University of Vermont Project ECHO Treatment of Chronic Pain

This program will highlight best practices and evidence-based care for treating patients who experience chronic pain. The program will identify strategies, screening tools, resources, and emerging topics in this field. The intended audience is a cohort of individuals or practice teams, including family medicine, internal medicine, social work, behavioral health, and addiction medicine providers throughout Vermont.

This program is offered at no-cost to participants through a grant from the Vermont Department of Health. Participants can receive CME credits for each learning session attended. As a pilot offering, in exchange for your critical feedback to help us implement this new program, a \$1,000 practice-level stipend is available.

About Project ECHO

This program uses the Project ECHO model[™]. **Project ECHO**^{*} (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. The ECHO model[™] links teams of interdisciplinary specialists with primary care clinicians. During teleECHO[™] sessions, experts mentor and share their expertise across a virtual network via case-based learning, enabling primary care practice teams to treat patients with complex conditions in their own communities.

2018 PROGRAM SCHEDULE

| DATES (All Fridays, 11:30am to 1pm) | SESSION | DIDACTIC TOPICS (in addition to case review) |
|--|--|---|
| April 6 | TeleECHO Session #1: Project ECHO Orientation | Orientation to Project ECHO Program Overview Anatomy of teleECHO Session Case Presentation Templates |
| April 20 | TeleECHO Session #2 | Opiate-prescribing Best Practices |
| May 4 | TeleECHO Session #3 | Functional Assessment of Patients with Chronic Pain |
| May 18 | TeleECHO Session #4 | Assessing for Misuse |
| June 1 | TeleECHO Session #5 | Interpretation of Urine Drug Testing |
| June 15 | TeleECHO Session #6 | Compassionate Tapering |
| June 29 | TeleECHO Session #7 | Non-opiate Treatments for Chronic Pain |
| July 13 | TeleECHO Session #8 | Role of Interventional Pain Management |
| July 27 | TeleECHO Session #9 | Cannabis Use for Chronic Pain |





The program will help participants build capacity by:

- Providing consultation from an experienced team of experts and specialists through regular web-based case conferences and teaching
- · Providing an interactive and engaged virtual learning environment
- · Focusing on critical issues that arise in the care of patients with chronic pain
- Helping to support and facilitate the quality of care for patients experiencing chronic pain.







Participant commitment:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule, 9 sessions total)
 - Each virtual learning session is 90-minutes in duration and will consist of a case presentation and brief lecture with Q&A
- · Submit case(s) and present them to the group
- · Complete a post-assessment survey at the end of each session
- · Provide requested evaluation feedback at the end of the full program.



TO REGISTER

Complete the registration form by March 16, 2018. As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments.

NOTE: The program has limited enrollment. Registrations will be accepted on a first-come, first-served basis.

General questions about the University of Vermont's Project ECHO can be directed to Elizabeth.Cote@uvm.edu, clinical/topic-specific questions can be directed to Mark.Pasanen@uvm.edu.