## COURSE DESCRIPTION

The course will provide practical approaches to common problems in Hospital Medicine informed by experts and the latest evidence.

#### TARGET AUDIENCE

The target audience is comprised of physicians, physician assistants, nurse practitioners, and nurses practicing Hospital Medicine. Some of the clinicians will also be engaged in education, research, quality improvement, and management. The audience may also include Hospital Medicine program administrators, resident physicians, and medical students with an interest in careers in Hospital Medicine

#### **EDUCATIONAL OBJECTIVES**

By the end of the event, participants should be able to:

- Recognize appropriate and responsible antimicrobial use
- Review updates in management of venous thromboembolism
- Identify the latest guidelines in consultative Medicine

#### WORKSHOP INFORMATION

A. Point of Care Ultrasound Workshop \*(SimLab on the UVM Campus-Sunday, February 10, 7:30am-12:00pm) Point-of-care ultrasound has emerged as an important bedside tool in the management of acutely ill patients. This workshop combines highyield didactic sessions with hands-on training on live models. The workshop starts with a review of ultrasound technology basics and then explores a myriad of diagnostic ultrasound applications: focused cardiac ultrasound, pleural effusions, pneumothorax, ascites and lower extremity deep venous thrombosis. The workshop is ideal for both beginners and those looking to refine their ultrasound skills. Expected faculty to attendee ratio is 1:3.

\*Please note that this workshop will occur at the UVM Campus in Burlington, VT, approximately 45 minutes by car from the Stowe Mountain Lodge.

B. Physical Exam Skills Workshop (at Stowe Mountain Lodge-Monday, February 11, 2-4:00pm): The bedside physical examination is an essential component of excellent patient care. Physical examination findings add diagnostic data that enhance clinical reasoning at the bedside and help providers select high value studies. In addition, the physical exam itself can help foster trust between clinicians and patients. This workshop will help providers refresh their physical examination skill set, understand the evidence behind various physical exam findings, and effectively collaborate with patients despite the challenges posed by the fast pace of inpatient medical care. The course will include case-based and hands-on learning that will demonstrate how the physical examination improves care delivery and is the foundation of the providerpatient relationship.

C. Communication Workshop (at Stowe Mountain Lodge-Monday, February 11, 2-4:00pm): Over the course of a Hospital Medicine career, you will have between 150,000 and 200,000 patient and family interactions. Communication skills training teaches clinicians how to use each of these interactions as an opportunity to provide patient-centered care, has been shown to improve professional fulfillment, and can be an important tool to prevent burnout. This highly interactive workshop will use active learning strategies, such as role playing, simulation, and focused reflection on a background of real clinical scenarios to enhance your communication skills and subsequently improve patient care and job satisfaction.



## ACCREDITATION

n support of improving patient care, The Robert Larner College of Medicine at the University of Vermont is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Vermont designates this live activity for a maximum of 16.75 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been reviewed and is acceptable for up to 11 Nursing Contact Hours. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. Please note: if you do not participate in the optional workshops, the conference is accredited for 11 credits.

## CONFERENCE FACULTY

## **Course Directors**

# Caroline Lyon, MD, MPH, FHM

Associate Professor of Medicine Division of Hospital Medicine

## Steven Grant, MD

Associate Professor of Medicine Associate Director Division of Hospital Medicine

# Allen Repp, MD, MSc, SFHM, FACP

Professor of Medicine Vice Chair for Quality Department of Medicine

# **Guest Faculty**

## Shoshana Herzig, MD, MPH, FACP

Director, Hospital Medicine Research Beth Israel Deaconess Medical Center Assistant Professor of Medicine Harvard Medical School

## Peter Lindenauer, MD, MSc, MHM

Professor, Medicine and Quantitative Health Sciences University of Mass. Medical School-Baystate Director, Institute for Healthcare Delivery and Population Science Assistant Dean for Population Baystate Health

## UNIVERSITY OF VERMONT MEDICAL CENTER FACULTY

## \*Jason Bartsch, MD

Assistant Professor of Medicine Division of Hospital Medicine

# Alison Fitzgerald, MD

Assistant Professor of Medicine Division of Nephrology

## Eric Ganguly, MD

Associate Professor of Medicine Division of Gastroenterology

# Zechariah Gardner, MD

Assistant Professor of Medicine Division of Hospital Medicine

# Matthew Gilbert, DO

Associate Professor of Medicine Division of Endocrinology and

# \*Mohit Jindal. MD

Assistant Professor of Medicine Division of Hospital Medicine

# Matthew Kinsey, MD

Assistant Professor of Medicine Division of Pulmonary and Critical Care

# Carlos Marroquin, MD

Associate Professor of Medicine Chief, Transplant and Hepato-Pancratico-Billiary Surgery

