Friday, January 26 - Friday, February 9, 2018

Gift Shop Winter Clearance

- 35% off all Yankee candles
- Buy 2 or more red-tagged Life is Good items and receive an additional 10% off the discounted price
- Red-tagged merchandise throughout the shop

Monday, January 29
“Cold Weather-Related Medical Conditions”
Brett Kemp, MD, Family Medicine Grand Rounds, 8-9 am, Davis Auditorium

Tuesday, January 30
“Systemic Vasculature Remodeling in Females: Effects of the Immune System and Experience of Pregnancy”
Elizabeth Bonney, MD, Obstetrics, Gynecology & Reproductive Sciences Grand Rounds, 7:30-8:30 am, Davis Auditorium

Wednesday, January 31
“Self-Regulated Learning: Making Good on Good Intentions”
Robert Williams, MD, Jeremy Porter, MD, Brendan Fulmer, MD, Pediatrics Grand Rounds, 8-9 am, Davis Auditorium

“Public Health and Pathology”
Thomas Rogers, DO, Pathology and Laboratory Medicine Grand Rounds, 1-2 pm, Davis Auditorium

Endocrine Grand Rounds, 12 noon-1 pm, 62 Tilley Drive, Cardiology Conference Room
Happy Hour at the Garden Atrium
Cookie Ice Cream Sandwich - Maple walnut cookies with chocolate or maple-candied pecan ice cream, 3-4 pm

Thursday, February 1
“Can’t Anyone Help Me? Language Access and Patient Safety”
Lynette Reep, CI and CT, Anesthesiology Grand Rounds, 7-8 am, Medical Education Center, Sullivan Classroom #200

“Impact of Intraarticular Injuries on the Biology of the Knee: Sports Medicine for the 21st Century”
Robert Brophy, MD, Orthopedics & Rehabilitation Grand Rounds, 7-8 am, 101 Stafford

TBD
Surgery Grand Rounds, 7:30-8:30 am, Davis Auditorium

Clinical Ethics Case Conference
Group discussions/reviews of recent ethics consults occurring within the UVM Health Network. For additional information, contact Gordon Meyer, (802) 847-4883. 12 n-1 pm, McClure 1311

Indoor Farmers’ Market
Come support your local farmers and get some fresh local product! 2:30-5 pm, Davis Concourse. CROP CASH is now available. CROP CASH is free market money that is given to customers when they spend their 3SquaresVT benefits at participating markets. For information on 3SquaresVT, call 2-1-1 or click here. For information on CROP CASH, click here.

Friday, February 2
“How to Build Individual and Organizational Resilience”
Emelia Benjamin, MD, ScM, Boston University School of Public Health/Boston University School of Medicine, Medicine Grand Rounds, 8-9 am, Davis Auditorium

“Evaluation of Vermont’s Hub and Spoke Opioid Addiction Treatment System”
Richard Rawson PhD, Psychiatry Grand Rounds, 10:30-11:45 am, Davis Auditorium; co-hosted by the Vermont Center on Behavior and Health (VCBH).

Course Offering: Appreciative Living
Join us for this learning circle experience to develop tools for stronger and more meaningful relationships. To enroll in eLearn and for more information, click here. 8:30-10 am, Fanny Allen Campus Board Room

Red Cross Blood Drive
The American Red Cross is holding a blood drive, 10 am-3 pm, McClure Lobby Conference Room. To schedule an appointment, click here or call American Red Cross at (1-800) 733-2767.

Monday, February 5
“Pediatric Palliative Care”
David Korones, MD, Pediatric Hematology / Oncology, Hospice and Palliative Care Medicine, Rochester, NY, Family Medicine Grand Rounds, 8-9 am, Davis Auditorium. For more information, click here.

