April 7
Integrative Pain Management Conference
National Experts, Local Focus

8:00 AM – 5:30 PM | APRIL 7, 2018
DAVIS CENTER | UNIVERSITY OF VERMONT

Target Audience:
All healthcare professionals are welcome! This conference is specifically designed to meet the needs of an interdisciplinary healthcare community. Let’s learn from the experts and one another!

Objectives:
In the context of the current opioid and chronic pain epidemics this conference will:
• Help providers understand non-pharmacologic approaches to pain management, as well as non-opioid pharmacologic approaches
• Provide up-to-date information on and clarify the various rules and regulations
• Provide summary documents of the evidence for non-pharmacologic pain management modalities
• Discuss best practices in team-based care from an interdisciplinary panel.

What Will Happen:
In this daylong conference attendees will:
• Hear keynote addresses from experts in the VA, Dept. of Defense and civilian health care
• Network with colleagues across disciplines; meet new referral partners in your area
• Learn what others are doing to get integrative care covered
• Learn how to help patients unlearn pain
• Receive or observe a demo of acupuncture, massage, yoga, biofeedback, Feldenkrais
• Choose from over 20 sessions to create a day that meets your needs...including sessions on nutritional pain management, non-opioid pharmaceuticals for pain, inter-disciplinary case reviews, the role of fascia in pain and pain management, pediatric pain, and more.

Registration:
Fee includes full day all conference demos, breakfast, refreshments, and lunch.
• $175 Physicians (DO & MD)
• $115 Other Healthcare Professional
• $115 Non-Healthcare Professional
• $40 Students

Learn More

Questions? Contact Cara.Feldman-Hunt@med.uvm.edu | go.uvm.edu/integrativepain
Preliminary Agenda:

7:45-8:30  Registration and Breakfast

8:30-8:45  Welcome: Janet Kahn, PhD, Course Director

8:45-9:00  Opening Remarks: TBD

9:00-9:45  Keynote: Fighting Cerberus: The Three-Headed Danger of Chronic Pain, Opioid Misuse, and Mental Health Conditions, Bob Twillman, PhD, Executive Director, Academy of Integrative Pain Management

9:45-10:30  Plenary: The How and Why of Integrative Medical Group Visits, Paula Gardiner, MD, MPH, Dept. of Family Medicine, Boston University School of Medicine

10:30-11:15  Plenary: Strategies for Addressing Trauma in the Chronic Pain Population, Katy Hansen, ANP-BC, Vanderbilt University Medical Center

11:15-11:30  Refreshments, Demos and Exhibitors

11:30-12:15  Breakout Session 1
   1. Cognitive Behavioral Therapy Explained, Ginger Cloud, MS, LCMHC, LADC
   2. Fascia, Stretching, Inflammation and Musculoskeletal Pain, Helene Langevin, MD PhD, Michael Kanesky, MD
   3. Medical Cannabis in the treatment of Chronic Pain: The Evidence and Clinical Essentials for Improving Function and Reducing Opioid Use in Your Patients, Dustin Sulak, MD
   4. Nutritional Pain Management, Andrea Fossati, MD; Kim Evans, MS, RD

12:15-1:00  Lunch, Network & Integrative Practitioner Database

1:00-1:45  Plenary: VA & DOD: Integrative Approach to Pain Management and Measurement, Ben Kligler MD, MPH (VA), Col. Chester “Trip” Buckenmaier III, MD (DoD & DVCIPM)

1:45-2:30  Breakout Session 2
   1. Evidence-Informed Yoga for Chronic Pain, Janet Carscadden, PT
   2. Happiness of the Healer: Positive Psychology Applications, Andrew Rosenfeld, MD
   3. Communicating with Patients about Pain and Integrative Therapies, Katie Hansen
   4. Integrative Approaches to Headaches, John Bisaccia, DC, CSCS, CCSP; Shaun O’Connor, PT, CCTT

2:30-2:45  Refreshments, Demos and Exhibitors

2:45-3:30  Breakout Session 3
   1. New Data on Acupuncture for Medicaid Patients with Chronic Pain, Robert Davis, MS, LAc
   2. Rehabilitation Massage - Assisting Patients Through the Health Process with Orthopedic Massage Therapy, Maureen Slayton, Massage Therapist
   3. Moving Beyond Opioids: Non-Controlled Pharmaceuticals for the Management of Chronic Pain, Clayton English, Pharm.D, BCPS, BCPP
   4. Integrative Medicine for the Underserved, Paula Gardiner, MD, MPH, Dept. of Family Medicine, Boston University School of Medicine

3:30-4:15  Breakout Session 4
   1. Partnering with Parents on Safe Pediatric Pain Management, Peter Bingham, MD
   2. Low Back Pain-Perspectives in Acupuncture and Healing, Arthur Makaris, LAc; Richard Pinckney, MD
   3. Panel Update on Covering Integrative Care in VT, Joshua Plavin, M.D., M.P.H, CMO BCBSVT, Scott Strenio, MD, Medicaid Medical Director, Moderated by Janet Kahn, PhD
   4. Feldenkrais: Why Movement Matters, Carolyn King, MA, CFP

4:15-5:00  Closing Panel: How to Create and Sustain Good Integrative Referral Relationships
   John Bisaccia, DC; Janet Carscadden, PT, DPT, E-RYT, YACEP; Susan Jaynes, FNP, Anne Knott, MD; Maureen Slayton, Massage Therapist, Moderated by Janet Kahn, PhD