

Syllabus
Medical Cannabis
Pharm 3000
Spring 2024

3 Credit hours

T,R Time: 4:25-5:40

Location: Votey 105

Directors:

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Technical Help

Students, please read this technology check list to make sure you are ready for classes.

<https://www.uvm.edu/it/kb/student-technology-resources/>

Students should contact the Helpline (802-656-2604) for support with technical issues.

Course Description

Pharmacology 3000, *Medical Cannabis* will be offered by the Department of Pharmacology in the Spring Semester 2024. This course will use *Cannabis* as a springboard to introduce fundamental concepts in Pharmacology. The *Cannabis* plant has an interesting history, and recent policy changes have led to an explosion in *Cannabis* science. Presentations intersperse historical, political, and social background information with more advanced scientific concepts in pharmacology and medicine.

The course will be divided into three areas of content: 1) plant biology, 2) chemistry, and 3) biological effects on humans and clinical research. We will also discuss current information about the Vermont experience with *Cannabis*. This course will provide students with a foundation of up-to-date scientific knowledge in a complex and evolving area of medicine, while introducing key concepts in plant biology, human physiology and pharmacology.

Course learning goals

This course is intended to be a unique experience for students to develop a broad understanding of *Cannabis* and its medicinal use, with more advanced concepts relevant to pharmacology and medicine in the context of the following specific objectives:

1. Discover the important milestones in the human use of *Cannabis*
2. Gain an understanding of how plants are classified and the implications this has on writing *Cannabis* policies
3. Understand current issues in *Cannabis* business, law, and policy
4. Explore the chemical compounds found within *Cannabis* and different methods used to extract its specific psychoactive other neural effects
5. Examine the spectrum of medicines and toxins provided by natural products
6. Detail the basic pharmacological properties of cannabinoids including their absorption and metabolism as well as their mechanisms of action
7. Discuss the biology of addiction and compare *Cannabis* with other drugs of abuse
8. Develop knowledge of the physiology and pathology underlying neurological and inflammatory disorders including chronic pain, epilepsy, multiple sclerosis, and migraine
9. Catalog the evidence-based studies that detail the benefits of cannabis in the treatment of several neurological and inflammatory disorders
10. Utilize a balanced academic approach to dispel myths surrounding the benefits and toxicities associated with *Cannabis* use

Readings

Required:

There is no required textbook, but readings will be regularly distributed to students.

Recommended Texts and Readings:

Ahmad, S., K.P. Hill. 2021. *Medical Marijuana: A clinical handbook*. NY: Wolters Kluwer.

CDC. 2018. Marijuana and Public Health. Available online

<https://www.cdc.gov/marijuana/index.htm>

Hanson, Bryan Abbot. 2005. *Understanding Medicinal Plants: Their chemistry and therapeutic action*. MI: Haworth Herbal Press. Print.

Holland, Julie, Ed. 2010. *The pot book: A complete guide to Cannabis*. ME: Park Street Press.

<http://ezproxy.uvm.edu/login?url=https://ebookcentral.proquest.com/lib/vermontdana-ebooks/detail.action?docID=5663106>

Koehn FE, Carter GT. 2005. The evolving role of natural products in drug discovery. *Nature Reviews Drug Discovery*. 4:206-20.

National Academies of Science. 2017. *The Health Effects of Cannabis and Cannabinoids: The Current State of Evidence and Recommendations for Research*. Washington D.C.: National Academies Press. <https://www.nap.edu/read/24625/chapter/1>

Pertwee, Roger, Ed. 2014. *Handbook of Cannabis*. Oxford University Press.
<http://ezproxy.uvm.edu/login?url=https://oxford.universitypressscholarship.com/view/10.1093/acprof:oso/9780199662685.001.0001/acprof-9780199662685>

Performance Goals

1. Participation: students will be expected to view presentations, participate in discussions, and complete quizzes, assignments, and exams.
2. Written Assignments: All students will be required to submit written assignments that will require outside research and scientific writing.
3. Exam format: Exams will consist of primarily multiple-choice questions with the possibility of additional formats (i.e. True/False, Matching, short essay).