**Course Offering: Chamberlain Care with Chamberlain University**
The CARE Presentation will teach you about self-care and our CARE model. To enroll in eLearn and for more information, click here. 12:15-1:45 pm or 5:30-6 pm

12:15 pm - Click here to join Webinar; meeting number (access code): 592 826 153
5:30 pm – Click here to join Webinar; meeting number (access code) 595 130 510

**Tuesday, February 6**
Richard Windsor, MS, PhD, MPH, George Washington University Medical Center, Birmingham AL, Obstetrics, Gynecology & Reproductive Sciences Grand Rounds, 7:30-8:30 am, Davis Auditorium

“A Precautionary Tale”
Join Philip Ackerman-Leist as he discusses his book, *A Precautionary Tale*, the inspiring story of a group of Maltese citizens who fought Big Agriculture and won and became the first place on Earth to ban pesticides by a referendum vote. 6-7:30 pm, Davis Auditorium. To register, click here or call (802) 847-7222.

**Wednesday, February 7**
“Rotavirus: Still #1!”
Benjamin Lee, MD, Pediatrics Grand Rounds, 8-9 am, Davis Auditorium

TBD
Kaitlyn Vennard, DO, Case Conference-Endocrine Grand Rounds, 12 noon-1 pm, 62 Tilley Drive, Cardiology Conference Room

**Concur Training – “New Online Process for Reimbursements”**
Janessa Herbick and Stacey Cote, Pathology and Laboratory Medicine Grand Rounds, 1-2 pm, Davis Auditorium; for faculty and staff of Pathology

**Happy Hour at the Garden Atrium**
Cinnamon Baked Pears – Cinnamon, brown sugar and rolled oats-filled pears, 3-4 pm

**Science Jam – CVRI-VT**
Cardiovascular Research Institute of Vermont (CVRI-VT) Early Career Advisory Committee is sponsoring a networking event for basic and clinical scientists, 5:30-7:00 pm, The Atrium at the Colchester Research Facility. Drinks and appetizers provided. For more information, contact Becky at (802) 656-8955 or CVRI-VT@med.uvm.edu.

**Thursday, February 8 – Friday, February 9**
RN to BSN Assistance Program – Western Governors University (WGU)
UVM Medical Center is partnering with Western Governors University (WGU) for a one-year pilot to support nurses who would like to obtain their degree. Our partnership with WGU supports fulltime nurses within the organization to obtain their BSN at no cost. Michelle Cook, representative from WGU, will be available during the following dates/times/locations. For questions and more information about the program, stop by during one of the following sessions:

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<tr>
<th>Date</th>
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<tbody>
<tr>
<td>Thursday, February 8</td>
<td>8:30 am-12:30 pm</td>
<td>Fanny Allen Campus, Rehab Outpatient Center, G067</td>
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<tr>
<td>Thursday, February 8</td>
<td>1:30-4:30 pm</td>
<td>Medical Center Campus, McClure L025</td>
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<tr>
<td>Friday, February 9</td>
<td>8- 9:45 am</td>
<td>Medical Center Campus, McClure L025</td>
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<tr>
<td>Friday, February 9</td>
<td>10:15 am-12:30 pm</td>
<td>1 So. Prospect St. Campus, Arnold 4441</td>
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**Thursday, February 8**

“Burnout – It’s All Around Us”
Ralph Yarnell, MD, Anesthesiology Grand Rounds, 7-8 am, Medical Education Center, Sullivan Classroom #200

“Pathology and Pathogenesis of Osteoarthritis of the Shoulder”
Joseph Iannotti, MD, Orthopedics & Rehabilitation Grand Rounds, 7-8 am, 101 Stafford

**TBD**
Surgery Grand Rounds, 7:30-8:30 am, Davis Auditorium

“Thyroid Disease in Pregnancy”
Matthew Gilbert, DO, Didactic Lecture-Endocrine Grand Rounds, 12 noon-1 pm, 62 Tilley Drive, Pain Management Conference Room

**Clinical Ethics Case Conference**
Group discussions/reviews of recent ethics consults occurring within the UVM Health Network. For additional information, contact Gordon Meyer, (802) 847-4883. 12 n-1 pm, McClure 1311

**Course Offering: Presentations in Action**
This lab-type class will give participants an opportunity to practice a presentation in a fun, supportive and low-stress environment. Come prepared to do 20-30 minutes of a presentation you want to work on improving. To enroll in eLearn and for more information, click [here](#). 8:30 am-12:30 pm, 40 IDX Addison Room.

