

# Vermont CAPTA Notification

## INSTRUCTIONS:

Infant exposures to certain substances during pregnancy are tracked by the Vermont Department for Children and Families (DCF) for reporting to the Children's Bureau based on federal law (CAPTA). The use of the prescribed substances listed below and/or marijuana during pregnancy requires the completion of the Vermont Plan of Safe Care (POSC) prior to infant discharge from the hospital and submission of this de-identified CAPTA notification form to DCF. Identifying information such as names, medical record numbers, and dates of birth should not be included on this form. The POSC and de-identified CAPTA notification should be completed by the hospital that discharged the infant.

Please submit via secure fax (802) 241-9060 or scan to [AHS.DCFSDCaptaNotification@vermont.gov](mailto:AHS.DCFSDCaptaNotification@vermont.gov)  
(No cover sheet necessary)

**Reminder:** A report to the DCF child protection hotline (1-800-649-5285) should be made in these situations:

- Substance use is a concern for child safety
- Use of an illegal substance or non-prescribed prescription medication, or misuse of prescription medication during the third trimester of pregnancy.
- Newborn has a positive confirmed toxicology result for an illegal substance or non-prescribed medication.
- Newborn develops signs or symptoms of withdrawal as the result of exposure to illegal substances, use of non-prescribed medications, misuse of prescribed medication, or due to undetermined exposure.
- Newborn is suspected to have fetal alcohol spectrum disorder, or the pregnant individual had active alcohol use disorder during the third trimester of pregnancy.

For reports that are accepted by DCF, the POSC will be completed by DCF.

Please check the boxes that apply to the current pregnancy:

The pregnant individual was treated by a healthcare provider with:

- Medications for Addiction Treatment (MAT): Methadone, Buprenorphine, Subutex, Suboxone, Naloxone
- Prescribed opioids for chronic pain
- Prescribed benzodiazepines

The pregnant individual used marijuana during pregnancy (use continued after the first trimester):

- Recreational THC
- Prescribed THC

Additional exposures:

- Alcohol            Amount if known: \_\_\_\_\_
- Nicotine/Tobacco/E-cigarettes            Amount if known: \_\_\_\_\_
- Other prescribed medications (ex. SSRIs): \_\_\_\_\_

Please check if any of the following apply:

- A Plan of Safe Care was completed and was sent to the infant's primary care provider
- The pregnant individual was engaged in services prior to delivery (ex: counseling, treatment, parenting classes)
- New referrals were made for services for the infant and/or parents/caregivers after birth

Unique Record Identifier:  -   
(Hospital code followed by last 4 digits of hospital medical record number)

## Vermont CAPTA Notification (continued)

### Vermont Hospital Codes

University of Vermont Medical Center	UVM
Brattleboro Memorial Hospital	BMH
Copley Hospital	CH
Central Vermont Medical Center	CVMC
Gifford Medical Center	GMC
North Country Hospital	NCH
Northeastern Vermont Regional Hospital	NVRH
Northwestern Medical Center	NMC
Porter Medical Center	PMC
Rutland Regional Medical Center	RRMC
Southwestern Vermont Medical Center	SVMC

For questions about the Vermont Plan of Safe Care or the CAPTA/DCF notification, please visit the Department for Children and Families website at: <https://dcf.vermont.gov/fsd/partners> or email [AHS.DCFSDCAPTA@vermont.gov](mailto:AHS.DCFSDCAPTA@vermont.gov)