



EVENT CALENDAR

What's Happening at The University of Vermont Medical Center

Sunday, September 10 – Sunday, September 24, 2017

Sunday, September 10 – Saturday, September 16

Free Yoga Offerings at the YMCA and Seated Chair Yoga Offerings

For details, go to “Wellness Offerings” in the “UPCOMING EVENTS/PROGRAMS” section below.

Monday, September 11

“Charcot Neuroarthropathy vs. Septic Foot”

Stephen Merena, DPM, FACFAS, Family Medicine Grand Rounds, 8-9 am, Davis Auditorium

“Recent Practice Changing Papers”

Jan Shoenberger, MD, LAC+USC Medical Center/Keck School of Medicine of USC and “**Ortho Potpourri**,” William Mallon, MD, DTMH, FACEP, FAAEM, Stony Brook School of Medicine, Emergency Medicine Grand Rounds, 11 am-1 pm, Davis Auditorium

Tuesday, September 12 – Friday, September 15

Gift Shop 12-year Celebration Specials

Join the Gift Shop in celebrating 12 years in the Medical Center Campus Level 3 location. For details, go to “UPCOMING EVENTS/PROGRAMS” section below.

Tuesday, September 12

“Congenital Pulmonary Airways Malformations (CPAM): From Fetal Intervention to Long-term Outcomes”

Terry Buchmiller, MD, Harvard medical School/Boston Children’s Hospital, Obstetrics, Gynecology & Reproductive Sciences Grand Rounds, 7:30-8:30 am, Davis Auditorium

Wednesday, September 13

“Substance-exposed Newborns: Vermont’s Approach to New Federal Regulations”

Anne Johnston, MD, Pediatrics Grand Rounds, 8-9 am, Davis Auditorium

“Pathology and Laboratory Medicine: 2017 in Review”

Debra Leonard, MD, PhD, Pathology and Laboratory Medicine Grand Rounds, 1-2 pm, Davis Auditorium

“What Constitutes Orthopedic Management When a Patient Presents With a Fragility Fracture”

Joseph Lane, MD, Weill Medical College of Cornell University Hospital for Special Surgery, Orthopedics and Rehabilitation McClure Musculoskeletal Research Center 2017 John W. Frymoyer Lecture Series, 5:30-6:30 pm, Stafford Hall, Room 410

Happy Hour at the Garden Atrium

Super Berry Soy Chia Pudding - vanilla soy milk, maple syrup, chia seeds, cardamom and assorted berries (strawberries, blueberries, raspberries and blackberries), 3-4 pm

Thursday, September 14

“Welcome to NORALand”

Mitchell Tsai, MD, MMM, Anesthesiology Grand Rounds, 7-8 am, Medical Education Center, Sullivan Classroom #200

“Bone Marrow Cell Augmentation of Bone Healing/Fusion”

Joseph Lane, MD, Weill Medical College of Cornell University Hospital for Special Surgery, Orthopedics & Rehabilitation Grand Rounds, 7-8 am, 101 Stafford

“Rectal Cancer: Evaluating the Evidence – What if Sherlock Holmes was a Colorectal Surgeon”

Thomas Read, MD, Lahey Hospital and Medical Center/Tufts University School of Medicine, Surgery Grand Rounds, 7:30-8:30 am, Davis Auditorium

Clinical Ethics Case Conference

Group discussions/reviews of recent ethics consults occurring within the UVM Health Network. For additional information, contact Gordon Meyer, 847-4848. 12 n-1 pm, McClure 1311

Indoor Farmers’ Market

Come support your local farmers and get some fresh local product! 2:30-5 pm, Davis Concourse. CROP CASH is now available. CROP CASH is free market money that is given to customers when they spend their 3SquaresVT benefits at participating markets. For information on 3SquaresVT, call 2-1-1 or click [here](#). For information on CROP CASH, click [here](#).

Friday, September 15

No Psychiatry Grand Rounds

“Academic Radiology Departments: Time of Crisis or Opportunity?”