**Indoor Farmers’ Market**
Come support your local farmers and get some fresh local product! 2:30-5 pm, Davis Concourse. CROP CASH is now available. CROP CASH is free market money that is given to customers when they spend their 3SquaresVT benefits at participating markets. For information on 3SquaresVT, call 2-1-1 or click [here](#). For information on CROP CASH, click [here](#).
Friday, February 9
“Perfect Example of Why We Cross-Train in Psychiatry and Neurology”
Lara Ronan, MD, Dartmouth Hitchcock Medical Center, Psychiatry Grand Rounds, 10:30-11:45 am, Davis Auditorium

“The Treatment of Acute and Chronic Pain in the Setting of Opioid Agonist Treatment”
John Brooklyn, MD, Medicine Grand Rounds, 8-9 am, Davis Auditorium

UPCOMING EVENTS/PROGRAMS

Gift Shop Valentine’s Day Special: Pre-order – February 12 / Delivery - February 14
The Gift Shop staff will deliver a treat to your Medical Center Campus Special Pal. Pre-order at the Gift Shop by Monday, February 12.

Code Silver/Active Shooter Presentation: How to Respond – February 21
The objective of this presentation is for learn how to respond quickly and correctly in an active shooter event, 11 am, Davis Auditorium. Click here to register through eLearn, or for more information, contact Steve Theriault, Security Services, at (802) 847-0939.

IHOP National Pancake Day – February 27
IHOP will offer customers a free short stack of pancakes. Instead of paying for the short stack, IHOP is asking customers to make a donation to Children’s Miracle Network Hospitals. For questions, contact Jackie Woodwell at Jackie.woodwell@uvmhealth.org.

HealthSource Classes
UVM Medical Center’s Winter HealthSource Classes are now open for registration! Learn how to master stocks and broths, start your seeds indoors, and much more! This session features national speakers on topics around nutrition, the environment, cooking and more. Classes are free and open to the public. Free on-site parking is available. To register or for more information, call (802) 847-7222 or click here.

Frymoyer Resource Center Healthy New Year Display – Month of January
The Frymoyer Community Health Resource Center will be giving out free Salad Shaker containers, basic pedometers, and exercise guides suitable for older adults and beginners. Plenty of other information and resources for healthy eating, physical activity, stress management and mindfulness, and smoking cessation. Borrow a cookbook, get information about local health and wellbeing workshops and classes, and much more! Call us at (802) 847-8821 or email at resourcecenter@uvmhealth.org for information or if you are offsite and would like materials sent to you.

The Warming Shelter
The Warming Shelter is now open at 179 S. Winooski Avenue. The Community Health Centers of Burlington will be operating the shelter again this year and have set-up a MealTrain page for scheduling
meal donations. Guests of the warming shelter really appreciate having a warm meal when they come to shelter, and for some it is their first warm meal of the day.

Click here for MealTrain details on the types of meals preferred and how many people they will be serving. The link also provides information on parking when making meal deliveries and other pertinent information.

If you decide to plan a meal as part of a departmental effort and would like some great “Prepared by UVM Medical Center Employees” stickers for your meals, contact Thifeen WaheedDeen at twd@uvmhealth.org; she will send via inter-office mail.

**One-on-One Financial Counseling – Take Control of Your Financial World!**
UVM Medical Center is offering a class for employees to meet with a NEFCU advisor to help with budgeting and financial counseling. NEFUC Branch, McClure 2 connector. To view the monthly schedule and to enroll in eLearn, click here.

**Vermont Lung Center - Weight Loss Research Study for Asthmatics**
If you overweight, have access to the internet and have asthma you may be eligible to participate in a Vermont Lung Center study research program that involves an online weight loss program and six clinic visits. This is a six-month weight loss educational program to change diet and exercise habits and is provided at no cost to volunteers who qualify. Please call (802) 847-2193 for more information.