Grading

We will use the following tentative grading scheme:

Exam 1	20%
Exam 2	20%
Exam 3	20%
Final Exam	20%
Assignments	15%
Participation	5%

Exams: All students will be required to complete 4 exams related to the course material on Brightspace. Exams will be available on Brightspace for a select amount of time on the scheduled exam day. You will have 75 minutes and one attempt to complete the exam. Exams cover material since the last exam (not cumulative).

Written Assignments: All students will be required submit a written assignments related to the course materials. The assignments should be 2 pages in length, 12-point font, double-spaced. Please use MLA format to cite reverences. MLA stands for Modern Language Association. Perdue's library gives a [great explanation](#). "MLA format follows the author-page method of in-text citation. This means that the author's last name and the page number(s) from which the quotation or paraphrase is taken must appear in the text, and a complete reference should appear on your Works Cited page." More information on MLA style citations can be found [here](#) at UVM's Howe Library site. Students will use the lecture material and primary literature sources to review and discuss course topics.

Modality: PHRM 3000 for Spring 2024 semester is an in-person class. As part of your enrollment in the course, we will provide you login information to our online learning management system, Brightspace. Brightspace will house the curriculum materials, presentations, readings, exams, and resources for the Program. Brightspace will also be used for communication from instructors.

Attendance Policy:

If a student will not be able to attend in-person classes for qualifying health reasons, Student Health Services (SHS) will send a notification to the appropriate student services office or designated staff member informing them of this along with the dates the student is unable to attend. The SHS notification will specify whether the request for flexibility is only around in-person class attendance or includes additional flexibility for assignments and tests because the student is too ill to participate. Students are responsible for working with their faculty to make up class content and work they miss due to a documented illness.

Recording Class sessions: Our class sessions *may* be audio-visually recorded for students in the class to refer back to, and for enrolled students who are unable to attend live. Students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded. If you are unwilling to consent to have your profile or video image recorded, be sure to keep your camera off and do not use a profile image. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded. If you are not willing to consent to have your voice recorded during class, you will need to keep your mute button activated and communicate exclusively using the chat feature, which allows students to type questions and comments live.

Lived Name and Pronoun Information: The UVM Directory includes fields for indicating your lived name and your pronouns. Lived names (preferred names, names in use) are names that an individual wants to be known by in the University community. Entering your pronouns is strongly encouraged to help create a more inclusive and respectful campus community. To update your information, login to the UVM Directory. A preview box will allow you to see how this information will appear in other systems used on campus such as Microsoft Teams and Brightspace.

More information about how to make changes to your lived name and pronouns is available in the [Knowledge Base](#).

Research and Citation Help: For help selecting research topics, finding information, citing sources, and more, ask a librarian. The UVM Libraries are eager to help. You may ask questions by phone, e-mail, chat, or text, or make an appointment for an individual consultation with a librarian.

Howe Library: <https://library.uvm.edu/askhowe>

Dana Medical Library: <https://dana.uvm.edu/help/ask>

Silver Special Collections Library: <https://specialcollections.uvm.edu/help/ask>

Course Evaluation: All students are expected to complete an evaluation of the course at its conclusion. The evaluations will be anonymous and confidential. The information gained from evaluations will be used to improve the course.

Potential changes during the semester: <http://catalogue.uvm.edu/>

The University of Vermont reserves the right to make changes in the course offerings, mode of delivery, degree requirements, charges, regulations, and procedures contained herein as educational, financial, and health, safety, and welfare considerations require, or as necessary to be compliant with governmental, accreditation, or public health directives.

Intellectual Property and Academic honesty: Students are prohibited from publicly sharing or selling academic materials that they did not author (for example: class syllabus, outlines or class presentations authored by the professor, practice questions, text from the textbook or other copyrighted class materials, etc.); and students are prohibited from sharing assessments (for example homework or a take-home examination). Violations will be handled under UVM's Intellectual Property policy and Code of Academic Integrity.

Academic integrity policy: The [Academic Integrity policy](#) addresses plagiarism, fabrication, collusion, and cheating.

Code of Student Conduct: <http://www.uvm.edu/policies/student/studentcode.pdf>

Student Learning Accommodations:

In keeping with University policy, any student with a documented disability interested in utilizing ADA accommodations should contact Student Accessibility Services (SAS), the office of Disability Services on campus for students. SAS works with students and faculty in an interactive process to explore reasonable and appropriate accommodations, which are communicated to faculty in an accommodation letter. All students are strongly recommended to discuss with their faculty the accommodations they plan to use in each course.