Michael Recht, MD, NYU Langone Medical Center, Radiology Grand Rounds, 12 noon-1 pm, Radiology Conference Room, McClure 1312

Sunday, September 17

Burlington 2017 Great Strides, Cystic Fibrosis Foundation Walk

The UVM Medical Center will be participating in the Burlington 2017 Great Strides Cystic Fibrosis Foundation Walk at Oakledge Park in Burlington. Check-in for the walk is at 9 am and the walk begins at 10:30 am. To create or join a team, please click [here](#). Contact Employee Wellness for t-shirts, (802) 847-2827 or email wellness@uvmhealth.org

Vermont Walk to End Alzheimer's

The UVM Medical Center will be participating for the third year in the Vermont Walk to End Alzheimer's. Registration for the walk is at 9 am and the walk begins at 11:15 am at Shelburne Museum. Join friends and family for this community walk and receive the opportunity to visit the Shelburne Museum this day at no cost. To create or join a team, please click [here](#); to join the UVM Medical Center Team, click [here](#); if you are interested in volunteering, click [here](#). Contact Employee Wellness for t-shirts, (802) 847-2827 or email wellness@uvmhealth.org

Monday, September 18

"LGBT Inclusive Medical Curriculum"

Michael Upton, MD, Family Medicine Grand Rounds, 8-9 am, Davis Auditorium

Tuesday, September 19

"The State of Tobacco Use and Tobacco Cessation in Vermont"

Clare LaFrance, MA, Vermont Department of Health, Burlington, Obstetrics, Gynecology & Reproductive Sciences Grand Rounds, 7:30-8:30 am, Davis Auditorium

"Acupuncture for Chronic Pain in the Vermont Medicaid Population"

Join the Integrative Community Practitioner Forum hosted by the UVM College of Nursing and Health Sciences. Can acupuncture play a role in treating of chronic pain? Learn the results of a study of 156 Vermont Medicaid patients with chronic pain who were treated by 28 acupuncturists in three regions of Vermont – January-May 2017. Robert Davis, MS, LAc, clinical practitioner and Co-President of the Society for Acupuncture Research, 6 – 7:30 pm, Davis Auditorium. For more information and to register, click [here](#).

Wednesday, September 20

"Children Thrive When We Respond to Their Realities: How Pediatricians Can Improve Child Health Through Policies That Address and Alleviate Economic Hardships"

Richard Sheward, MPP, Children's Health Watch, Pediatrics Grand Rounds, 8-9 am, Davis Auditorium

"Clinical Research Pertinent to Rural Populations Affected by the Opioid Epidemic"

Vermont Center on Behavior & Health lecture series presents Michelle Lofwall, MD, University of Kentucky, 12 n-1 pm, Davis Auditorium. For more information, call 656-0079 or click [here](#). Miss the live event? Click [here](#) for a recording of the lecture available the day after the event.

“Pediatric Subdural Hemorrhage: Confronting the Controversies”

Alison Krywaczyk, MD, Pathology and Laboratory Medicine Grand Rounds, 1-2 pm, Davis Auditorium

Happy Hour at the Garden Atrium

Chocolate Banana and Peanut Butter Smoothie – banana, almond milk, peanut butter, unsweetened cocoa powder and vanilla extract, 3-4 pm

Uncorked: Breast Cancer Fundraiser

An outdoor wine and food pairing event to raise awareness and funds for The UVM Cancer Center’s Breast Cancer Research and Education Fund, featuring live band performance by Josh Panda and silent auction items and hosted by Dedalus Wine Shop, 388 Pine Street, Burlington. All proceeds benefit the cause. For information and to purchase tickets (\$45/person), click [here](#).

Thursday, September 21

“There’s a Kid in the ED: A Review of Care for Pediatric Patients While On Call”

Rebecca Evans, MS, MD, Dartmouth Hitchcock Medical Center, Anesthesiology Grand Rounds, 7-8 am, Medical Education Center, Sullivan Classroom #200

QA (Peer Review)

Orthopedics & Rehabilitation Grand Rounds, 7-8 am, 410 Stafford

Billing Compliance Training

Jennifer Parks, JD, and Janice Hall, CPC, Surgery Grand Rounds, 7:30-8:30 am, Davis Auditorium

Clinical Ethics Case Conference

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Indoor Farmers’ Market

Come support your local farmers and get some fresh local product! 2:30-5 pm, Davis Concourse. CROP CASH is now available. CROP CASH is free market money that is given to customers when they spend their 3SquaresVT benefits at participating markets. For information on 3SquaresVT, call 2-1-1 or click [here](#). For information on CROP CASH, click [here](#).