**Healthy Volunteers for Vaccine Study**
Healthy Adults aged 18 – 50 needed for Dengue Fever Vaccine research. During the 7-month long study, participants attend vaccinations and brief follow-up visits at The University of Vermont Medical Center. Volunteers receive up to $1,900 in financial compensation if all visits are completed. For more information and to schedule a screening contact us: (802) 656-0013; UVMVTC@UVM.edu or visit UVMVTC.org

**Wellness Offerings**
**February is American Heart Month**
American Heart Month, a federally designated event, is a great way to remind Americans to focus on their hearts and encourage them to get their families, friends and communities involved. Together, we can build a culture of health where making the healthy choice is the easy choice. Employee Wellness in partnership with Marketing and Communications will be providing employees free blood pressure screening clinics at the following locations of the UVM Medical Center:

<table>
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<tr>
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<tbody>
<tr>
<td>Monday, February 5</td>
<td>11 am-1 pm</td>
<td>1 So. Prospect St. Campus, Pavilion Café</td>
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<tr>
<td>Thursday, February 8</td>
<td>11 am-1 pm</td>
<td>IDX, Belvidere Conference Room</td>
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<tr>
<td>Thursday, February 8</td>
<td>11:30 am-1 pm</td>
<td>Technology Park, Main Entrance Lobby</td>
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<tr>
<td>Friday, February 9</td>
<td>11 am-1 pm</td>
<td>Fanny Allen Campus, Dunbar Café</td>
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<tr>
<td>Wednesday, February 21</td>
<td>11 am-1 pm</td>
<td>Holly Court - 11 am -12 noon - Suite 20; 12 noon-1 pm - Suite 40</td>
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Make a Commitment to Winter Safety
Join Employee Wellness and Environmental Safety to make a commitment to winter safety. For a limited time only (January 1 – March 20, 2018), employees can visit the Outdoor Gear Exchange, 37 Church Street, Burlington, and receive 20% off YakTrax anti-slip devices when they present their badge (one pair of YakTrax per employee). Free reflective wrist bands, flashlights or ice scrapers for your car are available through Employee Wellness (only one per employee). Email Wellness@UVMHealth.org to arrange pickup.

Move to Lose Medical Weight-Loss Program – Sign-up for next session starting February 1, 2018
The next session of the “Move to Lose” program starts on February 1, 2018, Thursdays, 5-6 pm, at the Cardiac Rehabilitation Department, 62 Tilley Drive, South Burlington. “Move to Lose” is a 16-week, medical weight loss program which consists of two components: a personalized exercise regimen inclusive with the use of the Cardiac Rehab gym and nutrition counseling through interactive discussion. Interested participants must be overweight (BMI greater than 25) and have a medical diagnosis that will improve with weight loss to support enrollment in the program (ex: coronary disease, diabetes, sleep apnea, hypertension, hip arthritis, etc.). The cost of the program is $225 for UVM Medical Center employees and $300 for community members. Space is limited! Sign up today to join a community focused on health, receive a personalized exercise program, and enjoy weekly social support on learning new habits, tasting new foods and losing weight while having fun! For additional information, to see if you qualify or to register, call (802) 847-4514.

Free Income Tax Preparation for Eligible Employees During February and March
Would you like your taxes done FREE and FAST? Was your family income less than $54,000 in 2017? Internal Revenue Service-certified tax preparers will be here during the month of February and March to prepare basic tax returns for eligible employees. To schedule an appointment, contact Lisa Jensen, United Way Resource Coordinator, (802) 922-6297 or email lisaj@unitedwaynwvt.org