# Sanchit Maruti, MD, MS

Assistant Professor of Psychiatry Medical Director, Attending Psychiatrist

# \*Rachel McEntee, MD

Assistant Professor of Medicine Division of Hospital Medicine

# Kristen Pierce, MD

Associate Professor of Medicine Director, Infectious Disease Fellowship Training Program

#### David Rand, DO, MPH

Assistant Professor of Medicine Division of Hospital Medicine

# Lindsay Smith, MD

Assistant Professor of Medicine Division of Infectious Disease

## Peter Van Buren, MD

Associate Professor of Medicine Division of Cardiovascular Medicine

\*Denotes faculty participation in a workshop

2019 Medicine

February 10-12, 2019 Stowe Mountain Lodge Vermon

# The Division of Hospital Medicine **University of Vermont Medical Center** presents

# **Hospital Medicine 2019**

February 10-12, 2019 **Stowe Mountain Lodge** Stowe, Vermont







## PROGRAM SCHEDULE

## SUNDAY, FEBRUARY 10, 2019

#### OPTIONAL WORKSHOP

Point of Care Ultrasound Workshop - UVM Sim Lab, Burlington, VT - Mohit Jindal, MD. Registration and continental breakfast will start at 7:30am with the workshop beginning at 8:00am and adjourning at 12:00pm. This workshop is 45 minutes away by car from the Stowe Mountain Lodge and transportation will not be offered.

#### AFTERNOON SESSION

Time	Topic	Presenter	
4:00 P.M.	Registration, Refreshments and Exhibits		
4:30 P.M.	Keynote Address: Public Reporting in Health Care	Peter Lindenauer, MD	
5:15 P.M.	Tough Glycemic Management Cases	Matthew Gilbert, DO	
6:00 P.M.	00 P.M. BREAK		
6:15 P.M.	15 P.M. Antimicrobial Stewardship		
7:00 P.M.	Quick Hits: Updates in Hospital Medicine	Shoshana Herzig, MD	
7:30 P.M.	Adjourn - Welcome Reception		

## MONDAY, FEBRUARY 11, 2019

## MORNING SESSION

Time	Topic Presenter	
7:00 A.M.	Continental Breakfast and Exhibits	
7:30 A.M.	Making Sense of Inpatient Status	Steven Grant, MD
8:15 A.M.	Interventional Pulmonology	Matthew Kinsey, MD
9:00 A.M.	BREAK	
9:15 A.M.	Advances in Management of Venous Thromboembolism	David Rand, DO
10:00 A.M. On Safari: Zebras and Other Rare Sightings in Vermont		Allen Repp, MD
10:30 A.M. Adjourn		

## MONDAY, FEBRUARY 11, 2019

## OPTIONAL WORKSHOPS

2:00-4:00pm Stowe Mountain Lodge

- A. Physical Exam Skills Workshop Jason Bartsch, MD
- B. Communication Skills Workshop Rachel McEntee, MD

## AFTERNOON SESSION

Time	Topic	Presenter	
4:00 P.M.	Refreshments and Exhibits		
4:30 P.M.	Cholecystitis and Pancreatitis: When Do You Need a Surgeon?	Carlos Marroquin, MD	
5:15 P.M.	Heart Failure Management Peter Van Buren, M		
6:00 P.M.	BREAK		
6:15 P.M.	Inpatient Management of Opioid Addiction	Sanchit Maruti, MD	
7:00 P.M.	P.M. Quick Hits: Acute Kidney Alison Fitzgeral		
7:30 P.M.	Adjourn		

## TUESDAY, FEBRUARY 12, 2019

## MORNING SESSION

Time	Topic	Presenter	
7:00 A.M.	Continental Breakfast and Exhibits		
7:30 A.M.	Diabetic Foot Infections	Kristen Pierce, MD	
8:15 A.M.	Colitis	Eric Ganguly, MD	
9:00 A.M.	BREAK		
9:15 A.M.	Quick Hits: Updates in Consult Medicine	Zechariah Gardner, MD	
9:45 A.M.	Closing Address	TBD	
10:30 A.M.	Conference Adjourns		

## CONFERENCE DETAILS

#### **CONFERENCE SYLLABUS**

The conference syllabus will only be available as an electronic download with PDF versions of the presentations. Please plan to bring your laptop or electronic device to view presentations as well as completing the electronic conference evaluation via our online UVM CMIE system. You will receive a notification that the presentations are available for download prior to the start of the conference.

