

University of Vermont Project ECHO

Treatment of Chronic Pain

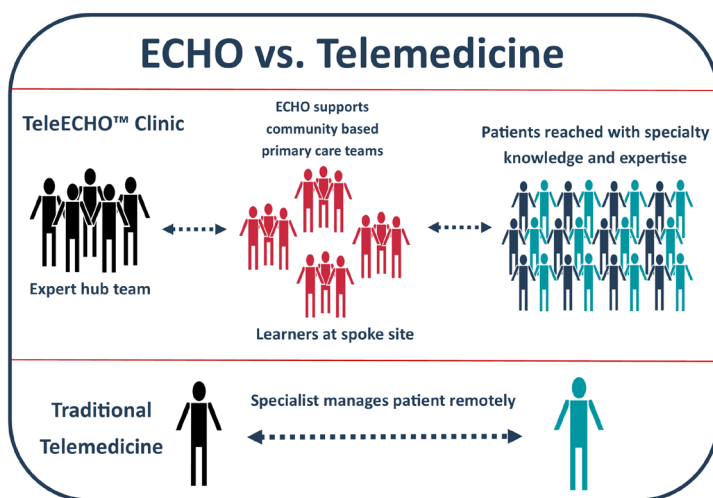


This program will highlight best practices and evidence-based care for treating patients who experience chronic pain. The program will identify strategies, screening tools, resources, and emerging topics in this field. The intended audience is a cohort of individuals or practice teams, including family medicine, internal medicine, social work, behavioral health, and addiction medicine providers throughout Vermont.

This program is offered at no-cost to participants through a grant from the Vermont Department of Health. Participants can receive CME credits for each learning session attended. As a pilot offering, in exchange for your critical feedback to help us implement this new program, a \$1,000 practice-level stipend is available.

About Project ECHO

This program uses the Project ECHO model™. **Project ECHO®** (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. The ECHO model™ links teams of interdisciplinary specialists with primary care clinicians. During teleECHO™ sessions, experts mentor and share their expertise across a virtual network via case-based learning, enabling primary care practice teams to treat patients with complex conditions in their own communities.



2018 PROGRAM SCHEDULE

DATES (All Fridays, 11:30am to 1pm)	SESSION	DIDACTIC TOPICS (in addition to case review)
April 6	TeleECHO Session #1: Project ECHO Orientation	<ul style="list-style-type: none"> • Orientation to Project ECHO • Program Overview • Anatomy of teleECHO Session • Case Presentation Templates
April 20	TeleECHO Session #2	<ul style="list-style-type: none"> • Opiate-prescribing Best Practices
May 4	TeleECHO Session #3	<ul style="list-style-type: none"> • Functional Assessment of Patients with Chronic Pain
May 18	TeleECHO Session #4	<ul style="list-style-type: none"> • Assessing for Misuse
June 1	TeleECHO Session #5	<ul style="list-style-type: none"> • Interpretation of Urine Drug Testing
June 15	TeleECHO Session #6	<ul style="list-style-type: none"> • Compassionate Tapering
June 29	TeleECHO Session #7	<ul style="list-style-type: none"> • Non-opiate Treatments for Chronic Pain
July 13	TeleECHO Session #8	<ul style="list-style-type: none"> • Role of Interventional Pain Management
July 27	TeleECHO Session #9	<ul style="list-style-type: none"> • Cannabis Use for Chronic Pain

The program will help participants build capacity by:

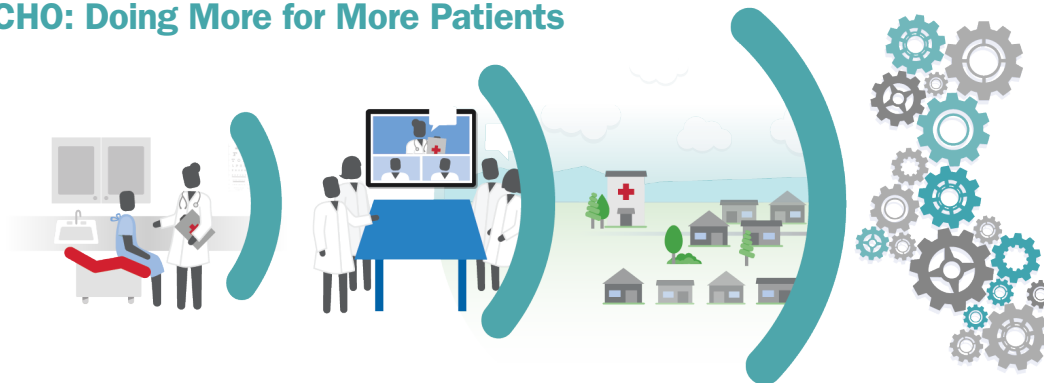
- Providing consultation from an experienced team of experts and specialists through regular web-based case conferences and teaching
- Providing an interactive and engaged virtual learning environment
- Focusing on critical issues that arise in the care of patients with chronic pain
- Helping to support and facilitate the quality of care for patients experiencing chronic pain.



Participant commitment:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule, 9 sessions total)
 - Each virtual learning session is 90-minutes in duration and will consist of a case presentation and brief lecture with Q&A
- Submit case(s) and present them to the group
- Complete a post-assessment survey at the end of each session
- Provide requested evaluation feedback at the end of the full program.

PROJECT ECHO: Doing More for More Patients



PATIENT

- Right Care
- Right Place
- Right Time

PROVIDER

- Acquire New Knowledge
- Treat More Patients
- Build Community of Practice

COMMUNITY

- Reduce Disparities
- Retain Providers
- Keep Patients Local

SYSTEM

- Increase Access
- Improve Quality
- Reduce Cost

TO REGISTER

Complete the registration form by March 16, 2018. As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments.

NOTE: The program has limited enrollment. Registrations will be accepted on a first-come, first-served basis.

General questions about the University of Vermont's Project ECHO can be directed to Elizabeth.Cote@uvm.edu, clinical/topic-specific questions can be directed to Mark.Pasanen@uvm.edu.

University of Vermont Project ECHO

Participant Registration and Statement of Collaboration Form



Please complete this registration form by: March 16, 2018

Project ECHO Program: Treatment of Chronic Pain **Program start date:** April 6, 2018 (11:30am to 1pm)

See Program Overview document for program description, objectives, and full schedule for TeleECHO sessions.

Participant Name: _____

Degree/License Type (e.g., MD, APRN, RN, etc.): _____

Telephone: _____ Email: _____

Organization/Practice/Worksite Name: _____

Address: _____ Town/State/Zip: _____

Are you joining Project ECHO as part of a team within your practice or organization? _____

If yes, please list your team members and their roles in the practice: _____

Can we share your contact information with other cohort members in this program? _____

Participant Commitment and Statement of Collaboration:

I have read the Program Overview and by signing this form, I agree that I am committed to working with Project ECHO at UVM and will:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule, 9 sessions total)
 - Each virtual learning session is 90-minutes in duration and will consist of a case presentation and brief lecture with Q&A. Internet access and a webcam are required. This program uses Zoom web conferencing software; a link to the session will be shared with participants prior to each session.
- Submit (de-identified) case(s) and present them to the group
- Complete a post-assessment survey at the end of each session
- Provide requested evaluation feedback at the end of the full program.

I understand that:

- Project ECHO case consultations do not create or otherwise establish a provider-patient relationship between any teleECHO clinician and any patient whose case is being presented in a teleECHO session, and
- While the case consultations and teleECHO sessions may offer recommendations regarding effective evaluation, care, and treatment options, these represent recommendations only. The patient's treating provider retains sole responsibility for selecting and implementing the plan for evaluation, care, and treatment of the patient.

Sign by typing name: _____ Date: _____

Return completed form to one of the following:

Fax: 802-656-3016

Email: ahec@uvm.edu

Mail: UVM OPC and AHEC Program
1 South Prospect Street, Arnold 5
Burlington, VT 05401

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