Dates & locations:
- February 12, 20, 22, 26; 9am-4pm, Frymoyer Community Health Resource Center, Medical Center Campus Level 3
- February 14; 12 noon-8 pm, Frymoyer Community Health Resource Center, Medical Center Campus Level 3
- February 28, 12 noon-4 pm, Frymoyer Community Health Resource Center, Medical Center Campus Level 3
- March 5, 12, 19, 26; 9 am-4 pm, Frymoyer Community Health Resource Center, Medical Center Campus Level 3
- March 7; 12 noon – 8 pm; Frymoyer Community Health Resource Center, Medical Center Campus Level 3
March 14, 28; 2-8 pm; Frymoyer Community Health Resource Center, Medical Center Campus Level 3

If you are over the $54,000 income level, MyFreeTaxes, sponsored by United Way Worldwide and H&R Block, is a FREE, self-file site available to households who estimate their gross annual income will be $66,000 or less. A toll-free helpline connects you with an IRS-certified tax volunteer should you need assistance. Visit www.myfreetaxes.com to get started.

**Dark Days of Winter: Calling all Managers – Do Your Employees Work in an Area Without Windows?**

When the clocks turn back and the days get darker, many employees find themselves feeling down, low energy and depressed. Lack of daylight can have a significant impact on employee wellbeing and productivity. The Employee and Family Assistance Program is available to talk with your department about the impact less daylight and the change of season has on wellbeing and depression. Suicide prevention information will be included in this discussion. Creating a self-care plan may help. If your staff works in an area without windows, let’s talk about ‘light boxes’. EFAP has light boxes available for departments without windows. Contact Employee and Family Assistance Program at (802) 847-2827 or email EFAP@uvmhealth.org to schedule a 30-minute presentation at your next staff meeting.

**Mindfulness Tools for Health and Wellbeing Three-week Series - February, March, May & October Offerings**

Relieve stress and encourage wellbeing through mindfulness meditation practice. Introduction to mindfulness meditation through guided practices and discussion. Sponsored in partnership with the Employee and Family Assistance Program and Employee Wellness. You will learn:

- What mindfulness means
- Mindfulness meditation may be easier to practice than you think
- How mindfulness can help relieve stress and anxiety
- Ways to be more mindful in your life and work as a daily practice for self-care

**Thursdays** - February 1, 8, 15, 2018, 12 noon-1 pm, 1 So. Prospect St. Arnold 6410
**Wednesdays** - March 14, 21, 28 2018, 12 noon-1 pm, Frymoyer Community Health Resource Center, Medical Center Campus, Level 3
**Wednesdays** - May 2, 9, 16 2018 12 noon-1 pm, HIM Training Room, Holly Court Suite #20
**Wednesdays** - October 3, 10, 17 2018 12 noon-1 pm, 1 So. Prospect St. Arnold 6410

Roz Grossman, MA, offers mindfulness meditation and has taught workshops to cancer patients at the UVM Medical Center since 2010. She has received training in the Mindfulness-Based Stress Reduction (MBSR) Program started by Jon Kabat-Zinn. She has a background in nursing and health education. Roz has had a personal meditation practice for over 20 years.

To register in eLearn, click here. Questions? Email wellness@uvmhealth.org
Gun Locks and Gun Safety
The Employee and Family Assistance Program (EFAP) has a limited supply of gun safety locks which are free to employees who live in a home with a firearm. If you or someone you know needs a gun lock, please contact EFAP by email EFAP@UVMHealth.org or call (802) 847-2827. Free gun locks can also be accessed at your local police station.

Vermont Travel Club Card
The “Vermont Travel Club” card saves UVM Medical Center and all affiliate staff and their family members up to $40 on single-day lift tickets and more saving on multi-day tickets at Sugarbush, Jay Peak, Mount Snow, Bolton Valley, Killington, Pico, Burke Mountain, Smuggler’s Notch, Sunday River and ski areas in Utah. New this year, we have added Attitash and Wildcat. Plus you save 10% on dining and up to 20% on lodging when you travel to your ski destination of choice. You will save $10 off the retail price of $54 per individual membership and $10 off the family pack of up to five cards for $179. To sign up and to receive your discount, register here using discount code uvmmedcenter2018.