Friday, September 22

No Psychiatry Grand Rounds

“Traumatic Aortic Injuries”

Scott Steenburg, MD, Indiana University School of Medicine, Radiology Grand Rounds, 12 noon-1 pm, Radiology Conference Room, McClure 1312

Saturday, September 23

Walk to Defeat ALS

The UVM Medical Center will be participating in the Vermont Walk to Defeat ALS at the Davis Center at University of Vermont in Burlington. Check-in for the walk is at 9 am and the walk begins at 10:30 am. The Walk to Defeat ALS is an opportunity to bring hope to people living with ALS, to raise money for a cure, and to come together for something you care about. To create or join a team, please click [here](#). Contact Employee Wellness for t-shirts, (802) 847-2827 or email wellness@uvmhealth.org.

The Color Run—the Happiest 5K on the Planet

Champlain Valley Exposition Center - Essex Junction, VT

All participants who use the code “UVMHN” will receive \$10 off their registration. For each [registration](#) using this code, the UVM Children’s Hospital will also receive a \$5 donation. Not interested in running but still want to be a part of the event? There are volunteer openings! For every volunteer that [registers](#), the UVM Children’s Hospital will receive an additional \$40 donation. For questions, contact Jackie Woodwell at Jackie.woodwell@UVMHealth.org.

Vermont Heart Walk

The UVM Medical Center will be participating in the Vermont Heart Walk at Oakledge Park in Burlington. Check-in for the walk is at 8:45 am and the walk begins at 9:30 am. To join or create a team on the UVM Medical Center page, click [here](#). Contact Employee Wellness for t-shirts, (802) 847-2827, or email wellness@uvmhealth.org

UPCOMING EVENTS/PROGRAMS

Gift Shop 12-year Celebration Specials

Help the Gift Shop celebrate 12 years in their Medical Center Campus Level 3 location.

- 9/12 - Two-punch Tuesday – receive two punches on frequent buyer card for every \$10 spent
- 9/13 - Jewelry BOGO – buy one jewelry item and receive 50% off second item (discount taken on equal or lesser-priced item)
- 9/14 – 12% off all full-priced merchandise purchases of \$20 or more
- 9/15 – free gift with purchase of \$15 or more

All promotions exclude flowers, magazines and snacks

HealthSource Classes

UVM Medical Center’s fall HealthSource classes are now open for registration! Classes on diabetic foot health, vascular disease, alternatives for colon cancer screening, cooking for heart conditions, planning for the future in regard to your health and finances, and much more! Free and open to the public. To register or for more information, call (802) 847-7222 or click [here](#).

2017 Language and Communication Expo – September 29

The second annual Language and Communication Access Expo takes place on September 29, 2017, from 9:30 am to 2 pm, in the McClure Lobby Conference Room.

- Learn how to help patients and their families who may need interpreter services
- Find out what it feels like to talk to a provider who doesn't speak your language
- Learn about video remote interpreting, and try it out!

All are welcome and are encouraged to attend.

Fourth Annual Pump for Pink Fundraiser – September 30

This fitness-based fundraiser, benefitting the UVM Cancer Center's Breast Cancer Research and Education Fund and hosted by UVM Campus Recreation, includes three Les Mills Body Pump classes, 8-9 am, 9:15-10:15 am and 10:30-11:30 am (all first come first serve), UVM Athletic Complex Campus Rec Studio

Free to the public, UVM and UVM Medical Center students and employees; donations are optional but encouraged There will be raffle items and refreshments! For information, click [here](#).

Community Medical School – Future Sessions

Since 1998, this program, jointly organized by the Larner College of Medicine at UVM and the UVM Medical Center, has been providing members of the UVM and local community with accessible and important education on a wide variety of timely, fascinating and engaging health care topics. Please join us for the presentation followed by a Q&A session.

