-112. PMC3578697
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- 59. Salisbury, A.L., Coyle, M.G., O'Grady, K.E, Heil, S., Martin, P.R., Stine, S.M., Kaltenbach, K., Weninger, M., & Jones, H.E. (2012). Fetal assessment before and after dosing with buprenorphine or methadone. <u>Addiction, 107, Suppl 1,</u> 36-44. PMC4277183
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- 63. Holbrook, A., Baxter, J., Jones, H. Heil, S., Coyle, M., Martin, P., Fischer, G., Stine, S., & Kaltenbach, K. (2012). Infections and obstetric outcomes in opioid-dependent pregnant women maintained on methadone or buprenorphine. <a href="Mailto:Addiction, 107"><u>Addiction, 107, Suppl 1</u></a>, 83-90. <a href="PMC4368056">PMC4368056</a>
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- 89. Higgins, S.T., **Heil, S.H.**, Sigmon, S.C., Tidey, J.W., Gaalema, D.E., Stitzer, M.L., Durand, H., Bunn, J.Y., Priest, J.S., Arger, C.A., Miller, M.E., Bergeria, C.L., Davis, D.R., Streck, J.M., Zvorsky, I., Redner, R., Vandrey, R., & Pacek, L.R. (2017). Response to varying the nicotine content level in cigarettes in vulnerable populations: An initial experimental examination of acute effects. Psychopharmacology, 234, 89-98. PMC5203959

### In Review

- 1. Morford, Z.H., Gaalema, D.E., Balas, K., **Heil, S.H.**, Sigmon, S.C., Stitzer, M.L., Tidey, J.W., & Higgins, S.T. (submitted). Recruiting and retaining vulnerable populations via Facebook for participation in tobacco regulatory science research.
- 2. Kaltenbach, K., O'Grady, K.E., **Heil, S.H.**, Salisbury, A.L., Coyle, M.G., Fischer, G., Martin, P.R., Stine, S., & Jones, H.E. (submitted). Prenatal exposure to methadone or buprenorphine: Developmental outcomes.

3. Matusiewicz, A.K., Melbostad, H.S., & **Heil, S.H.** (submitted). Potential barriers to longacting reversible contraception use among opioid-maintained women.

- 4. Bergeria, C.L., **Heil, S.H.,** Bunn, J., Sigmon, S.C., & Higgins, S.T. (submitted). Comparing smoking topography and subjective measures of usual brand cigarettes between pregnant and non-pregnant smokers.
- 5. Arger, C.A., **Heil, S.H.**, Sigmon, S.C., Tidey, J.W., Stitzer, M.L., Gaalema, D.E., Durand, H.J., Bunn, J.Y., Ruggieri, E.K., & Higgins, S.T. (submitted). Preliminary validity of the modified Cigarette Evaluation Questionnaire in predicting the reinforcing effects of cigarettes that vary in nicotine content.
- Heil, S.H., Davis, D.R., Arger, C.A., & Higgins, S.T. (submitted). Contingency management and the community reinforcement approach. In S.C. Miller, D. Fiellin, R.N. Rosenthal, & R. Saitz (Eds.), <u>The ASAM Principles of Addiction Medicine</u> (6<sup>th</sup> ed.). Baltimore, MD: Wolters Kluwer.
- 7. Higgins, S.T., **Heil, S.H.**, Sigmon, S.C., Tidey, J.W., Gaalema, D.E., Hughes, J.R., Stitzer, M.L., Durand, H., Bunn, J.Y., Priest, J.S., Arger, C.A., Miller, M.E., Bergeria, C.L., Davis, D.R., Streck, J.M., Reed, D., Kelly, J.S., & Tursi, L. (submitted). Addiction potential of reduced nicotine content cigarettes in vulnerable populations.
- 8. Cooper, K.M., Bernstein, I.M., Skelly, J.M., **Heil, S.H.**, & Higgins, S.T. (submitted). The independent contribution of uterine blood flow to birth weight and body composition in smoking mothers.

### In Preparation

- 1. Streck, J.M., Hughes, J.R., Sigmon, S.C., **Heil, S.H.**, Bunn, J.Y., & Higgins, S.T. (in preparation). Characterizing tobacco withdrawal among opioid-maintained smokers: A secondary analysis.
- 2. Arger, C.A., Taghavi, T., **Heil, S.H.**, Skelly, J., Tyndale, R.F., & Higgins, S.T. (in preparation). Influence of pregnancy on the nicotine metabolite ratio: Examining changes in nicotine metabolism during antepartum and postpartum.
- 3. Higgins, T.M., Dougherty, A., Badger, G.J., & **Heil, S.H.** (in preparation). Long-acting reversible contraception insertion rates in women with Medicaid vs. private insurance in a clinic with a two-visit protocol.

### Non-Peer Reviewed Publications and Other Creative Activities

Review Articles

Not applicable

# **Books and Chapters**

#### Books

Higgins, S.T., Silverman, K., & **Heil, S.H.** (Eds.) (2008). <u>Contingency Management in the Treatment of Substance Use Disorders: A Science-Based Treatment Innovation.</u> New York, NY: Guilford Press.

### Chapters

 Higgins, S.T., Budney, A.J., & Heil, S.H. (2001). Behavioral treatments. In R. Carson-DeWitt (Ed.), <u>Encyclopedia of Drugs, Alcohol, and Addictive Behavior</u> (2<sup>nd</sup> ed., Vol.3, pp. 1225-1227). Farmington, MI: Macmillan.

- 2. Higgins, S.T., Budney, A.J., & **Heil, S.H.** (2001). Contingency management. In R. Carson-DeWitt (Ed.), <u>Encyclopedia of Drugs, Alcohol, and Addictive Behavior</u> (2<sup>nd</sup> ed., Vol.3, pp. 1231-1233). Farmington, MI: Macmillan.
- 3. Higgins, S.T., Silverman, K. & **Heil, S.H.** (2003). Behavioral interventions for problem drinking: Community reinforcement and contingency management. In B. Johnson, P. Ruiz and M.J. Galanter (Eds.), <u>Alcoholism: A practical handbook</u> (pp. 111-118). Baltimore: Lippincott, Williams & Wilkins.
- 4. Higgins, S.T., & **Heil, S.H.** (2004). Principles of learning in the study and treatment of substance abuse. In M. Galanter & H.D. Kleber (Eds.) <u>Textbook of substance abuse</u> treatment (3<sup>rd</sup> ed., pp. 81-87). Arlington, VA: American Psychiatric Publishing, Inc.
- 5. Higgins, S.T. & **Heil, S.H.** (2004). Drug abuse: behavioral treatment. In N.B. Anderson (Ed.), <u>Encyclopedia of Health and Behavior</u> (Vol. 1, pp. 265-269). Thousand Oaks, CA: Sage Publications, Inc.
- 6. Higgins, S.T., **Heil, S.H.**, & Sigmon, S.C. (2007). A Behavioral Approach to the Treatment of Substance Use Disorders. In P. Sturmey (Ed.) <u>The Handbook of Functional Analysis and Clinical Psychology</u> (pp. 261-282). Amsterdam: Elsevier Press.
- 7. Higgins, S.T., **Heil, S.H.**, & Rogers, R.E. (2008). Contingency management. In P. Korsmeyer & H.R. Kranzler (Eds.), <u>Encyclopedia of Drugs, Alcohol, and Addictive Behavior</u> (3<sup>rd</sup> ed., Vol. 4, pp. 159-162). Farmington, MI: Gale Group.
- 8. Higgins, S.T., Sigmon, S.C., & **Heil, S.H.** (2008). Drug Abuse and Dependence. In D.H. Barlow (Ed.), <u>Clinical Handbook of Psychological Disorders</u> (4<sup>th</sup> ed., pp. 547-577). New York: Guilford Publications, Inc.
- Heil, S.H., Yoon, J.H., & Higgins, S.T. (2008). Pregnant and postpartum women. In S.T. Higgins, K. Silverman & S.H. Heil (Eds.) <u>Contingency Management in the Treatment of Substance Use Disorders: A Science-Based Treatment Innovation</u> (pp.182-201). New York, NY: Guilford Press.
- Higgins, S.T., Heil, S.H., Rogers, R.E., & Chivers, L. (2008). Cocaine. In S.T. Higgins, K. Silverman & S.H. Heil (Eds.) <u>Contingency Management in the Treatment of Substance Use Disorders: A Science-Based Treatment Innovation</u> (pp. 19-41). New York, NY: Guilford Press.
- 11. Higgins, S.T., & **Heil, S.H.** (2009). Contingency management. In G.L. Fisher & N Roget (Eds.), <u>The Encyclopedia of Substance Abuse Prevention, Treatment, and Recovery</u>, (pp. 228-231). Thousand Oaks, CA: Sage Publications.
- 12. Higgins, S.T., **Heil, S.H.** & Sigmon, S.C. (2010). Contingency management in drug dependence. In I. Stolerman (Ed.), <u>Encyclopedia of Psychopharmacology</u> (pp. 350-354). Heidelberg, Germany: Springer Science and Business Media.
- 13. Higgins, S.T., Sigmon, S.C., & **Heil, S.H.** (2011). Contingency management in the treatment of substance use disorders: Trends in the literature. In P. Ruiz & E. Strain (Eds.),

<u>Lowinson and Ruiz's Substance Abuse: A Comprehensive Textbook</u> (5<sup>th</sup> ed., pp. 603-621). Baltimore, MD: Lippincott Williams & Wilkins.

