

Support Groups

For Cancer Patients and Families

The following UVMHC support groups are free to attend. Dates and times are subject to change; please call the contact person listed for up-to-date information. For a list of other support groups and resources throughout the state, please visit the Vermont Cancer Survivor Network website and click on the "Resources" link: <http://vcsn.net/>

SURVIVOR/CAREGIVER LUNCH TIME MEETING

For cancer patients and the people who love them.
Lunch is provided.

When: 2nd Tuesday of the month

Time: 12:15pm - 1:30pm

Where: Frymoyer Community Resource Center

Contact: Kathleen McBeth, (802) 847-5715

CAREGIVER LUNCH TIME MEETING

For individuals caring for a loved one with cancer.
Lunch is provided.

When: 4th Tuesday of the month

Time: 12:15pm - 1:30pm

Where: Frymoyer Community Resource Center

Contact: Kathleen McBeth, (802) 847-5715

MULTIPLE MYELOMA SUPPORT GROUP

When: 3rd Tuesday of the month

Time: 5pm - 6:30pm

Where: Hope Lodge Conference Room

Contact: JoAnn Nielson, (802) 847-5649

LEUKEMIA, LYMPHOMA, MYELOMA FAMILY SUPPORT

When: 1st Wednesday of the month

Time: 5pm - 7pm

Where: Call for location and directions

Contact: Michele Mosley, (802) 847-0467

WOMEN'S CANCER SUPPORT GROUP

When: 1st Tuesday of the month

Time: 5pm - 6:30pm

Where: Frymoyer Community Resource Center

Contact: Colleen Cargill, (802) 847-9647

GYNECOLOGIC MALIGNANCIES SUPPORT GROUP

For women with gynecological cancers.

When: 3rd Monday of the month

Time: 5:30pm - 7pm

Where: Hope Lodge Conference Room

Contact: Stephanie Fraser, (802) 847-3234

FRIENDS FOR LIFE SUPPORT GROUP

Mindfulness group for people living with cancer.

When: Call for dates and times

Where: Steps to Wellness, 62 Tilley Drive

Contact: Julia Wick (802) 847-5609

YOUNG SURVIVORS GROUP

For cancer patients ages 18-40.

When: 4th Tuesday of the month

Time: 5:30pm

Where: Frymoyer Community Resource Center

Contact: Kathleen McBeth, (802) 847-5715

CHILDREN'S WORKSHOP

For children who have a parent or adult caregiver currently being treated for cancer.

When: Seasonal Offerings (call for dates)

Time: 5:30pm - 7:30pm

Where: Call for location

Contact: Ali Waltien, (802) 847-4069

PARENTING WITH CANCER SUPPORT GROUP

For people who have cancer and are also raising children (infancy-21 years). Must pre-register.

When: Call for dates, times, and location

Contact: Ali Waltien, (802) 847-4069

YOUTH AND FAMILY BEREAVEMENT GROUPS

Three groups meet concurrently to support the needs of grieving families. Children, teen, and adult groups all available.

When: Last Saturday of every month

Time: 10am - 12pm

Where: Call for location

Contact: Ali Waltien, (802) 847-4069

HEALING ART & WRITING

Two hour drop-in session. Explore art and writing to reduce stress and invite creativity.

When: Tuesday 10am - 12pm

Where: Hope Lodge

Contact: Patricia Fontaine, (802) 985-5691