- October 3: "Lyme Disease: Big, Bad Borrelia burgdorferi and the Tiny Tick" (Special Panel Presentation), featuring Ralph Budd, MD, Bradley Tompkins, M.P.H., and Molly Markowitz
- November 7: "Politics, Money & Science: Current Debates in Public Health & Health Policy," led by Jan Carney, MD, M.P.H.

All sessions are held from 6-7:30 pm, Carpenter Auditorium in the Given Building at the Larner College of Medicine at UVM. For information about the presentations, click [here](#).

UVM Midwifery Practice Presents: "Hands-on Labor Support Skills" – October 3

This four-hour training focuses on physical and emotional support for women in labor. Nurses, midwives, physicians, students, doulas and community members who work with childbearing women are encouraged to attend. We will move, connect and breathe with attention toward comfort in labor and repositioning techniques for posterior and asynclitic babies. Additional topics include cesarean reduction, techniques to encourage labor progress when a woman chooses an epidural and skillful use of language when communicating with laboring women. Location: UVM Medical Center McClure Lobby Conference Room. To register, click [here](#). For details and questions, contact Susan at (802) 899-0399 or susan@evolutionprenatalandfamily.com.

One-on-One Financial Counseling – Take Control of Your Financial World!

UVM Medical Center is offering a class for employees to meet with a NEFCU advisor to help with

budgeting and financial counseling. NEFUC Branch, McClure 2 connector. To view the monthly schedule and to enroll in eLearn, click [here](#).

Vermont Lung Center - Weight Loss Research Study for Asthmatics

If you overweight, have access to the internet and have asthma you may be eligible to participate in a Vermont Lung Center study research program that involves an online weight loss program and six clinic visits. This is a six month weight loss educational program to change diet and exercise habits and is provided at no cost to volunteers who qualify. Please call (802) 847-2193 for more information.

Screening Project for New Research to Develop Vaccines

Healthy adults ages 18-40 needed to participate in a screening project to determine your eligibility for participation in future new research to develop vaccines against mosquito-borne viruses. For more information and to schedule a screening, contact us: (802)656-0013; UVMVTC@UVM.EDU or visit UVMVTC.ORG.

Volunteers for Vaccine Against a Respiratory Virus

Volunteers ages 18-35 needed to test a vaccine against a respiratory virus, eight day/seven night inpatient stay, two outpatient screening visits, four outpatient follow-up visits. Up to \$1,650 compensation. For more information and to schedule a screening, call (802) 656-0013 and leave your name, phone number and a good time to receive a call back or click [here](#) or email UVMVTC@uvm.edu.

Wellness Offerings

Free Yoga offerings at the YMCA – September 10-16

Employee Wellness is partnering with the Burlington YMCA (298 College Street, Burlington) during September's National Yoga Month to bring employees and one guest free yoga offerings during the week of September 10-16. Employees must present their badge and guests must be accompanied by an employee. Any additional guest must pay the standard fee set by the YMCA. Here are a list of the free yoga classes:

- September 10, 9-10 am – Yoga
- September 11, 6:35-7:35 pm – Vinyasa Yoga
- September 12, 7:45-8:45 am – Vinyasa Yoga
- September 13, 7:15-8:15 am – Awaken Yoga; 12:10-1 pm – Lunchtime Flow + Go Yoga; 4-5 pm – Flow Yoga; 6:45-8:10 pm – Sivanada Yoga
- September 14, 7:45-8:45 am – Vinyasa Yoga; 12-1 pm – Gentle/Beginner Yoga
- September 15, 4-5 pm – Slow Flow Yoga
- September 16, 7:45-8:45 am – Kripalu Yo

Seated Chair Yoga Offerings in September

Employee Wellness is offering Seated Chair Yoga in September on the following dates:

- September 13, 12:30-1 pm, One South Prospect, Arnold 4411

- September 21, 12:30-1 pm, Frymoyer Community Health Resource Center, Medical Center Campus, Level 3

Questions? Email wellness@uvmhealth.org.