- 14. Higgins, S.T., Sigmon, S.C., & **Heil, S.H.** (2014). Drug Use Disorders. In D.H. Barlow (Ed.), <u>Clinical Handbook of Psychological Disorders</u> (5<sup>th</sup> ed., pp 588-616). New York: Guilford Publications, Inc.
- 15. Higgins, S.T., **Heil, S.H.** & Sigmon, S.C. (2012). Voucher-based contingency management in the treatment of substance use disorders. In G.J. Madden, T. Hackenberg, & K.A. Lattal (Eds.), <u>APA Handbook of Behavior Analysis</u> (pp.481-500). Washington, D.C.: American Psychological Association.
- 16. Higgins, S.T., **Heil, S.H.** & Sigmon, S.C. (2015). Contingency management in the treatment of substance use disorders. In I. Stolerman & L.H. Price (Eds.), <u>Encyclopedia of Psychopharmacology</u> (2<sup>nd</sup> ed., pp. 441-446). Heidelberg, Germany: Springer-Verlag.

### Other Scholarly Publications

- 1. **Heil, S.H.**, Wong, C.J., & Higgins, S.T. (2000). Community reinforcement approach combined with contingent vouchers for the treatment of cocaine dependence. <u>The Addictions Newsletter</u>, 7, 24-26.
- 2. Higgins, S.T. & **Heil, S.H.** (2003, May/June). Urine the money: Voucher-based incentive scheme for drug treatment. Druglink, 18, 11-12.
- 3. **Heil, S.H.**, Coyle, M.G., Fischer, G., Jones, H.E., Kaltenbach, K., Martin, P.R., Selby, P., & Stine, S.M. (2006). The MOTHER (Maternal Opioid Treatment: Human Experimental Research) Study. The Addictions Newsletter, 13 (2), 7-9.
- 4. Jones, H.E., Kaltenbach, K., Coyle, M.G., **Heil, S.H.**, Martin, P.R., O'Grady, K.E., Arria, A.M., Fischer, G., Stine, S.M., & Selby, P. (2009). Re-building lives: Helping women recover from opioid addiction during pregnancy. Counselor, 10, 10-19.
- 5. **Heil, S.H.**, & Higgins, S.T. (2012). The scientific and ethical rationale for using incentives to promote contraceptive use among drug-abusing women. Invited commentary on Lucke and Hall (2012). Addiction, 107, 1044-1046.
- 6. Jones, H.E., **Heil, S.H.**, Kaltenbach, K., Stine, S.M., Coyle, M.G., Arria, A.M., O'Grady, K.E., Selby, P., & Martin, P.R. (2012). Comments on: Efficacy versus effectiveness of buprenoprhine and methadone maintenance in pregnancy. <u>Journal of Addictive Diseases</u>, 31, 1-6.
- 7. Jones, H.E., Kaltenbach, K., **Heil, S.H.**, Stine, S.M., Coyle, M.G., Arria, A.M., O'Grady, K., Selby, P., Martin, P.R., Jansson, L., Fischer, G. (2012). Comment on: Intrauterine abstinence syndrome (IAS) during buprenorphine inductions and methadone tapers: can we assure the safety of the fetus? <u>Journal of Maternal-Fetal and Neonatal Medicine</u>, 25, 1197-1201.
- 8. Higgins, S.T., & **Heil, S.H.** (2015). Continuing efforts to improve cessation outcomes with pregnant cigarette smokers. <u>Addiction, 110,</u> 690-692.
- 9. Jones, H.E., **Heil, S.H.**, & O'Grady, K. (2015). Comment on: Infants of opioid-dependent mothers: Neurodevelopment at six months. Early Human Development.

 Higgins, S.T., Heil, S.H., & Solomon, L.J. (2015). A larger context for considering the Tappin et al. report on financial incentives for smoking cessation in pregnant and newly postpartum women. BMJ Rapid Response: (http://www.bmj.com.ezproxy.uvm.edu/content/350/bmj.h134/rapid-responses).

#### **Abstracts**

### Oral – Regional

**1. Heil, S.H.**, Sigmon, S.C., Meyer, M.C., & Higgins, S.T. (May 2012). <u>Improving effective contraceptive use among drug-dependent women.</u> Psychiatry Research Day, University of Vermont, Burlington, VT.

### **Oral - National**

- 1. **Heil, S.H.** (June 2000). <u>Effects of contingent reinforcement on smoking abstinence and nicotine withdrawal.</u> Contingency Management Working Group, College on Problems of Drug Dependence, San Juan, Puerto Rico.
- 2. **Heil, S.H.** (June 2001). <u>Previous abstinence as a determinant of future abstinence from smoking.</u> Contingency Management Working Group, College on Problems of Drug Dependence, Scottsdale, AZ.
- 3. **Heil, S.H.**, & Higgins, S.T. (June 2004). <u>Characterizing nicotine withdrawal and craving in pregnant cigarette smokers.</u> Paper presentation at the 66<sup>th</sup> Annual Meeting of the College on Problems of Drug Dependence (CPDD) in San Juan, Puerto Rico.
- 4. Lussier, J.P., **Heil, S.H.**, & Higgins, S.T. (June 2004). <u>An analysis of effect sizes in clinical trials of voucher-based incentives.</u> Contingency Management Working Group, College on Problems of Drug Dependence, San Juan, Puerto Rico.
- 5. Heil, S. H., Higgins, S.T., & Badger, G.J. (September 2004). <u>Characterizing nicotine</u> <u>withdrawal and craving in pregnant cigarette smokers.</u> Robert Wood Johnson Foundation Smoke-Free Families Program Phase III Grantees Meeting, Princeton, NJ.
- 6. **Heil, S.H.**, Chivers, L., & Higgins, S.T. (June 2005). <u>Efficacy of contingency management with treatment-seeking cigarette smokers.</u> Contingency Management Working Group, College on Problems of Drug Dependence, Orlando, FL.
- 7. Lussier, J.P., **Heil, S.H.**, Mongeon, J.A., Badger, G.J., & Higgins, S.T. (June 2005). <u>A meta-analysis of voucher-based reinforcement therapy for substance-use disorders.</u> Paper presentation at the 67<sup>th</sup> Annual Meeting of the College on Problems of Drug Dependence, Orlando, FL.
- 8. **Heil, S.H.**, Remillard, A., & Higgins, S.T. (February 2006). <u>Early abstinence's effect on later abstinence in cigarette smokers.</u> Participated in symposium, "Smoking and Drug/Alcohol Use: Developing Models, Interventions, and Environments that Promote Change and Cessation" (C. McNamara Spitznas, chair) held at the 11<sup>th</sup> annual meeting of the International Conference on Treatment of Addictive Behaviors in Santa Fe, NM.
- 9. **Heil, S.H.**, & Trifiletti, L. (June 2006). <u>A computer program to track earnings and purchases in VBRT interventions.</u> Contingency Management Working Group, College on Problems of Drug Dependence, Scottsdale, AZ.
- 10. Heil, S.H. (August 2006). Organized and chaired symposium, "Innovative Adaptations to

Identify and Treat Licit and Illicit Drug Use by Pregnant Women" held at the 114<sup>th</sup> annual meeting of the American Psychological Association in New Orleans, LA.

- 11. Heil, S.H., Higgins, S.T., Solomon, L.J., Lynch, M.E., McHale, L., Dumeer, A., Jacuzzi, N., Shapiro, L., & Bernstein, I.M. (February 2007). <u>Voucher-based incentives for abstinence from cigarette smoking in pregnant and postpartum women.</u> Participated in and co-chaired symposium, "Pregnancy and Post-partum" held at the 13<sup>th</sup> annual meeting of the Society for Research on Nicotine and Tobacco, Austin, TX.
- 12. Heil S, Scott T, Sigmon S, Higgins, S. (June 2008). Characterizing methadone dose during late pregnancy and postpartum. Paper presentation at the 70th Annual Meeting of the College on Problems of Drug Dependence, San Juan, PR.
- 13. Sigmon, S.C., Dunn, K., Heil, S., & Higgins, S.T. (June 2008). <u>Developing a treatment for prescription opioid abuse</u>. Paper presentation at the 70th Annual Meeting of the College on Problems of Drug Dependence, San Juan, PR.
- 14. Jones, H.E, O'Grady, K.E, Kaltenbach, K., Fischer, G., Heil, S.H., Martin, P.R., Stine, S.M., Coyle, M.G., Selby, P., & Arria, A.M. (June 2008). Smoking in pregnant patients screened for an agonist medication study: comparisons to other pregnant and/or drug dependent female patients. Paper presentation at the 70th Annual Meeting of the College on Problems of Drug Dependence, San Juan, PR.
- 15. Rogers, R.E., Higgins, S.T., & **Heil, S.H.** (August 2008). <u>Voucher-based incentives promote abstinence from smoking during pregnancy and postpartum.</u> Participated in symposium, "Expanding Contingency Management Interventions Treating Smokers, Pregnant Women, and Adolescents" held at the 116<sup>th</sup> annual meeting of the American Psychological Association, Boston, MA.
- 16. Sigmon, S.C., Dunn, K., Saulsgiver, K., Heil, S., & Higgins, S. (June 2009). <u>Randomized, double-blind trial evaluating buprenorphine taper for prescription opioid abuse.</u> Paper presentation at the 71<sup>st</sup> Annual Meeting of the College on Problems of Drug Dependence, Reno, NV.
- 17. Stine, S., Arria, A., O'Grady, K., Kaltenbach, K., Fischer, G., Martin, P., Heil, S., Coyle, M., Selby, P., & Jones, H. (June 2009). <u>Characteristics associated with cocaine use in pregnant opioid-dependent women: Preliminary results from the Maternal Opioid Treatment: Human Experimental Research study.</u> Paper presentation at the 71<sup>st</sup> Annual Meeting of the College on Problems of Drug Dependence, Reno, NV.
- 18. Tuten, M., Jones, H., O'Grady, K., Fitzsimons, H., Heil, S., & Chisolm, M. (June 2009). <u>Delivery and neonatal outcomes of pregnant methadone stabilized patients with and without a current mood disorder.</u> Paper presentation at the 71<sup>st</sup> Annual Meeting of the College on Problems of Drug Dependence, Reno, NV.
- 19. Higgins, T.M., Higgins, S.T., **Heil, S.H.**, & Badger, G.J. (June 2009). <u>Smoking cessation and breastfeeding.</u> Paper presentation at the 71<sup>st</sup> Annual Meeting of the College on Problems of Drug Dependence, Reno, NV.
- 20. Heil, S.H. (June 2010). Predictors of maternal treatment outcome in methadone and buprenorphine maintained pregnant women. Participated in and co-chaired workshop, "Methadone and Buprenorphine: Results of the Maternal Opioid Treatment: Human Experimental Research (MOTHER) Trial" (I. Montoya, chair; S. Heil, co-chair) held at the 72<sup>nd</sup> annual meeting of the College on Problems of Drug Dependence in Scottsdale, AZ.