The Vermont Travel Club is the first membership-based travel club that saves you up to 40% on your next ski or snowboard vacation. As a member of the Vermont Travel Club, you will have exclusive access to discounts that are not available to the general public. The Vermont Travel Club card allows you to receive significant savings and discounts for lift tickets, lodging, and restaurants at participating merchants. The list of businesses that accept the card has been growing so please check our website to see the current list. Your Vermont Travel Club card also allows you to book all-inclusive lodging and lift ticket packages. Every Monday during the ski season, we will post “last minute deals on lift tickets and lodging”, only available to club members.

2018 Employee Wellness Incentives – Complete by 8/31/18
In 2018, Employee Wellness will help you find your starting point on your journey to health and wellbeing. Wellness activities engage employees in the five dimensions of wellbeing that promote better work-life balance, better health, increased happiness and more energy at work and at home! All UVM Medical Center employees are eligible for up to $200 for completing the following incentives:

- Participate in a biometric screening - $25 instant gift card
- Online health assessment - $30
- Know Your Score - $30
- Preventive Health Visit - $35
- Dimension of Wellbeing Activity - $50
- Building Resilience through targeted stress reduction activities - $30

All incentives must be completed by 8/31/18 and will be paid at one-time payout on 9/28/18. Visit the Employee Wellness intranet page on HR Central to find out more about how to claim your incentives or click here to visit our website and report your incentives starting on 1/9/18.

Calling Wellbeing Ambassadors!
Employee Wellness is looking for Wellbeing ambassadors who are interested, engaged and motivated in creating wellness opportunities and promoting healthy choices throughout the work week. The ambassadors will serve as key communicators for Employee Wellness in wellness programming and will help spread the word of wellness initiatives and campaigns throughout the year. Participation in this program will require between 10 minutes to one hour a month, depending on your departments choice of...
engagement. All ambassadors are encouraged to work with their leaders to seek their support in promoting a culture of health and wellbeing in the workplace. If you are interested in becoming a Wellbeing ambassador or would like to recommend someone from your team or department, please email wellness@uvmhealth.org today.

**Join the Employee Wellness Facebook Group**
Get connected to Employee Wellness and join the Facebook Group today! By joining you will learn about events taking place across the organization, tips and resources to focus on your wellbeing at work and at home and more. This is also a great resource to get connected with your coworkers, ask questions, post photos and start conversation. Is there a group that walks every day? When is the next fitness campaign? What is for lunch today? Find this out and more by joining today.

**Workplace Presentation**
The Employee and Assistance Program (EFAP) is available to present at departmental staff meetings on a variety of topics to include: Communication and Conflict Resolution, Stress Management, Mindfulness, Substance Abuse, Depression, Anxiety, Balancing Work and Home, Grief and Loss and various human problems. The goals of these presentations are to increase awareness about how stress informs and shapes these factors and affects the workforce and ourselves individually. Our approach is solution-oriented. The focus is to build a healthy workforce through activating self-care and wellness principles and practices. If you are interested in having EFAP present one of these talks at your staff meeting, please call (802) 847-2827 or email EFAP@UVMHealth.org to schedule a time.

**Employee Tobacco Cessation Program**
Most tobacco users quit several times before they are successful. Here at The University of Vermont Medical Center, we believe that every try counts! The employee tobacco cessation program offers a supportive approach to help you and your household family members become tobacco-free for life. If you are ready to try again, contact (802) 847-2827, or email wellness@uvmhealth.org to register. You will receive coaching and a one-month supply of free patches, gum or lozenges.

**Community Tobacco Cessation Program**
Free five-week quit groups available. Receive FREE 10-week supply of gum, patches or lozenges when you participate. Classes are held at various locations around Chittenden County. Call for upcoming dates and times, (802) 847-7333 or QuitTobaccoClass@UVMHealth.org

**Educational Offerings**
**Careers for the 21st Century through UVM Continuing and Distance Education**
Every career can benefit from additional education.

Whether you’re an entrepreneur just finding your footing, a professional at the top of your game, or considering returning to school to explore second career options, today’s dynamic and increasingly globalized economic landscape requires employees to stay curious and connected to the challenges that are rife in the 21st century workplace.