Focus On You Lecture Series – August 24-September 28 - SERIES IS FULL

Questions? Email Sarah Yandow, Wellness Health Coach, at Sarah.Yandow@uvmhealth.org

Sunset and Sunrise Yoga Offerings – September 27 & 28

Join Employee Wellness during National Yoga Month for these free yoga classes and learn simple, gentle yoga poses that you can do to relieve stress and re-energize yourself. Whether you are starting your day or ending your day, feel rejuvenated and revitalized after these 60-minute classes. Both classes will be held in the McClure Lobby Conference Room. Please bring a yoga mat or towel.

- Sunrise Yoga – September 27, 6:30-7:30 am
- Sunset Yoga – September 28, 6-7 pm

Questions? Email wellness@uvmhealth.org

Mindfulness Tools for Health and Well-being: Three-week Series – October

Relieve stress and encourage well-being through mindfulness meditation practice. Roz Grossman will teach the group what mindfulness means; how mindfulness can help relieve stress and anxiety; ways to be more mindful in your life and work as a daily practice for self-care.

- **October 11, 18, 25** - 4-5 pm, Frymoyer Community Health Resource Center (11 and 18) & Main Campus, McClure 601A (25)

Register through eLearn. Questions? Email efap@uvmhealth.org.

Suicide & Depression Awareness and Prevention months - September and October

When the clocks turn back and the days get darker, many employees find themselves feeling down, low energy and dreading winter. Lack of daylight can have a significant impact on employee wellbeing and productivity. The Employee and Family Assistance Program is available to talk with your department about the impact less daylight and the change of season has on wellbeing and depression. Suicide prevention information will be included in this discussion. Creating a self-care plan may help. If your staff work in an area without windows, let's talk about 'light boxes'. Contact Employee and Family Assistance Program at (802) 847-2827 or email EFAP@UVMHealth.org to schedule a 30-minute presentation at your next staff meeting.

October is Know Your Finances – “Take One Step at a Time”

This employee wellness campaign will focus on your financial wellbeing. Participation is easy. All you have to do is register to receive weekly emails about the calendar of events and to be eligible for great prizes. Financial Fitness month events will be happening in a variety of locations and will cover budgeting, debt and credit management, buying a home, college and retirement planning

and more. There are day and evening programs - all free! After you register, you will receive a weekly email with ideas to improve your knowledge about financial resources that help you build your family's financial security. Participants will receive weekly email that will focus on a new topic with links to resources and calendar of events. New for 2018: Feature on Healthy Eating - inexpensive and healthy recipes and information to help you keep your nutrition on track with your budget. Financial wellbeing unites us while giving each of us a greater level of control in every stage of our lives. Registration begins September 25 – look for the Financial Fitness button on the Intranet home page to register.

Sugarbush Resort Corporate Ski Package for 2017 - 18 Season

Sugarbush Resort Corporate Season Pass is available for ordering for the 2017-18 season for employees, spouse and dependent children (ages 18 and under). Offerings this year include: Premium Season Pass - adult (40-64): \$799; 30 (30-39): \$549; 20 (20-29): \$349; youth (7-18) \$349. Value Season Pass – adult (40-79): \$549; youth (7-18) \$249. Click [here](#) for more information and to order online. Deadline for ordering is September 27. Email wellness@uvmhealth.org with questions.

Bolton Valley Corporate Ski Program for 2017-18 Season

The Bolton Valley Corporate Season Pass offer is available to UVM Medical Center employees and their immediate family members. Adult All-Access passes are priced at \$299 and Youth passes at \$159. Click [here](#) to purchase your passes. This will bring you to a landing page with all the applicable pricing. Use the following promo code when purchasing to be eligible for discount pricing: 51UVMC Deadline for ordering is October 31. Questions? Email Wellness@uvmhealth.org.

Smuggler's Notch Partnership Program for 2017-18 Season

UVM Medical Center employees and immediate family members can now purchase any of Smuggler's Notch Ski Resorts' discounted Passes or Badges for the 2017-18 season through their Corporate Partnership Program. When ordering online, click [here](#) and use the promotional code: UVM Medical. Deadline for ordering is October 31. Questions? Email wellness@uvmhealth.org.