21. Herrmann, E.S., **Heil, S.H.**, Higgins S.T., Solomon, L.J., & Bernstein, I.M. (June 2010). Natural history of changes in cigarette smoking upon learning of pregnancy. Paper presentation at the 72<sup>nd</sup> Annual Meeting of the College on Problems of Drug Dependence in Scottsdale, AZ.

- 22. Gaalema, D., Higgins, S., Heil, S., Hanson, J., Lopez, A., Solomon, L., & Naylor, A. (May 2011). The use of contingency management to promote breastfeeding in low income women. Paper presentation at the Annual Meeting of the Association for Behavior Analysis International in Denver, CO.
- 23. Sigmon, S.C., Higgins, S.T., **Heil, S.H.**. & Saulsgiver, K.A. (June 2011). <u>Investigating a genetic marker of vulnerability for stimulant abuse.</u> Paper presentation at the 73<sup>rd</sup> Annual Meeting of the College on Problems of Drug Dependence in Hollywood, FL.
- 24. Chisolm, M.S., Acquavita, S.P., Kaltenbach, K., Winklbaur, B., **Heil, S.H.**, Martin, P.R., Stine, S.M., Coyle, M., Leoutsakos, M.S., Jansson, L.M., Tuten, M., Jones, H. (June 2011). Cigarette smoking and neonatal abstinence syndrome in opioid-dependent agonist-maintained pregnant patients on methadone vs. buprenorphine. Paper presentation at the 73<sup>rd</sup> Annual Meeting of the College on Problems of Drug Dependence in Hollywood, FL.
- 25. Bradstreet, M.P., Higgins, S. T., **Heil, S.H.**, Badger, G.J., Skelly, J.M. (June 2011). <u>Delay discounting predicts smoke status during pregnancy.</u> Paper presentation at the 73<sup>rd</sup> Annual Meeting of the College on Problems of Drug Dependence in Hollywood, FL.
- 26. Herrmann, E., Heil, S., Higgins, S., Washio, Y., Donham, R., Ironside, K. (June 2011). <u>Improving HIV/AIDS knowledge among cocaine-dependent outpatients</u>. Paper presentation at the 73<sup>rd</sup> Annual Meeting of the College on Problems of Drug Dependence in Hollywood, FL.
- 27. Gaalema, D.E., Higgins, S.T., Lopez, A.A., Saulsgiver, K.A., Heil, S.H., & Bernstein, I.M. (May 2012). <u>Differentiating abstinent and non-abstinent pregnant smokers using patterns of voucher reimbursement and impulsivity measures</u>. Participated in symposium, "Recent advances in contingency management research I: Incentivizing healthy choices" (S. Meredith, chair) at the Association for Behavior Analysis International Annual Convention, Seattle, WA.
- 28. **Heil, S.H.** (June 2012). <u>Behavioral treatments for pregnant smokers: The need for more intensive and effective interventions.</u> Participated in symposium, "Do we under-treat the most prevalent form of substance abuse among pregnant women?" (S.T. Higgins, chair) at the 74<sup>th</sup> Annual Meeting of the College on Problems of Drug Dependence, Palm Springs, CA.
- 29. **Heil, S.H.**, Sigmon, S.C., Meyer, M.C., & Higgins, S.T. (June 2012). <u>Improving effective contraceptive use among drug-dependent women.</u> Contingency Management Working Group, College on Problems of Drug Dependence, Palm Springs, CA.
- 30. Gaalema, D.E., **Heil, S.H.**, Metayer, J., Johnston, A. (June 2013). <u>Difference in time to treatment in neonates exposed to buprenorphine or methadone in utero.</u> Paper presentation at the 75<sup>th</sup> Annual Meeting of the College on Problems of Drug Dependence, San Diego, CA.
- 31. **Heil, S.H.**, Hand, D.J., Sigmon, S.C., Meyer, M.C., & Higgins, S.T. (August 2013). Financial incentives to promote effective contraceptive use among drug-dependent women.

Participated in symposium, "Behavioral economics and maternal/infant health among substance abusers" (S.D. Noursi and S.T. Higgins, chairs) at the 121<sup>st</sup> Annual Meeting of the American Psychological Association, Honolulu, HI.

- 32. **Heil, S.H.**, Hand, D.J., Sigmon, S.C., Meyer, M.C., Badger, G.J., & Higgins, S.T. (April 2014). <u>Improving effective contraceptive use among opioid-maintained women.</u> Paper presentation at the 35<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA.
- 33. **Heil, S.H.**, Hand, D.J., Bergeria, C.L., Gaalema D.E., Badger, G.J., Johnston, A.M., Sigmon S.C., & Higgins, S.T. (June 2014). <u>Reliability of pupil diameter measurements in neonates.</u> Paper presentation at the 76<sup>th</sup> Annual Meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.
- 34. Bergeria, C.L. & **Heil, S.H.** (November 2014). <u>Surveying lactation professionals regarding marijuana use and breastfeeding.</u> Originally slated as a poster presentation, was later elevated to a platform presentation for the 19<sup>th</sup> Annual International Meeting of the Academy of Breastfeeding Medicine, Cleveland, OH.
- 35. **Heil, S.H.**, Solomon, L.J., Skelly, J.M., Bernstein, I.M., & Higgins, S.T. (June 2015). <u>Correspondence between self-reported and biochemical measures of cigarette smoking in pregnant women.</u> Paper presentation at the 77<sup>th</sup> Annual Meeting of the College on Problems of Drug Dependence, Phoenix, AZ (Session Chair).
- 36. Bergeria, C.L. & **Heil, S.H.** (June 2015). <u>Surveying lactation professionals regarding marijuana use and breastfeeding.</u> Paper presentation as part of the "What's Hot" Media Forum at the 77<sup>th</sup> Annual Meeting of the College on Problems of Drug Dependence, Phoenix, AZ. Video of summary of presentation posted on the National Institute on Drug Abuse's YouTube site has been viewed nearly 1,400 times.
- 37. Bergeria, C.L. & **Heil, S.H.** (June 2015). <u>Surveying lactation professionals regarding marijuana use and breastfeeding.</u> Paper presentation at the 77<sup>th</sup> Annual Meeting of the College on Problems of Drug Dependence, Phoenix, AZ.
- 38. **Heil, S.H.** (December 2015). Methadone and buprenorphine for opioid dependence during pregnancy: A retrospective cohort study. Participated in symposium, "The use of medications to treat opioid dependence during pregnancy" (K. Kaltenbach, chair) at the 26th Annual Meeting and Scientific Symposium of the American Academy of Addiction Psychiatry, Huntington Beach, CA.
- 39. Bergeria, C., Heil, S., Solomon, L., Skelly, J., Bernstein, I., & Higgins, S. (March 2016).

  <u>Correspondence between self-reported and biochemical measures of cigarette smoking in pregnant women.</u> Paper presentation at the 22nd Annual International Meeting of the Society for Research on Nicotine and Tobacco, Chicago, IL.
- 40. Redner, R., Zvorsky, I., Heil, S., Sigmon, S., Tidey, J., Stitzer, M., Gaalema, D., Desarno, M., Durand, H., & Higgins, S. (March 2016). <u>Demand for cigarettes varying in nicotine content in smokers from vulnerable populations: A pilot study</u>. Paper presentation at the 22nd Annual International Meeting of the Society for Research on Nicotine and Tobacco, Chicago, IL.
- 41. Matusiewicz, A.K., **Heil, S.H.**, Melbostad, H.S., Hand, D.J., Sigmon, S.C., Meyer, M.S., Badger, G.J., & Higgins, S.T. (April 2016). <u>Improving prescription contraceptive use</u> among opioid-maintained women: Stages I & II. Presented in focus session, "Health Care

Reform and Integration: Women's Reproductive Health in SUD Treatment" at the 47<sup>th</sup> Annual Conference of the American Society of Addiction Medicine, Baltimore, MD.