#### ACCOMMODATIONS

A block of rooms has been reserved at the Stowe Mountain Lodge in Stowe, Vermont. Please make your reservations directly with the Lodge (802-760-4755 or 888-4-STOWEVT) and indicate your participation in the Hospital Medicine Conference to receive special discounted rates: \$289 plus 10% state and local tax, single or double occupancy for studio accommodations. There is a \$10 daily parking charge. Suites are also available at an additional cost. It is recommended that you make your room reservations as soon as possible. Rooms cannot be guaranteed after December 15, 2018.

#### REGISTRATION AND CANCELLATION

Tuition: Register by January 15, 2019 and pay tuition of \$450 Physicians; \$350 Nurses, Physician Assistants and other health professionals; and \$250 for residents and fellows. Fee includes continental breakfast each morning, afternoon refreshments, the welcome reception, and optional Monday afternoon workshops.

Pre-Conference Workshop: \$295 for the POCUS Workshop if attending the full conference or \$395 for workshop only.

ABIM MOC credit will be offered after successful completion of the evaluation component for an additional fee of \$25.

Refunds, minus an administrative fee of \$75, will be made only if notice of cancellation is received, in writing, by January 15, 2019. No refunds are possible after that date.

#### LEISURE ACTIVITIES

This course is designed so that participants are free from 10:30am to 4:00pm for skiing and other winter recreation. The Stowe Mountain Lodge offers extensive recreational facilities and superb artisan inspired cuisine. A world class spa, heated outdoor pool with indoor swim out access and full-service fitness center are located on site.

Stowe exudes breathtaking beauty in the winter. World class skiing is available, at discount rates, by completing the appropriate section on the registration form. For those who seek alternatives to skiing, the village of Stowe offers many small, unique boutiques and antique shops. Nordic skiing, snowmobile rentals, and skating are also available in the area. Call the Stowe Area Association at (802) 253-7321 or visit www. gostowe.com for information.

#### **TRANSPORTATION**

Stowe is 10 minutes north of exit 10, I-89 on Route 100. The local roads leading to the Lodge are clearly marked. Burlington International Airport at Burlington, Vermont (only 45 minutes to Stowe) is served by several major airlines. Car rental or taxi to Stowe is available. Consult your travel agent or airline reservation desk for information. You may wish to rent a car for the 45-minute trip to the hotel to take advantage of the many fine restaurants and shops in Stowe Village and the surrounding area.

## REGISTRATION FORM

Н	OSPITAL MEDICINE	To register online: www.med.uvm.edu/cn	
	ME (As you would like it to appe GREE:	ear on your nametag and certificate) NP	
AD	DRESS		
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PH	ONE	SPECIALTY	
EM	AIL ADDRESS		
TUI	ITION		
	\$450 Physicians		
	\$350 Nurses, Physician Assisto	ants and Other Health Professionals	
	\$250 Residents and Fellows Ve	50 Residents and Fellows Verification by Program Director Required	
	\$ 25 ABIM MOC credit		
	Late Fee: After January 15, 2019 - Add: \$50		
	DITIONAL PRE-CONFERENCE W		
	- +gg		
	**************************************		
	TOTAL AMOUNT DUE	Promise (formilies and come)	
	,	ng Reception (families welcome)	
OP.	TIONAL WORKSHOP ON MONDA	NY, FEBRUARY 11 2-4:00pm	
	I would like to attend the Physi	•	
	I would like to attend the Com	nunication Workshop	
SKI	TICKET INFORMATION		
Sto	we Mountain is now EPIC! Stowe	e is now part of the Vail Resorts Family. EPIC	

passholders can ski Stowe at no extra charge.

#### PRE-ORDER DISCOUNTED SKI TICKET VOUCHERS BY JANUARY 27.

Discounted ski ticket vouchers (approximately 25% off regular ticket price) will be available at registration. Ticket purchase and voucher redemption must be made at the Mountain.

\*Discount vouchers are also available for rentals, lessons, and the Children's Adventure Day Camp. Please call CMIE for more information - (802) 656-2292

#### PAYMENT METHOD

- ☐ To pay by credit card, please register on-line by visiting www.med.uvm.edu/cme and selecting "Hospital Medicine" Conference.
- ☐ To pay by check, payable to the University of Vermont Please mail your payment along with a completed registration form to:

UVM Continuing Medical and Professional Education 401 Water Tower Circle, Suite 102 Colchester, VT 05446 PHONE: 802-656-2292 FAX: 802-656-1925

Registration is requested by January 15, 2019