Vermont Travel Club Card

The "Vermont Travel Club" card" saves UVM Medical Center and all affiliate staff and their family members up to \$40 on single-day lift tickets and more saving on multi-day tickets at Sugarbush, Jay Peak, Mount Snow, Bolton Valley, Killington, Pico, Burke Mountain, Smuggler's Notch, Sunday River and ski areas in Utah. New this year, we have added Attitash and Wildcat. Plus you save 10% on dining and up to 20% on lodging when you travel to your ski destination of choice. You will save \$10 off the retail price of \$54 per individual membership and \$10 off the family pack of up to five cards for \$179. To sign up and to receive your discount, register [here](#) using discount code **uvmmedcenter2018**.

The Vermont Travel Club is the first membership-based travel club that saves you up to 40% on your next ski or snowboard vacation. As a member of the Vermont Travel Club, you will have exclusive access to discounts that are not available to the general public. The Vermont Travel Club card allows you to receive significant savings and discounts for lift tickets, lodging, and

restaurants at participating merchants. The list of businesses that accept the card has been growing so please check our website to see the current list. Your Vermont Travel Club card also allows you to book all-inclusive lodging and lift ticket packages. Every Monday during the ski season, we will post “**last minute deals on lift tickets and lodging**”, only available to club members.

2017 Employee Wellness Incentives Are Now Available

Be sure to log in to the [Employee Wellness website](#) on HR Central and claim your incentives between now and 12/31/17. All employees of the University of Vermont Medical Center are eligible for up to \$185 for completing the following incentives:

- Online Health Assessment - \$25
- Preventive Care Visit - \$35
- Advanced Directive - \$50
- Dimension of Wellbeing Activity - \$50
- Participate in a Biometric Screening - \$25 Instant Gift Card

For helpful videos on how to register or claim your incentives, please visit our [info page](#) or email wellness@uvmhealth.org.

Calling Wellbeing Ambassadors!

Employee Wellness is looking for Wellbeing ambassadors who are interested, engaged and motivated in creating wellness opportunities and promoting healthy choices throughout the work week. The ambassadors will serve as key communicators for Employee Wellness in wellness programming and will help spread the word of wellness initiatives and campaigns throughout the year. Participation in this program will require between 10 minutes to one hour a month, depending on your departments choice of engagement. All ambassadors are encouraged to work with their leaders to seek their support in promoting a culture of health and wellbeing in the workplace. If you are interested in becoming a Wellbeing ambassador or would like to recommend someone from your team or department, please email wellness@uvmhealth.org today.

University of Vermont Weight Loss Research Study

If you are overweight, 18 years old or older, can walk for exercise, have internet access and a smartphone, you may qualify for the UVM iReach behavioral weight management research study that examines whether financial incentives will enhance weight loss. The study is an 18-month educational program designed to help you change diet and exercise habits. The program is provided at no cost to volunteers who qualify. For more information, click [here](#) or call (802) 656-1960.

Join the Employee Wellness Facebook Group

Get connected to Employee Wellness and [join the Facebook Group](#) today! By joining you will learn about events taking place across the organization, tips and resources to focus on your wellbeing at work and at home and more. This is also a great resource to get connected with your coworkers, ask questions, post photos and start conversation. Is there a group that walks every

day? When is the next fitness campaign? What is for lunch today? Find this out and more by joining today.

Workplace Presentation

The Employee and Assistance Program (EFAP) is available to present at departmental staff meetings on a variety of topics to include: Communication and Conflict Resolution, Stress Management, Mindfulness, Substance Abuse, Depression, Anxiety, Balancing Work and Home, Grief and Loss and various human problems. The goals of these presentations are to increase awareness about how stress informs and shapes these factors and affects the workforce and ourselves individually. Our approach is solution-oriented. The focus is to build a healthy workforce through activating self-care and wellness principles and practices. If you are interested in having EFAP present one of these talks at your staff meeting, please call (802) 847-2827 or email EFAP@UVMHealth.org to schedule a time.

Employee Tobacco Cessation Program

Most tobacco users quit several times before they are successful. Here at The University of Vermont Medical Center, we believe that every try counts! The employee tobacco cessation program offers a supportive approach to help you and your household family members become tobacco-free for life. If you are ready to try again, contact (802) 847-2827, or email wellness@uvmhealth.org to register. You will receive coaching and a one-month supply of free patches, gum or lozenges.