- 42. Streck, J.M., Sigmon, S.C., **Heil, S.H.**, Stitzer, M.L., Tidey, J.W., Gaalema, D.E., DeSarno, M.J., Balas, K., Durand, H.J., & Higgins, S.T. (May 2016). <u>Subjective effects of smoking among opioid-maintained individuals: Results from a pilot study examining reduced nicotine content cigarettes.</u> Paper presentation at the annual NIH Tobacco Regulatory Science Conference, Bethesda, Maryland.
- 43. **Heil, S.H.** (June 2016). The assessment and treatment of neonatal abstinence syndrome: What do we know? Participated in symposium, "Neonatal abstinence syndrome: Context and consequences in 2016" (K. Kaltenbach, chair) at the 78<sup>th</sup> Annual Meeting of the College on Problems of Drug Dependence, Palm Springs, CA.
- 44. Sigmon, S.C., Ochalek, T.A., Hruska, B., **Heil, S.H.**, Higgins, S., Rose, G., & Moore, B.A. (June 2016). <u>Interim buprenorphine treatment for reducing illicit opioid use during treatment delays.</u> Paper presentation at the 78<sup>th</sup> Annual Meeting of the College on Problems of Drug Dependence, Palm Springs, CA.
- 45. Arger, C.A., **Heil, S.H.**, Sigmon, S.C., Tidey, J.W., Stitzer, M., Gaalema, D, Desarno, M., Durand, H., Ruggieri, E., & Higgins, S.T. (June 2016). <u>Validity of the modified cigarette evaluation questionnaire in predicting the reinforcing effects of cigarettes that vary in nicotine content under double-blind conditions. Paper presentation at the 78<sup>th</sup> Annual Meeting of the College on Problems of Drug Dependence, Palm Springs, CA.</u>
- 46. Higgins, S.T., Redner, R., **Heil, S.H.**, Sigmon, S.C., Tidey, J.W., Gaalema, D.E., Stitzer, M.L. (August 2016). Reducing the burden of cigarette smoking in vulnerable populations. Presented in symposium, "Using behavioral science to evaluate the feasibility of a national nicotine reduction policy" at the 124th Annual Meeting of the American Psychological Association, Denver, CO.
- 47. Arger, C.A., Heil, S.H., Sigmon, S.C., Tidey, W.J., Stitzer, M.L., Gaalema, D.E., DeSarno, M.J., Durand, H.J., Ruggieri, E.K., & Higgins, S.T. (October 2015). Preliminary validity of the modified cigarette evaluation questionnaire in predicting the reinforcing effects of cigarettes that vary in nicotine content under double-blind conditions. Paper presentation at the annual Tobacco Centers of Regulatory Science Grantee Meeting, Bethesda, M.D.

### Oral – International

- 1. **Heil, S.H.**, McHale, L., Higgins, S.T. (June 2002). <u>Saliva and urine cotinine testing in a CM intervention for pregnant cigarette smokers.</u> Contingency Management Working Group, College on Problems of Drug Dependence, Quebec, Canada.
- 2. **Heil, S.H.** & Higgins, S.T. (August 2003). <u>Voucher-based incentives in the treatment of substance abuse</u>. Participated in symposium, "Contingency management incentives in the treatment of substance abuse" (C.E. Hughes, chair) held at the 111th annual convention of the American Psychological Association (APA) in Toronto, Ontario.
- 3. **Heil, S.H.** (October 2006). <u>Voucher-based incentives to reduce drug use during pregnancy.</u> Participated in symposium, "New Approaches in the Treatment of Opioid Dependency During Pregnancy" (K. Kaltenbach, chair) held at the 7<sup>th</sup> annual meeting of the European Opiate Addiction Treatment Association (EUROPAD) in Bratislava, Slovak Republic.
- 4. Rogers, R., Heil, S.H., & Higgins, S.T. (June 2007). Smoking during pregnancy: A

<u>contingency management intervention.</u> International Committee Workshop, "Pregnancy and Addiction" (G. Fischer & H. Jones, chairs), College on Problems of Drug Dependence, Quebec City, Quebec.

- 5. **Heil, S.H.**, Higgins, S.T., & Sigmon, S.C. (October 2009). <u>Incentives and reinforcers to promote drug abstinence and other health behavior change.</u> Invited speaker at NIDA R13 Workshop at the 8<sup>th</sup> International Conference on Urban Health in Nairobi, Kenya.
- 6. **Heil, S.H.** (May 2010). Predictors of maternal treatment outcome in methadone and buprenorphine maintained pregnant women. Participated in symposium, "Opioid Addiction and Pregnancy: The MOTHER Study" (K. Kaltenbach, chair) held at the 9<sup>th</sup> annual meeting of the European Opiate Addiction Treatment Association (EUROPAD) in Zagreb, Croatia.
- 7. Meyer, M., Johnston, A., Heil, S., & Crocker, A. (May 2012). <u>Induction onto buprenorphine during pregnancy: Evidence from real life experience.</u> Participated in symposium, "Treating opioid-dependent women: new horizons" (I.O. Lund, H. Jones, chairs) held at the 10<sup>th</sup> annual meeting of the European Opiate Addiction Treatment Association (EUROPAD) in Barcelona, Spain.
- 8. **Heil, S.H.**, Matusiewicz, A.K., Hand, D.J., Melbostad, H.S., Sigmon, S.C., Meyer, M.C., Badger, G.J., & Higgins, S.T. (May 2016). <u>Improving prescription contraceptive use among opioid-maintained women: Stages I & II.</u> Presented in symposium, "Women with opioid use disorder and reproductive health: Dispelling myths and addressing unmet needs" (M. Terplan, chair) at the 12<sup>th</sup> annual meeting of the European Opiate Addiction Treatment Association (EUROPAD) in Leiden, The Netherlands. Due to travel problems, was presented by the chair on behalf of the first author.

#### Poster - National

- 1. **Heil, S.H.** & Wilson, J.F. (1992). <u>Sex, gonadal hormone levels, and type of diet affect dietary self-selection in rats</u>. Presented at the annual meeting of the Midwestern Psychological Association Poster Session, Chicago, IL.
- 2. **Heil, S.H.** & Cramer, C.P. (1993). <u>Prolactin injections result in dose-dependent protein consumption in rats</u>. Presented at the annual meeting of the International Society for Developmental Psychobiology Poster Session, Alexandria, VA.
- 3. **Heil, S.H.** & Cramer, C.P. (1995). Prenatal testosterone exposure increases the efficiency of nipple-shifting behavior in rats. Developmental Psychobiology, 28, 186.
- 4. **Heil, S.H.**, & Cramer, C.P. (1996). Activational hormones are not necessary for expression of prolactin's sexually dimorphic effects on food intake in rats. <u>Developmental</u> Psychobiology, 29, 37.
- 5. **Heil, S.H.**, & Cramer, C.P. (1996). Litter size and its effects on dam macronutrient self-selection during lactation. <u>Society for Neuroscience.</u>
- 6. **Heil, S.H.** (1997). Sexually dimorphic effects of prolactin on food intake by rats (Doctoral dissertation, Dartmouth College, 1997). <u>Dissertation Abstracts International.</u>
- 7. **Heil, S.H.**, Wang, R., Subramanian, M.G., & Jen, K.-L. C. (1998). Maternal alcohol abuse during lactation and dam nutritional status. <u>Alcoholism: Clinical and Experimental Research</u>, 22, 102A.

8. **Heil, S.H.**, Wang, R., & Subramanian, M.G. (1999). Prolactin secretion in lactating rats following chronic alcohol exposure: The effects of extended suckling. <u>Journal of the Society for Gynecologic Investigation</u>, 6 (Suppl. 1), 206A.

