COVID-19 in Pediatric Patients (Pre-K – Grade 12)
Triage, Evaluation, Testing and Return to School*

*This algorithm was developed in the setting of Vermont’s low prevalence of SARS-CoV-2 Virus. This is a changing environment, and as we gain new knowledge about this virus, expect adaptations

Exposure to known COVID 19+ patient or high-risk travel?¹

Yes

Any of following symptoms? Fever, cough, shortness of breath, sore throat, runny nose, lack of smell/taste, nausea, vomiting, diarrhea, fatigue, muscle aches, headache

Yes

Consult medical home to arrange COVID PCR test

Negative Test²

Exposure in home?

Yes

Return to school when: quarantine complete; timing depends on exposure risk; consult VDH at (802) 863-7240 (option 3 daytime, option 7 after hours).

No

Return to school when: ≥24 hours afebrile without the use of antipyretics and symptoms improved

Positive Test

Exposure in home?

Yes

Return to school when: ≥10 days have passed since symptoms first appeared and ≥24 hours afebrile without the use of antipyretics and symptoms improved

No

Return to school when: ≥24 hours afebrile without the use of antipyretics and symptoms improved and 14 days passed since last exposure

Exposure in home?

Yes

Option 1: Isolate away from infected person in household / leave household and then Option A or B

Option A: 14-day quarantine

Option B: COVID PCR test on day 7 if asymptomatic

No

Option 2: Remain in household

Return to school when: Finished 14-day quarantine, which begins after person with latest onset of symptoms clears infection (10 days from onset, fever resolved ≥24 hr, symptom resolution)

Negative Test

Return to school when: ≥10 days have passed since symptoms first appeared and ≥24 hours afebrile without the use of antipyretics and symptoms improved

Positive Test

Return to school when: 14 days passed since last exposure

¹Exposure/travel: had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19; or traveled to or lived in an area where the local, Tribal, territorial, or state health department is reporting large number of cases of COVID-19 https://accd.vermont.gov/covid-19/restart/cross-state-travel. High-risk travel also includes travel to a “green” area via public transportation (e.g., airplane, bus)

²If highly suspect COVID, may repeat test in 24 hours
COVID-19 in Pediatric Patients (Pre-K – Grade 12)

Triage, Evaluation, Testing and Return to School*

*This algorithm was developed in the setting of Vermont’s low prevalence of SARS-CoV-2 Virus. This is a changing environment, and as we gain new knowledge about this virus, expect adaptations

Exposure to known COVID 19+ patient or high-risk travel?*

- Yes: see page 1
- No

Any of following symptoms? Fever, cough, shortness of breath, sore throat, runny nose, lack of smell/taste, nausea, vomiting, diarrhea, fatigue, muscle aches, headache

- Yes
- No

- Return to school, follow current school policies for any other symptoms (i.e. rash, ear pain, joint pain)*

Consult medical home to arrange COVID PCR test

- Negative Test
- Positive Test

- Negative Test

- Return to school when: ≥ 24 hours afebrile without the use of antipyretics and symptoms improved

- Return to school when: ≥ 10 days have passed since symptoms first appeared and ≥ 24 hours afebrile without the use of antipyretics and symptoms improved

- No test but alternative diagnosis made

- No test and no alternative diagnosis

Return to school when: ≥ 24 hours after symptom improvement or resolution*