Community Tobacco Cessation Program

Free five-week quit groups available. Receive FREE 10-week supply of gum, patches or lozenges when you participate. Classes are held at various locations around Chittenden County. Call for upcoming dates and times, (802) 847-7333 or QuitTobaccoClass@UVMHealth.org

Educational Offerings

5th Annual Vermont Center of Behavior and Health Conference: “Tobacco Regulatory Science” – October 5-6

This year’s conference theme is “Tobacco Regulatory Science,” with particular focus on vulnerable populations. Regulating the nicotine content of cigarettes and other products is an important responsibility of the FDA that has tremendous potential to reduce smoking prevalence and improve the U.S. public health. Scholars from leading U.S. universities and medical centers will share their research and knowledge through the two-day program. Keynote speaker, Mitch Zeller, J.D., Director, FDA Center for Tobacco Products.

Can’t attend the conference? Watch it LIVE at <https://livestream.com/VCBH/Conference2017>. For conference program, registration, and hotel links, click [here](#). For general information, contact Marissa Wells at mwells@uvm.edu.

“Factors Affecting Mother’s Milk Feedings in Preterm Infants” – November 9

Join the New England Association of Neonatal Nurses 2017 Fall Lunch & Learn, supported by

Chamberlain University. Presenter: Mary Lussier, BSN, RN, IBCLC, Connecticut Children's Medical Center, Hartford, CT. 12 noon-1:30 pm, Davis Auditorium. For information, click [here](#).

Basic Fundamentals of Clinical Hypnosis & Intermediate Clinical Hypnosis Workshops – November 10-12

Hypnovations announces ASCH-approved workshops (20 hours each) co-sponsored by the Northern Mountain Society of Clinical Hypnosis. Faculty: Linda Thomson, APRN, Maureen Turner, RNBC, LCMHC, Judy Thomas, DDS, and Casey Goldman, LCMHC, Jackson Gore Inn, Okemo Mountain, Ludlow, VT. For more information, click [here](#) or call (802) 338-8040.

Opportunity Knocks: Check Out These Exciting Fall Course Offerings Through UVM

CDE Considering a career change or looking to keep on top of the latest trends in the business world? Challenge yourself with the [Professional Certificate Programs](#) at the University of Vermont.

This fall, learn the latest in online marketing strategies with one of UVM's specialized certificates in digital marketing, our online **Search Marketing Certificate** and **Digital Marketing: Social Media Marketing Certificate**, or boost your career with these other short, intensive programs:

- Considering one of our new and award-winning Digital Marketing Certificate Programs? To choose the best program for you, test your skills with our FREE **Digital Diagnostic tool**. This 15-minute multiple choice questionnaire will provide you with a clearer understanding of your digital marketing strengths and weaknesses. [Click here](#).
- Through 5, day-long, interactive seminars professional will develop techniques and explore practical solutions to the biggest challenges facing today's healthcare managers. [Click here](#).
- Explore public health and policy issues while gaining a strong foundation in population health sciences in UVM's top-ranked, online **Master of Public Health**. [Click here](#).
- Do you dream of becoming a doctor or other healthcare professional but lack the required courses to apply to medical school? UVM's **Post-Baccalaureate Premedical Program** is designed to provide you with the prerequisite coursework and access to research and direct patient care experiences you need to achieve your career goals. [Click here](#).
- Join Professor Emeritus William Averyt every Saturday morning through October 14 (no tour September 9) for a 90-minute **Historic Walking Tour of UVM**, exploring the people, buildings, and stories that make New England's 5th-oldest university so unique. [Click here](#).
- Register today for the **27th Annual Legal Issues in Higher Education Conference**, held from October 9-11, one of the nation's premier conferences on the diverse legal issues impacting all aspects of higher education. [Click here](#).
- Gain the skills to and knowledge you need to become a social media marketing specialist, and learn to leverage social media marketing to compete in online social spaces like YouTube, LinkedIn, Facebook, and Twitter with UVM's new, 10-week, **Digital Marketing: Social Media Marketing Certificate Online**. [Click here](#).
- Success in the digital economy starts here. UVM's **Search Marketing Certificate** can teach you the essential skills, strategies, and knowledge to improve organic search rankings, develop effective paid search ads, create engaging display ads, and make

informed, data-driven decisions to improve your organization's search marketing and brand-building efforts. [Click here](#).