- 9. **Heil, S.H.**, Wang, R., & Subramanian, M.G. (1999). Growth retardation of pups following chronic alcohol exposure: Extended observations. <u>Alcoholism: Clinical and Experimental Research</u>, 23, 109A.
- 10. **Heil, S.H.**, Subramanian, M.G., Hannigan, J.H., & Diamond, M.P. (1999). <u>Effects of clamping blood alcohol levels on plasma hormone levels in normal subjects</u>. Poster session at NIAAA Workshop, Indianapolis, IN.
- 11. Subramanian, M.G., **Heil, S.H.**, Hannigan, J.H., Kruger, M.P., & Diamond, M.P. (2000). Alcohol clamp studies in women: Blood alcohol and plasma hormone measurements. <u>Alcoholism: Clinical and Experimental Research, 24,</u> 55A.
- 12. **Heil, S.H.**, & Higgins, S.T. (2000). Previous abstinence as a determinant of future abstinence from smoking. Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 13. **Heil, S.H.**, Tidey, J.W., & Higgins, S.T. (2000). Effects of contingent reinforcement on smoking abstinence and nicotine withdrawal. <a href="Pharmacology">Pharmacology</a>, Biochemistry, and Behavior.
- 14. Laws, H.F., **Heil, S.H.**, Bickel, W.K., Higgins S.T., Faries, D.E, & Badger, G. (2001). Subjective responses to LY139603 (tomoxetine) and methylphenidate. <u>Biological Psychiatry 49</u>, 70.
- 15. Heil, S.H., Holmes, H.W., Bickel, W.K., Higgins, S.T., Badger, G., Laws, H.F., & Faries, D.E. (2001). Comparison of subjective effects of tomoxetine and methylphenidate. Retrieved June 5, 2005, from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 16. Higgins, S.T., **Heil, S.H.**, Sigmon, S.C., Wong, C.J., Donham, R., Anthony, S.L., & Badger, G.J. (2001). The role of CRA in the CRA+vouchers treatment for cocaine dependence. Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 17. Plebani, J.G., Higgins, S.H., Alessi, S.M. & **Heil, S.H.** (2001). Relationship between CO cutpoint and cigarette smokers' ability to satisfy the criterion in an incentive-based abstinence study. Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 18. **Heil, S.H.**, Levinson, S. & Higgins, S.T. (2001). Adaptive functioning in cocaine-dependent patients versus normal controls. <u>Pharmacology Biochemistry and Behavior.</u>
- 19. Schuh, K.J., Bymaster, F., Calligaro, D., Nisenbaum, E., Emmerson, P., Statnick, M., Leander, J., Kallman, M., Heil, S., & Bickel, W. Abuse liability assessment of atomoxetine, a nonstimulant pharmacotherapy for ADHD. (2002). <a href="https://doi.org/10.1001/jhear.2002">The American Academy of Child and Adolescent Psychiatry.</a>
- 20. **Heil, S.H.**, Higgins, S.T., Wong, C.J., Sigmon, S.C., Donham, R., Anthony, S., Dantona, R. & Badger, G.J. (2002). Further observations on the role of CRA in the CRA + vouchers

treatment for cocaine dependence. Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.

- 21. Higgins, S.T., **Heil, S.H.**, Plebani Lussier, J., Solomon, L., Abel, R.L., Lynch, M.E. & McHale, L. (2002). Effects of abstinence-contingent vouchers on cigarette smoking among pregnant women. Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 22. Plebani Lussier, J., Higgins, S.T., Abel, R.L., Lynch, M.E., McHale, L., **Heil, S.H.**, & Solomon, L.J. (2002). Baseline smoking as a predictor of response to vouchers in pregnant women. Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 23. **Heil, S.H.**, Sigmon, S.C., McHale, L., Badger, G. & Higgins, S.T. (2002). Increasing HIV/AIDS-related knowledge in cocaine-dependent patients. <u>Pharmacology Biochemistry and Behavior</u>.
- 24. **Heil, S.H.**, Higgins, S.T., Badger, G.J., Dantona, R., Donham, R., & Horn, S. (2003). Influence of voucher amount in the treatment of male and female cocaine-dependent outpatients. Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 25. Higgins, S.T., **Heil, S.H.**, Solomon, L., Plebani-Lussier, J., Lynch, M.E., McHale, L., Simpson, L., & Glasmann, P. (2003). Voucher-based incentives for abstinence from cigarette smoking in pregnant and postpartum women. Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 26. Plebani Lussier, J., Heil, S. H., & Higgins, S.T. (2003). Cotinine cutpoints during pregnancy and postpartum: Do they need to be different? Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 27. Plebani Lussier, J., Higgins, S.T., Johnson, M.W., & **Heil, S.H.** (2003). Delay discounting in pregnant smokers: An initial examination. Pharmacology Biochemistry and Behavior.
- 28. Higgins, S.T., **Heil, S.H.**, Dantona, R., Donham, R., & Badger, G.J. (2004). Early and longer-term cocaine abstinence in outpatients. Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 29. Bernstein, I.M., Mongeon, J.A., Badger, G.J., Lynch, M.E., **Heil, S.H.**, & Higgins, S.T. (2005). Reduced maternal smoking in the third trimester is associated with improved birth weight percentiles. Journal of the Society for Gynecologic Investigation.
- 30. **Heil, S.H.**, Higgins, S.T., Solomon, L., Bernstein, I.M., Lynch, M.E., McHale, L., Jacuzzi, N., & Dumeer, A. (2005). Voucher-Based Incentives for Abstinence from Cigarette Smoking in Pregnant and Postpartum Women. Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 31. Higgins, S.T., **Heil, S.H.**, Badger, G.J., Mongeon, J.A., Solomon, L.J., McHale, L., & Bernstein, I.M. (2005). Biochemical Verification of Smoking Status in Pregnant and Recently Postpartum Women. Retrieved from The College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 32. Yoon, J.H., Higgins, S.T., & **Heil, S.H.** (2006). Repeated assessment of delay discounting by pregnant smokers for hypothetical outcomes. Retrieved from the Association for

Behavior Analysis Convention Program Web site: <a href="http://www.abainternational.org/convention/program.aspx">http://www.abainternational.org/convention/program.aspx</a>.

- 33. **Heil, S.H.**, Remillard, A.M., & Higgins, S.T. (2006). Early abstinence's effect on later abstinence in cigarette smokers. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 34. Higgins, S.T., **Heil, S.H.**, Solomon, L.J., Bernstein, I.M., Dumeer, A.M., & Thomas, C.S. (2006). Early smoking status predicts smoking-cessation outcomes in pregnant women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 35. Yoon, J.H., Higgins, S.T., **Heil, S.H.**, Thomas, C.S., & Sugarbaker, R.J. (2006). Delay discounting predicts postpartum relapse to cigarette smoking among pregnant women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 36. Chivers, L., Higgins, S.T., White, R.M., Badger, G.J., & **Heil, S.H.** (2006). Modeling the effects of brief smoking lapses during the initial weeks of smoking cessation. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 37. McKerchar, T. L., Heil, S. H., Johnson, M. W., & Higgins, S. T. (2007). Delay discounting of various commodities by cocaine-dependent outpatients: Comparison of two equations and associated measures of discounting. Presented at the annual meeting of the Society for Quantitative Analyses of Behavior, San Diego, CA.
- 38. Heil, S.H., Trifiletti, L.C., & Jones, H.E. (2007). Comparison of characteristics of opioid-dependent pregnant women in rural and urban settings. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 39. Scott, T.L., **Heil, S.H.**, & Higgins, S.T. (2007). Self-report of psychopathology in a sample of pregnant smokers and pregnant quitters. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 40. McKerchar, T.L., **Heil, S.H.**, Sigmon, S.C., Dantona, R.L., & Higgins, S.T. (2007). Delay discounting of money, cocaine, cigarettes, and health in cocaine-dependent outpatients. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 41. Rogers, R., Higgins, S.T., **Heil, S.H.**, Thomas, C.S., & Vitale, R.M. (2007). Correspondence between changes in cigarette smoking and caffeine use among pregnant women. Retrieved from the College on Problems of Drug Dependence, Annual Meeting Program and Abstracts web page
- 42. Bernstein, I.M., Solomon, L., Heil, S., Lynch, M.E., Coutinho, Y., Thomas, C., Badger, G.J., & Higgins, S.T. Contingent Voucher Based Incentives to Reduce Maternal Smoking Improve Fetal Growth. Society for Gynecologic Investigation 2007 Reno NV.
- 43. Scott, T.L., **Heil, S.H.**, Higgins, S.T., Sigmon, S.C., & Jones, H.E. (2008). Examination of withdrawal symptoms in methadone- or buprenorphine-exposed infants. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.

44. Stine, S., Heil, S., Arria, A., O-Grady, K., Kaltenbach, K., Fischer, G., Martin, P., Coyle, M., Selby, P., & Jones, H. (2008). Characteristics of opioid-dependent pregnant women who accept or refuse participation in a clinical trial. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.

- 45. Dunn, K.E., Sigmon, S.C., **Heil, S.H.**, & Higgins, S.T. (2008). Semi-quantitative buprenorphine testing in an ongoing study with prescription opioid abusers. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 46. Heil, S., Jones, H., Wagner, M., Martin, P., Fischer, G., Stine, S., Coyle, M., Selby, P., & Kaltenbach, K. (2008). Pregnancy intendedness in opioid-using pregnant women. Presented at the 116th Annual Meeting of the American Psychological Association, Boston, MA.
- 47. Scott, T., Heil, S., Holbrook, A. & Kaltenbach, K. (2008). Drug use differences in rural and urban opioid-dependent pregnant women. Presented at the 116th Annual Meeting of the American Psychological Association, Boston, MA.
- 48. Sigmon, S.C., Dunn, K., Heil, S., & Higgins, S.T. (2008). A behavioral intervention to reduce smoking among opioid maintenance patients. Presented at the 116th Annual Meeting of the American Psychological Association, Boston, MA.
- 49. **Heil, S.H.**, Higgins, S.T., Solomon, L.J., & Bernstein, I.M. (2009). Characteristics associated with smoking severity during pregnancy. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 50. Linares Scott, T., Heil, S. Jones, H., Wagner, M., Fischer, G., Kaltenbach, K., Martin, P., Stine, S., Coyle, M., & Selby, P. (2009). Legal issues among drug-using pregnant women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 51. Herrmann, E., Heil, S., Higgins, S., Solomon, L., & Bernstein, I. (2009). Smoking and health behavior beliefs among pregnant smokers and spontaneous quitters. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 52. Washio, Y., Higgins, S.T., **Heil, S.H.**, Skelly, J.M., Badger, G.J., & Solomon, L.J. (2009). Low educational attainment and cigarette smoking during pregnancy. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 53. Herrmann, E.S., **Heil, S.H.**, Higgins S.T., Solomon, L.J., & Bernstein, I.M. (2010). Natural history of changes in cigarette smoking upon learning of pregnancy. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.
- 54. Saulsgiver, K., Dunn, K. Patrick, M., Sigmon, S., Heil, S., & Higgins, S. (2010). A behavioral approach to smoking cessation among opioid-maintained patients. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.
- 55. Higgins, S.T., Washio, Y., Higgins, T.M., Heil, S.H., Badger, G.J., Skelly, J.M., Solomon, L.J., Bernstein, I.M., & Lynch, M.E. (2010). Effects of treatment with voucher-based contingency management of maternal smoking, birth outcomes, and breastfeeding.

Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.

- 56. Patrick, M., Saulsgiver, K., Dunn, K., **Heil, S.H.**, Sigmon, S.C., & Higgins, S.T. (2010). Parametric evaluation of buprenorphine taper duration for prescription opioid abuse. Presented at the 1st annual Neuroscience, Behavior, and Health Research Forum, Burlington, VT.
- 57. Chisolm, M., Acquavita, S., Wilson-Murphy, M., Tuten, M., Leoutsakos, J., Heil, S., Kaltenbach, K., Martin, P.R., Winklbaur, B., & Jones, H.E. (2011). A comparison of cigarette smoking profiles in opioid-dependent pregnant patients receiving methadone or buprenorphine. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.
- 58. **Heil, S.H.**, Gaalema, D., Higgins, S.T., Sigmon, S.C., & Johnston. A. (2011). Infant pupil diameter in response to opioid administration. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 59. Gaalema, D., Heil, S., Scott, T., Coyle, M., Kaltenbach, K., Jones, H., Martin, P., Stine, S., & Arria, A. (2011). Differences in the profile of neonatal abstinence syndrome signs in methadone- vs. buprenorphine-exposed infants. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 60. Unger, A., Jagsch, R., Bäwert, A., Winklbaur, B., Martin, P.R., Coyle, M., Kaltenbach, K., Heil, S., Stine, S., & Fischer, G. (2011). Absence of sex differences related to the neonatal abstinence syndrome among infants born to women in opioid agonist treatment. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 61. Stine, S.M., Thakur, P., Jones, H., Fisher, G., Kaltenbach, K., Heil, S., Martin, P., Coyle, M., & Selby, P. (2011). Effect of cocaine on treatment outcomes in opioid-using pregnant women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 62. Wilson-Murphy, M.M., Chisolm, M.S., Leoutsakos, J.S., Kaltenbach, K., **Heil, S.H.**, Martin, P.R., Stine, S.M., Coyle, M., Tuten, M., & Jones, H.E. (2011). Treatment completion in opioid-dependent pregnant patients randomized to agonist treatment: The role of intravenous drug use. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 63. Washio, Y., Higgins, S.T., **Heil, S.H.**, McKerchar, T.L., Badger, G.J., Skelly, J.M., & Dantona, R.L. (2011). Delay discounting as a predictor of treatment response among cocaine-dependent outpatients. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 64. Saulsgiver, K.A., Dunn, K., Sigmon, S., Heil, S., & Higgins, S.T. (2011). Baseline delay discounting predicts response to a behavioral smoking intervention among opioid-maintained patients. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 65. Lopez, A.A., Higgins, S.T., **Heil, S.H.**, Washio, Y., Badger, G.J., Skelly, J.M., Lynch, M.E., Solomon, L.J., & Bernstein, I.M. (2011). Does depression interfere with contingency-management treatment for pregnant cigarette smokers? Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.

66. Benningfield, M.M., Dietrich, M.S., Jones, H.E., Kaltenbach, K., **Heil, S.H.**, Stine, S.M., Coyle, M.G., Arria, A.M., Selby, P., Baewert, A., & Martin, P.R. (2011). Effects of anxiety and depression on treatment of opioid dependence during pregnancy. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.

- 67. Gaalema, D., Bradstreet, M., Higgins, S., Heil, S., & Bernstein, I.M. (2011). Using NicAlert® strips to validate smoking status in pregnant cigarette smokers. Presented at the 119th Annual Meeting of the American Psychological Association, Washington, DC.
- 68. **Heil, S.H.**, Johnston, A.M., Crocker, A.M., Metayer, J.S., & Meyer, M.C. (2012). Comparative effectiveness of methadone and buprenorphine for the treatment of opioid dependence during pregnancy: A retrospective cohort study. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 69. Gaalema, D.E., Higgins, S.T., Pepin, C.S., **Heil, S.H.**, & Bernstein, I.M. (2012). Illicit drug use among pregnant women enrolled in treatment for cigarette smoking cessation. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 70. Herrmann, E., Heil, S., Higgins, S., Sigmon, S., Solomon, L., & Bernstein, I. (2012). Characterizing nicotine withdrawal in pregnant smokers. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 71. Lopez, A.A., Higgins, S.T., **Heil, S.H.**, Skelly, J.M., Lynch, M.E., Solomon, L.J., & Bernstein, I.M. (2012). Characterizing the relationship between smoking status and breastfeeding among newly postpartum women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 72. Heil, S.H, Herrmann, E.S., Higgins, S.T., Solomon, L.J., Sigmon, S.C., & Bernstein, I.M. (2012). Characterizing nicotine withdrawal in pregnant smokers. Presented at the 120th Annual Meeting of the American Psychological Association, Orlando, FL.
- 73. **Heil, S.H.**, Sigmon, S.C., Meyer, M.C., & Higgins, S.T. (2012). Improving effective contraceptive use among drug-dependent women: A feasibility study. <u>Contraception, 86, 308</u>.
- 74. Bernstein, I.M., Frenn, R., Badger, G., Heil, S., & Higgins, S. (2012). Influence of maternal age on birth outcomes in smoking mothers. <u>Reproductive Sciences</u>, 19(Suppl.), 146A.
- 75. Lopez, A.A., Higgins, S.T., **Heil, S.H.**, Skelly, J.M., Lynch, M.E., Solomon, L.J., & Bernstein, I.M. (2013). Smoking and breastfeeding: Characterizing the relationship and its predictors among a sample of spontaneous quitters. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.
- 76. Sigmon, S.C., Patrick, M.E., Meyer, A., **Heil, S.H.**, & Higgins, S.T. (2013). Financial incentives to sustain smoking abstinence in opioid-maintained patients. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.
- 77. Heil, S.H, Herrmann, E.S., Higgins, S.T., Solomon, L.J., Sigmon, S.C., & Bernstein, I.M. (2013). Characterizing nicotine withdrawal in pregnant smokers. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.

78. Meyer, A.C., Sigmon, S.C., Patrick, M.E., **Heil, S.H.**, & Higgins, S.T. (2013). Characterizing prescription opioid abusers with and without lifetime heroin use. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.

- 79. Herrmann, E., **Heil, S.H.**, & Hand, D. (2013). Sexual discounting among opioid-maintained women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 80. Lopez, A.A., Higgins, S.T., **Heil, S.H.**, Skelly, J.M., Lynch, M.E., Solomon, L.J., & Bernstein, I.M. (2013). Relationships between postpartum cigarette smoking and breastfeeding duration. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 81. Higgins, S.T., Washio, Y., Lopez, A.A., **Heil, S.H.**, Solomon, L.J., Lynch, M.E., Hanson, J., Higgins, T.M., Skelly, J., & Bernstein, I.M. (2013). Incentive-based treatment for pregnant smokers. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 82. Patrick, M.E., Sigmon, S.C., Meyer, A.C., **Heil, S.H.**, & Higgins, S.T. (2013). Influence of bupropion on smoking abstinence in opioid-maintained smokers. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 83. Hand, D., & **Heil, S.H.** (2013). Identifying avenues for interventions to increase contraceptive use by opioid-maintained women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 84. **Heil, S.H.**, Hand, D.J., Sigmon, S.C., Meyer, M.C., & Higgins, S.T. (2013). Improving effective contraceptive use among opioid-maintained women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 85. Lopez, A.A., Higgins, S.T., **Heil, S.H.**, Skelly, J.M., Lynch, M.E., Solomon, L.J., & Bernstein, I.M. (2013). Relationships between postpartum cigarette smoking and breastfeeding duration. Presented at the 121st Annual Meeting of the American Psychological Association. Honolulu. HI.
- 86. Meyer, M., Crocker, A., Heil, S., & Johnston, A. (2014). Buprenorphine induction during pregnancy: cardiovascular changes in response to opioid withdrawal. <u>American Journal of Obstetrics and Gynecology, 210</u>, Supplement, S344.
- 87. Cooper, K., Bernstein, I., Skelly, J., Higgins, S., & Heil, S. (2014). The independent contribution of uterine blood flow to birth weight and body composition in smoking mothers. American Journal of Obstetrics and Gynecology, 210, Supplement, S393.
- 88. Patrick, M., Dunn, K., **Heil, S.**, Higgins, S., & Sigmon, S. (2014). Spontaneous reductions in smoking during double-blind buprenorphine detoxification. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.
- 89. Hand, D.J., **Heil, S.H.**, Sigmon, S.C., & Higgins, S.T. (2014). Cigarette smoking and other behavioral risk factors related to unintended pregnancy. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 90. Bergeria, C.L., Hand, D., Meyer, M., Sigmon, S.C., Higgins, S.T., & **Heil, S.H.** (2014). Characterizing interpregnancy intervals of opioid-maintained women. Retrieved from the

College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.

