

Caregiver Resources
Windsor County (except Bethel, Rochester, Royalton, Sharon)
Windham County and Bennington County (Readsboro, Searsburg,
Thetford and Windhall only)

Area Agency on Aging & Senior HelpLine

- 1-800-642-5119
- Seniorsolutionsvt.org

Alzheimer's Association

- Alzheimer's Association 24 Hour Hotline: 1-800-272-3900 / www.alz.org/
- Alzheimer's and Dementia Caregiver Center: www.alz.org/care/overview.asp
- Vermont Alzheimer's Association: 1-802-316-3839 / www.alz.org/vermont/

Support / Social Groups & Education

- Brattleboro Parkinson's Support Group 2nd Tuesday 1 – (603) -209 -2625
- Brattleboro Caregiver Support Group 2nd and 4th Tuesday 1 – (802) 257-0775
- Brattleboro Alzheimer's Support Group 2nd Tuesday 1 – (802) 246-1517
- Aging Resource Center (DHMC) 1- (603) 653-3460
- Springfield Hospital Bereavement Support Group Tuesdays 1 (802) 591-3539
- Springfield Alzheimer's Support Group Tuesdays 1 - (802) 885-9881
- Thompson Sr. Center Chronic Illness 3rd Wednesday 1 – (802) 457-5414
- Online Support Groups at <https://www.alzconnected.org/>
- Powerful Tools for Caregivers:
A six-week series of classes for family caregivers designed to help you restore the balance between caring for others and caring for yourself. – Available in 2015
- Brain Injury Association of Vermont Toll – Free 1-877-856-1772

Care Provider Agencies, Caregiver Registry & Respite

This list contains the names of agencies that provide services such as personal care, light housekeeping, respite or companionship.

- This list is provided as a public service, Senior Solutions Does NOT RECOMMEND or endorse any of these agencies.

- Armistead Caregivers 1- 866- 284- 1912 (Windsor County)
- At Home Senior Care Agency 1- 866- 747-7168 (Windsor County)
- Bayada Home Health Care 1- (802) – 254-7071
- Visiting Nurse and Hospice of Vermont 1 – (800) – 575-5162
- Gathering Place 1-(802) 254- 6559 (Windham County)
- Vermont Direct Care Registry www.rewardingwork.org call Senior Helpline for a free access code at 1—800-642-5119
- In-Home Care and Homemaking Services:
Private “fee-for-service” help provided in the home is available. Services may include personal care, bathing, toileting, meal preparation, light housekeeping, shopping, respite and more. For a comprehensive listing of home care provider agencies and the Vermont Direct Care Worker Registry, contact the Senior Helpline at 1-800-642-5119
- Short-Term Overnight Respite:
- Springfield Health and Rehabilitation 1 – (802) 885-5741
- Pine Heights 1- (802) – 257-0307
- Elmwood Claremont New Hampshire 1- (603) 542- 2606

Adult Day Programs

Daytime care to foster independence & well-being while providing caregivers with needed respite. Services include: supervision, personal care, nursing services, socialization, and recreation.

- Springfield Adult Day Service contact JoAnne Bowen at 1 (802) 885-9881
- Gathering Place Adult Day Service 1 – (802) 254-6559
- Dementia Respite Grants:
[local AAA] offers Dementia Care respite grants to family members and other unpaid primary caregivers who are providing care in the home for a person who has been diagnosed with Alzheimer's disease or have a diagnosis of dementia and who meets certain financial criteria. These funds can be used to provide in-home respite services (home care or chore services, personal care, companion services) or out-of-home respite services (adult day programs and short-term stays in residential care facilities or nursing home.) Call the Senior Helpline at 1-800-642-5119 for more information.

Memory Centers

These centers diagnose age-related memory & thinking disorders and provide treatment including drug therapies, family/patient support & counseling, and referrals to appropriate service agencies.

Dartmouth Geropsychiatry & Memory Clinic, Dartmouth-Hitchcock Medical Center
Hanover, NH 1-603- 650-5804
<http://memorymemos.blogspot.com/p/dartmouth-memory-clinic.html>

The Memory Center, Fletcher Allen Health Care
Colchester, VT 1-802-847-1111
http://www.fletcherallen.org/services/elder_health/specialties/memory_center/

Long-Term Care

Frail or disabled adults who qualify for nursing home level of care and financially qualify may be eligible for Choices for Care, Vermont's Long-Term Care Medicaid Program. This program provides individuals with a choice of settings in which to receive care - a nursing home, residential care home or in-home support. In-home supports include case management, personal care (for example, help with bathing or dressing), respite care, homemaker services, attendance at an adult day health center, assistive devices and home modification.

For more information about the program contact [AAA] t 1-800-642-5119.

Veterans Independence Program

This new program is designed for military veterans seeking an alternative to nursing home care and helps them receive in-home assistance and support so they can remain in their homes. It is a statewide collaboration between the Veterans Administration and Area Agencies on Aging. There is no income eligibility. Call the Senior Helpline at 1-800-642-5119.

Legal Assistance

Legal Aid: Burlington, Vermont , all calls – 1-800-889-2047