Contact SAS:

A170 Living/Learning Center;

802-656-7753

access@uvm.edu

www.uvm.edu/access

Grade Appeals: If you would like to contest a grade, please follow the procedures [outlined in this policy](#).

Grading: [This link](#) offers information on grading and GPA calculation.

Religious holidays: Students have the right to practice the religion of their choice. If you need to miss class to observe a religious holiday, please submit the dates of your absence to me in writing by the end of the second full week of classes. You will be permitted to make up work within a mutually agreed-upon time. The complete policy is [here](#).

Promoting Health and Safety: The University of Vermont's number one priority is to support a healthy and safe community:

[Center for Health and Wellbeing](#)

[Counseling & Psychiatry Services \(CAPS\)](#) Direct Phone Line: (802) 656-3340

C.A.R.E. If you are concerned about a UVM community member or are concerned about a specific event, we encourage you to contact the Dean of Students Office (802-656-3380). If you would like to remain anonymous, you can report your concerns online by [visiting the C.A.R.E. Team website](#).

FERPA Rights Disclosure: The purpose of this policy is to communicate the rights of students regarding access to, and privacy of their student educational records as provided for in the Family Educational Rights and Privacy Act (FERPA) of 1974.

<http://catalogue.uvm.edu/undergraduate/academicinfo/ferparightsdisclosure/>

Final Exam Policy: The University [final exam policy](#) outlines expectations during final exams and explains timing and process of examination period.

Alcohol and Cannabis Statement: As faculty members, we want you to get the most you can out of this course. You play a crucial role in your education and in your readiness to learn and fully engage with the course material. It is important to note that alcohol and cannabis have no place in an academic environment. They can seriously impair your ability to learn and retain information not only in the moment you may be using, but up to 48 hours or more afterwards. In addition, alcohol and cannabis can:

- Cause issues with attention, memory and concentration
- Negatively impact the quality of how information is processed and ultimately stored
- Affect sleep patterns, which interferes with long-term memory formation

It is our expectation that you will do everything you can to optimize your learning and to fully participate in this course.

Tentative Course Schedule

1/16	Introduction& Cannabis history	McHenry
1/18	Cannabis law & policy	McHenry
<u>Section 1. Plant Biology</u>		
1/23	Plant taxonomy	McHenry
1/25	Plant omics	McHenry
1/30	Plant ecology and evolution	McHenry
2/1	Plant Chemical Production	McHenry
<u>Section 2. Cannabis Chemistry</u>		
2/6	Cannabis Chemotypes	McHenry
2/8	EXAM 1 (Brightspace)	
2/13	The cannabinoid constituents of <i>Cannabis</i>	Lounsbury
2/15	The non-cannabinoid constituents of <i>Cannabis</i>	Dostmann
2/20	The Medicinal Chemistry of Cannabinoids	Dostmann
2/22	Metabolism and Methods of Field Testing	Lounsbury
2/27	Cannabinoid Receptors and the Endo-cannabinoid System	Lounsbury
2/29	EXAM 2 (Brightspace)	
3/5	Town Meeting Day, no class	
3/7	Cannabinoid Extraction	McHenry
<u>Section 3. Biological Effects on Humans & Clinical Research</u>		
3/12	Spring Break	
3/14	Spring Break	
3/19	Public Health and Safety impacts	Freeman
3/21	Cannabinoids for seizure disorders	(asynchronous online) Freeman
3/26	Cannabinoids for inflammation and pain	Freeman
3/28	Effects of Cannabis on Pain and Nausea pathways	Lounsbury
4/2	Cannabinoids for motor disorders	Lounsbury
4/4	Biological basis of Cannabis addiction	Lounsbury
4/9	EXAM 3 (Brightspace)	
4/11	Psychiatric responses to Cannabis	Lounsbury
4/16	Cannabis and the Endocrine System	Carr
4/18	Cannabinoids for cancer and associated symptoms	Lounsbury
4/23	Cannabis and Mental health	Lounsbury
4/25	Cannabis—Social deviance and early/late adapters	Lounsbury
4/30	Cannabinoid effects in special populations	Lounsbury
5/2	Industry Panel	McHenry
5/9	(please refer to UVM final schedule) FINAL EXAM (Brightspace)	