- Learn the essential skills to launch a career in the competitive craft beer industry with UVM's **Business of Craft Beer Certificate program**. [Click here](#).
- Build effective strategies to connect with consumers using the latest research and trends in UVM's top-ranked **Digital Marketing Fundamentals Professional Certificate program**. [Click here](#).
- An increasingly global and diverse workplace requires leaders who can meet today's business and management challenges. Learn the necessary skills to succeed with UVM's **Leadership and Management Professional Certificate**. Comprised of a series of eight, day-long, locally-held seminars, you can choose seminars a la carte or attend all eight to complete your certificate. [Click here](#).
- Project management is one of the most important and sought-after skills in today's fast-paced business environment. Get the tools and techniques to improve approaches and outcomes to project management with UVM's **Project Management Professional Certificate**, a series of five, local, day-long seminars. [Click here](#).
- **Healthcare Management and Leadership Certificate** - through five, day-long interactive seminars, professionals will develop techniques and explore practical solutions to the biggest challenges facing today's healthcare managers. [Click here](#).

We're now accepting applications for UVM's **Farmer Training Program**, starting May 7, 2018. Experience organic crop production, gain an understanding of small-scale farm management, and learn the skills to start your own farm business in this hands-on, six-month program. [Click here](#).

Clinical and Translational Research Courses

Join our classes to learn and improve your research skills. Small group settings provide individual attention and opportunity to share your research ideas and projects. Classes include "Designing Clinical & Translational Research" and "Cell to Society – Cardiovascular Disease." Contact Sylvie.Frisbie@uvm.edu or call (802) 656-4560 for information.

Champlain College Offers Online Degree and Certificate Programs to UVM Health Network Employees

Are you considering going back to school to complete a degree or a professional certificate? UVM Health Network has teamed up with Champlain College to offer online degree and certificate programs at a significant tuition discount to support your continuing education goals. Champlain College's truEd Program provides an opportunity to earn an associate, bachelor or master's degree, undergraduate or graduate certificate.

As an employee of the UVM Health Network, you will have access to over 50 online programs at a 50% discount off standard tuition for our online undergraduate and graduate programs. This benefit has now been extended to part-time employees, spouses and adult dependent children (ages 23-26). For further information, click [here](#).

Walden University Partners with The University of Vermont Health Network

Walden University is pleased to partner with UVM Health Network to help working adults continue their education so they can make even greater contributions in their health care organizations. As part of that commitment, there is a \$3,000 grant for BSN Completion Program students who enroll as a new Walden student starting August 29, 2016. Walden is also offering substantial incentives for the new competency-based [Tempo Learning platform](#) for the MHA and MBA/Project Management. To review and to request information, [click here](#), or contact Julie Westcot at Julie.westcot@walendu.edu to start your journey.

Utica College Partners with The University of Vermont Health Network

UVM Health Network employees can now earn an advanced degree entirely online and receive 10% in tuition savings! Click [here](#) to view online program offerings.

Upcoming Conferences and Workshops – CME

Transforming Primary Care and Behavioral Health Conference–September 14-15

The Essex, Essex Jct.

Primary Care Sports Medicine Conference – September 27-29

DoubleTree Hotel, South Burlington

VITL Summit 2017 – October 4-5

Sheraton Conference Center, Burlington

Women’s Health & Cancer Conference – October 6

Sheraton Conference Center, Burlington

15th Annual Northern New England Critical Care Conference – October 12-14

Stoweflake Conference Center, Stowe

UVM Medical Group (First) Health Symposium “Physician Integration: Lessons Learned” – October 15-17

Hilton Hotel, Burlington

For information, call Continuing Medical Education Office at (802) 656-2292 or click [here](#)

Please contact Pam Mosher at Pamela.Mosher@uvmhealth.org with any questions regarding the UVMHC Events Newsletter.