At UVM Continuing and Distance Education, we offer over 40 programs and more that 400 courses to help students of every age future-proof their careers, and create meaningful change within their
organizations and within the world, from our top-ranked Digital Marketing and Public Health Programs to our Breakthrough Leaders and Farmer Training Certificate Programs.

Check out these exciting, upcoming programs available this spring through CDE:

- **Master of Public Health**
- **Post-Baccalaureate Premedical Program**
- **Business of Craft Beer Certificate Program**
- **Digital Marketing Fundamentals Professional Certificate Program**
- **Project Management Professional Certificate**
- **Healthcare Management and Leadership Professional Certificate**
- **Farmer Training Program**
- **Breakthrough Leaders for Sustainable Food Systems Certificate Program**
- **Pre-College**

Visionaries wanted: UVM is now enrolling for its 3-week **Breakthrough Leaders for Sustainable Food Systems Certificate Program**. Gain an understanding of the issues we face on account of our broken food system, engage with local organizations involved in the sustainability movement, and create forward-thinking solutions that you can apply to your own community. Click here.

**Clinical and Translational Research Courses**
Join our classes to learn and improve your research skills. Small group settings provide individual attention and opportunity to share your research ideas and projects. Classes include “Designing Clinical & Translational Research” and “Cell to Society – Cardiovascular Disease.” Contact Sylvie.Frisbie@uvm.edu or call (802) 656-4560 for information.

**Champlain College Offers Online Degree and Certificate Programs to UVM Health Network Employees**
Are you considering going back to school to complete a degree or a professional certificate? UVM Health Network has teamed up with Champlain College to offer online degree and certificate programs at a significant tuition discount to support your continuing education goals. Champlain College’s truEd Program provides an opportunity to earn an associate, bachelor or master’s degree, undergraduate or graduate certificate.

As an employee of the UVM Health Network, you will have access to over 50 online programs at a 50% discount off standard tuition for our online undergraduate and graduate programs. This benefit has now been extended to part-time employees, spouses and adult dependent children (ages 23-26). For further information, click here.

**Walden University Partners with The University of Vermont Health Network**
Walden University is pleased to partner with UVM Health Network to help working adults continue their education so they can make even greater contributions in their health care organizations. Walden is offering substantial incentives for the new competency-based Tempo Learning platform for the MHA and MBA/Project Management. To review and to request information, click here, or contact Julie Westcot at Julie.westcot@walendu.edu to start your journey.
Utica College Partners with The University of Vermont Health Network

UVM Health Network employees can now earn an advanced degree entirely online and receive 10% in tuition savings! Click [here](#) to view online program offers.

Learn About Chamberlain University, Our New Educational Partner

The University of Vermont Health Network’s partnership with Chamberlain provides you many benefits for the above online degree programs, including:

- A group-specific tuition rate, a 20% tuition savings
- Waived application fee
- Complimentary transcript request and evaluation service upon completing an application for admission

Online On Your Time at Chamberlain:

- 100% online coursework
- No mandatory login or chat times
- You’ll have 24 hour access to support services such as:
  - Library
  - Complimentary tutoring assistance
  - Academic support designed for online students
  - Technical Support

Chamberlain’s online nursing degree programs include:

(Program availability varies by state)

- RN to BSN Degree Completion Option
- RN-BSN to MSN Option
- Master of Science in Nursing (MSN) Degree Program
- Graduate Certificate Programs
- Doctor of Nursing Practice (DNP) Program

Chamberlain also offers a Master of Public Health (MPH) degree program for nurses and non-nurses.

Click [here](#) to learn more about the online degree programs and options offered at Chamberlain or call (866) 271-5120.

Upcoming Conferences and Workshops – CME

For information, call Continuing Medical Education Office at (802) 656-2292 or click [here](#).

*Please contact Pam Mosher at [Pamela.Mosher@uvmhealth.org](mailto:Pamela.Mosher@uvmhealth.org) with any questions regarding the UVMMC Events Newsletter.*