- 91. Meyer, A.C., Patrick, M.E., **Heil, S.H.**, Higgins, S.T., & Sigmon, S.C. (2014). Gender differences in smoking and treatment outcome among opioid-maintained smokers. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 92. Bergeria, C.L., Hand, D. H., Meyer, M., Sigmon, S. C., Higgins, S. T., & **Heil, S.H.** (2014). Characterizing interpregnancy intervals of opioid-maintained women. Presented at the 122nd Annual Meeting of the American Psychological Association, Washington, D. C.
- 93. Arger, C., **Heil, S.H.**, & Higgins, S.T. (2015). Correspondence between self-reported and biochemical measures of smoking in opioid-dependent pregnant women. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.
- 94. Sigmon, S.C., Meyer, A. C., Hruska, B., Ochalek, T., **Heil, S.H.**, Higgins, S.T., & Schwartz, R.P. (2015). Interim buprenorphine treatment: Leveraging technology to bridge waitlist delays. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 95. Melbostad, H.S., & **Heil, S.H.** (2015). Postpartum contraceptive behavior of opioid-maintained pregnant women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 96. Arger, C.A., Higgins, S.T., & **Heil, S.H.** (2015). Correspondence between self-reported and biochemical measures of smoking in opioid-dependent pregnant women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 97. Hand, D.J., & **Heil, S.H.** (2015). Contraceptive use and risky sexual behavior varies with frequency of cocaine, crack cocaine, or methamphetamine use. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 98. Bergeria, C.L., **Heil, S.H.**, Solomon, L. J., Skelly, J. M., Bernstein, I. M., Durand, H.J., & Higgins, S.T. (2015). Correspondence between self-reported and biochemical measures of cigarette smoking in pregnant women. Presented at the annual Tobacco Centers of Regulatory Science Grantee Meeting, Bethesda, Maryland.
- 99. Streck, J.M., Sigmon, S.C., **Heil, S.H.,** Stitzer, M.L., Tidey, J.W., Gaalema, D.E., DeSarno, M.J., Balas, K., Durand, H.J., & Higgins, S.T. (2015). Does nicotine function differently among opioid-dependent versus nondependent smokers? Presented at the annual Tobacco Centers of Regulatory Science Grantee Meeting, Bethesda, Maryland.
- 100. Bergeria, C. L., & **Heil, S.H.** (2015). Surveying lactation professionals regarding marijuana use and breastfeeding. Presented at the annual National Conference and Exhibition of the American Academy of Pediatrics, Washington, D.C.
- 101. Arger, C., Heil, S., Sigmon, S., Tidey, J., Stitzer, M., Gaalema, D., DeSarno, M., Durand, H., Ruggieri, E., & Higgins, S. (2016). Validity of the Cigarette Evaluation Questionnaire in predicting the reinforcing effects of cigarettes that vary in nicotine yield under double-blind conditions. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.

102. Davis, D., **Heil, S**., Sigmon, S., Tidey, J., Stitzer, M., Gaalema, D., DeSarno, M., Durand, H., Tromblee, M., & Higgins, S. (2016). Investigating changes in smoking topography upon initial exposure to very low nicotine content cigarettes. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.

- 103. Streck, J., Sigmon, S., Heil, S., Stitzer, M., Tidey, J., Gaalema, D., DeSarno, M., Balas, K., Durand, H., & Higgins, S. (2016). Subjective effects of smoking among opioid-maintained individuals: Results from a pilot study examining reduced nicotine content cigarettes. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.
- 104. Higgins, S., Heil, S., Sigmon, S., Tidey, J., Gaalema, D., Stitzer, M., Vandrey, R., Arger, C., Miller, M., & Pacek, L. (2016). Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.
- 105. Brown, A., Skelly, J.M., **Heil, S.H.**, Higgins, S.T., & Bernstein, I.M. (2016). Effect of maternal smoking cessation on blood pressure during pregnancy. <u>Reproductive Sciences</u>, <u>23</u> (Suppl.).
- 106. Bergeria, C.L., **Heil, S.H.**, Sigmon, S.C., Durand, H.J., Bunn, J., & Higgins, S.T. (2016). Comparing the Smoking Topography of Usual Brand Cigarettes in Pregnant and Non-Pregnant Smokers. Presented at the NIH Tobacco Regulatory Science Conference, Bethesda, Maryland.
- 107. Matusiewicz, A.K., Melbostad, H.S., & **Heil, S.H.** (2016). Barriers to long-acting reversible contraceptive use among opioid-maintained women. Presented at the 9<sup>th</sup> annual International Women's and Children's Health and Gender Group conference, La Quinta, CA. Won "Best Poster" award.
- 108. Matusiewicz, A.K., Melbostad, H.S., & **Heil, S.H.** (2016). Barriers to long-acting reversible contraceptive use among opioid-maintained women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 109. Ochalek, T.A., Pusey, J.D., Hruska, B., Heil, S. H., Higgins, S.T., Rose, G., Moore, B.A., & Sigmon, S.C. (2016). Within-subject evaluation of interim buprenorphine vs. waitlist on illicit opioid use. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 110. Bergeria, C.L., **Heil, S.H.**, Sigmon, S.C., Durand, H., & Higgins, S. (2016). Comparing smoking topography of usual brand cigarettes in pregnant and non-pregnant women. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 111. Melbostad, H.S., Badger, G.J., Matusiewicz, A.K., & **Heil, S.H.** (2016). Contraceptive use among female smokers. Retrieved from the College on Problems of Drug Dependence Annual Meeting Program and Abstracts web page.
- 112. Ochalek, T.A., Hruska, B., **Heil, S. H.,** Higgins, S.T., Rose, G., Moore, B.A., & Sigmon, S.C. (2016). Interim buprenorphine treatment for reducing illicit opioid use during delays to treatment entry. Presented at the 124th Annual Meeting of the American Psychological Association, Denver, CO.
- 113. Bergeria, C.L., **Heil, S.H.**, Sigmon, S.C., Durand, H., & Higgins, S. (2016). Comparing smoking topography of usual brand cigarettes in pregnant and non-pregnant smokers.

Presented at the 124th Annual Meeting of the American Psychological Association, Denver, CO.

- 114. Melbostad, H.S., **Heil, S.H.**, Matusiewicz, A.K., & Wachtel, D. (2016). Contraception use and pregnancy intention among opioid-maintained women. Presented at the 124th Annual Meeting of the American Psychological Association, Denver, CO.
- 115. Matusiewicz, A.K., Melbostad, H.S., & **Heil, S.H.** (2016). Barriers to long-acting reversible contraceptive use among opioid-maintained women. Presented at the 124th Annual Meeting of the American Psychological Association, Denver, CO.
- 116. **Heil, S.H.**, Matusiewicz, A.K., Melbostad, H.S., Sigmon, S.C., Meyer, M.C., & Higgins, S.T. (2016). Increasing effective contraceptive use among opioid-maintained women at risk for unintended pregnancy. Contraception, 94, 403-404.
- 117. Higgins, T., Dougherty, A., & **Heil, S.H.** (2016). Long-acting reversible contraception insertion rates in women with Medicaid vs. private insurance in a clinic with a two-visit protocol. Contraception, 94, 413. Won a "Top Poster Abstract" award.
- 118. Bergeria, C.L., **Heil, S.H.**, Sigmon, S.C., Bunn, J., & Higgins, S.T (2016). Comparing the Smoking Topography of Usual Brand Cigarettes in Pregnant and Non-Pregnant Smokers. Presented at the annual Tobacco Centers of Regulatory Science Grantee Meeting, Bethesda, Maryland.
- 119. Arger, C.A., Taghavi, T., **Heil, S.H.**, Skelly, J., Tyndale, R.F., & Higgins, S.T. (2016). Influence of pregnancy on the nicotine metabolite ratio: Examining changes of nicotine metabolism and enzyme pathways during antepartum and postpartum. Presented at the annual Tobacco Centers of Regulatory Science Grantee Meeting, Bethesda, Maryland.
- 120. Streck, J.M., Davis, D.R., Bergeria, C.L., Bunn, J.Y., Sigmon, S.C., **Heil, S.H.**, Gaalema, D., & Higgins, S.T. (2016). Characterizing smokers who use American Indian reservation cigarettes. Presented at the annual Tobacco Centers of Regulatory Science Grantee Meeting, Bethesda, Maryland.

### Poster - International

- Laws, H.F., Heil, S.H., Bickel, W.K., Higgins, S.T., Faries, D.E., & Badger, G. (2001). Subjective responses to LY139603 (atomoxetine) and methylphenidate. <u>European Neuropsychopharmacology</u>, 11(Suppl. 3), s318.
- 2. Higgins, S.T., **Heil, S.H.**, Rogers, R.E., Solomon, L.J., & Badger, G.J. (2009). Voucher-based contingency management in treating pregnant cigarette smokers. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.
- 3. Arger, C., Taghavi, S., Higgins, S., Tyndale. R, & Heil, S. (2017). Examining the time course of the nicotine metabolite ratio and enzyme pathways during antepartum and postpartum. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.
- 4. Bergeria, C., Higgins, S., Sigmon. S., Durand, H., Bunn, J., & Heil, S. (2017). Comparing smoking topography of usual brand cigarettes in pregnant and non-pregnant smokers. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.

5. Streck, J., Davis, D., Bergeria, C., Bunn, J., Sigmon, S., Heil, S., Gaalema, D., & Higgins, S. (2017). Characterizing smokers who use American Indian reservation cigarettes. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.

6. Davis, D., Bergeria, C., Streck, J., Bunn, J., Gaalema, D., Heil, S., Sigmon, S., Stitzer, M., Tidey, J., & Higgins, S. (2017). Examining the influence of metholation on the reinforcing effects of usual brand and research cigarettes of varying nicotine content in vulnerable populations. Retrieved from the Society for Research on Nicotine and Tobacco Past Annual Meetings web page.

### **Patents Issues for Pending**

Not applicable

#### **Other Creative Activities**

### **Quality Improvement and Patient Safety Activities**

Vermont Oxford Network

Expert Discussant, iNICQ 2013: Controversies in Caring for Infants and Families Affected by Neonatal Abstinence Syndrome

Faculty Member, iNICQ 2014: Structuring Success in the Care of Infants and Families Affected by Neonatal Abstinence Syndrome

Expert Discussant, iNICQ 2015: Universal Training Solutions Improving Outcomes for Infants and Families Affected by Neonatal Abstinence Syndrome

### SUMMARY OF SCHOLARLY ACTIVITIES

Throughout my career, my overarching interest has been in conducting rigorous, empirical research that will improve the lives of drug-abusing women and their children. A primary area of interest and expertise is opioid dependence during pregnancy. I was the PI of the University of Vermont site of the MOTHER (Maternal Opioid Treatment: Human Experimental Research) trial, an eight-site, international, randomized clinical trial comparing the safety and efficacy of methadone and buprenorphine for the treatment of opioid dependence during pregnancy. The results indicated that buprenorphine-exposed infants had significantly better outcomes and were published in the New England Journal of Medicine (Jones, Kaltenbach, Heil et al., 2010). These data have already influenced clinical practice guidelines in the United States, Norway, Denmark, Sweden, and Australia. Among many other publications in this area, I collaborated with Marjorie Meyer, MD, in the Department of Obstetrics, Gynecology, and Reproductive Sciences, to replicate the MOTHER trial results in a large (600+) retrospective cohort study of opioid-maintained pregnant women who delivered at University of Vermont Medical Center (Meyer et al., 2015), extending the generalizability of the randomized trial results. I am also currently pursing two related lines of research. First, I received an R34 Clinical Trials Planning Grant to develop an intervention to reduce the rate of unintended pregnancy, which is a startling 86% among opioid-dependent women (Heil et al., 2011). In the pilot trial, none of the women in the experimental condition became pregnant vs. 20% of control condition participants. I have since received an R01 to conduct a larger trial of this intervention. Second, I received an R01 to test the reliability and validity of pupil diameter as a measure of opioid withdrawal in infants exposed in utero. Working with Anne Johnston, MD, in the Department of Pediatrics, our promising feasibility study data suggest that pupil diameter may be a more sensitive and objective measure of withdrawal compared to the observer-rated scale currently used (Heil et al., 2012). I have also been a Co-Investigator on a number of grants with opioiddependent patients, including trials examining smoking cessation, taper durations, and an interim treatment approach for patients on waitlists for agonist maintenance.

Another major area of interest has been reducing harm among women who smoke cigarettes, especially during pregnancy. I have been a Co-Investigator on a series of clinical trials to develop an incentive-based intervention for pregnant cigarette smokers. Most pregnant smokers are unable to guit and cessation rates produced by existing interventions are low (< 20%). Our research group has reliably shown that an incentive-based intervention significantly increases smoking cessation (34% vs. 7% in experimental vs. control conditions, respectively) and birth weight (3300 vs. 3100 g) (Higgins, Heil et al., 2004; Heil et al., 2008; Higgins et al., 2010, 2014). US states, including Wisconsin and Oregon, and the National Health Service of the UK are already testing this approach in routine clinical practice. An ongoing trial at UVM is also examining the cost-effectiveness of this intervention. Among many other publications in this area, I reported the first prospective characterization of nicotine withdrawal in pregnant cigarette smokers using data from these trials (Heil et al., 2006) and subsequently received an R01 to study this topic further. I am also currently the project PI on a P50 center grant funded by the National Institute on Drug Abuse and the Food and Drug Administration (FDA) that is investigating whether reducing the nicotine content of cigarettes reduces their addiction potential among less educated women of childbearing age (pregnant and non-pregnant). This work will have significant impact on tobacco regulatory science in the near future now that the FDA has the authority to regulate the nicotine content of cigarettes (i.e., Family Smoking Prevention and Tobacco Control Act of 2009).

### **INVITED PRESENTATIONS**

	PRESENTATIONS			
Regional				
1997	Reproductive Endocrinology Group, Department of Obstetrics and Gynecology, Wayne State University  Sexually dimorphic effects of prolactin on food intake by rats	Detroit, MI		
1998	Developmental Psychobiology Group, Department of Psychology, Wayne State University Interactions between mating systems and parent/offspring relationships in East African mammals	Detroit, MI		
2010	General Clinical Research Center, Fletcher Allen Health Care Opioid addiction and pregnancy: The MOTHER Study	Burlington, VT		
2012	Vermont Improving Care for Opioid-exposed Neonates (ICON) project statewide meeting Treating pregnant opioid-dependent women and their infants: The latest research.	Northfield, VT		
2013	Vermont Center on Behavior and Health Lecture Series  Buprenorphine for treating opioid-dependent pregnant women:  Behavioral pharmacology in action	Burlington, VT		
2013	University of Vermont Department of Obstetrics, Gynecology, and Reproductive Sciences Annual Research Retreat Improving effective contraceptive use among opioid-maintained women	Burlington, VT		
2015	University of Vermont Department of Obstetrics, Gynecology, and Reproductive Sciences Research Seminar  Improving effective contraceptive use among opioid-maintained women: Stages I & II	Burlington, VT		

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National 2004	Future Directions in Contingency Management Research, meeting sponsored by the National Institute on Drug Abuse at University of Vermont  Voucher-based treatment of cigarette smoking in pregnant and recently postpartum women with S.T. Higgins	Burlington, VT
2008	College on Problems of Drug Dependence Mini-Conference entitled "Women and Smoking: Understanding Socioeconomic Influences"  An overview of effective substance abuse treatment practices for other substance use disorders among disadvantaged women	Annapolis, MD
2011	U.S. Navy Conference entitled "Incentives and Health"  Incentives to promote family planning	College Park, MD
2012	Ohio Valley Node of the National Institute on Drug Abuse's Clinical Trials Network  Opioid dependence during pregnancy: Improving neonatal and maternal outcomes	Teleconference
2012	Participant in scientific forum, "Toxicology in pregnancy" (J. Tolosa, chair) held at the 32nd Annual Meeting of the Society for Maternal-Fetal Medicine  Voucher-based contingency management for smoking cessation during pregnancy	Dallas, TX
2012	Johns Hopkins University's Behavioral Pharmacology Research Seminar Series Improving outcomes among opioid-exposed neonates	Baltimore, MD
2012	Merrill Palmer Skillman Institute for Child and Family Development, Wayne State University Promoting smoking cessation during pregnancy	Detroit, MI
2012	Division of Reproductive Health Seminar, Centers for Disease Control and Prevention <u>Financial incentives for increasing smoking cessation and improving other aspects of reproductive health among disadvantaged women.</u>	Atlanta, GA
2012	New Fellows Symposium at the 120 <sup>th</sup> annual meeting of the American Psychological Association Opioid dependence during pregnancy: Improving neonatal and maternal outcomes	Orlando, FL
2012	Expert Meeting on Perinatal Illicit Drug Use, Centers for Disease Control and Prevention <u>Evidence-based psychosocial treatments for illicit drug use during pregnancy</u>	Atlanta, GA
2013	Participant in conference, "Behavior Change, Health, and Health Disparities," sponsored by the Vermont Center on Behavior and Health, University of Vermont Financial incentives to promote more effective contraceptive use among opioid-maintained women with Hand, D.J., Sigmon, S.C.,	Burlington, VT

Meyer, M.C., & Higgins, S.T.

Participant in 2<sup>nd</sup> annual Behavior Change, Health, and Health
 Disparities conference sponsored by the Vermont Center on
 Behavior and Health, University of Vermont
 Improving prescription contraceptive use among opioid-maintained
 women with Hand, D.J., Sigmon, S.C., Meyer, M.C., & Higgins, S.T.
 Participated in 3<sup>nd</sup> annual Behavior Change, Health, and Health
 Disparities conference sponsored by the Vermont Center on
 Behavior and Health, University of Vermont

women: Stages I & II

2015 Participated in panel session on "Reproductive Health Throughout the Lifespan" as part of the 8<sup>th</sup> annual International Women's and Children's Health and Gender Group conference Improving effective contraceptive use among opioid-maintained women: Stages I & II

Improving effective contraceptive use among opioid-maintained

International

2015 Norwegian Centre for Addiction Research, University of Oslo Oslo, Norway The MOTHER study and beyond