What is VT LEND?

- Vermont Leadership Education in Neurodevelopmental and Related Disabilities (LEND) program
- Part of a national network of 52 LEND programs in 44 states called AUCD-Association of University Centers on Disabilities (www.aucd.org)

What does it do?

- Trains professionals, self-advocates and family members to become leaders and change systems
- Teaches about
  - Leadership
  - Disabilities
  - Working on teams
  - How to work better with and for people from different cultures
  - Making systems work better for all

How long is the program?

- 9 month training program – September - May
**Who is in the program?** Family members, self-advocates, professionals & university students

<table>
<thead>
<tr>
<th>Family members of person with disability</th>
<th>Public Health Professionals</th>
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<tbody>
<tr>
<td>Self-Advocates</td>
<td>Physical Therapists</td>
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<td>Teachers</td>
<td>Lawyers</td>
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<tr>
<td>Medical Doctors</td>
<td>Psychologists</td>
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<tr>
<td>Nurses</td>
<td>Social Workers</td>
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<tr>
<td>Nutritionists or Dieticians</td>
<td>Special Education Teachers</td>
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<tr>
<td>Occupational Therapists</td>
<td>Speech/Language Pathologists</td>
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**VT LEND Training Activities (230-240 hours)**

2 UVM Graduate ONLINE classes- Tuition paid by VT LEND
One class in the fall and one in the spring

**Leadership Discussions:** All faculty and trainees discuss clinical, leadership, or policy & systems issues

**Mentorship meetings:** Weekly meetings with one faculty to talk about your leadership skills and goals

**Leadership Goal Plan:** Design a plan to meet your leadership goals

**Legislative & Policy Training:** Learn about legislative process, policy & advocacy; and spend a day at the state house

**Disability Policy Seminar:** 3.5 days in Washington DC
Trainings on policy and legislative issues. Meetings with legislators.

VT LEND Trainees and Fellows (T/Fs) 2018-19
Required Internship Experience (50-60 hours)

Family Connection: Meeting with a family with child with disability to learn about their experience
Technical Assistance: Faculty and trainees provide ideas on a challenging leadership or clinical issue.

Internship Opportunities (30-40 hours)
Places to complete internships could be:
- VT I-Team
- Pediatric Medical Homes
- UVM Medical Center
- Policy internships
- Children’s Integrated Services (CIS) teams
- Community organizations

Program Details

- One academic year: September – May
- 300 hour program
  - 10 half-day meetings in person or on Adobe Connect web conferencing
  - 1 full day at VT Statehouse or other legislative activity
  - 3.5 days training in Washington DC
- One graduate course (3 credits) per semester
  - Tuition paid by program
  - Student fee must be paid by participant
- Stipend paid to each participant
- Educational Coaching provided for Self-Advocates

To apply, visit our website: www.med.uvm.edu/vtlend

Questions???
- Email our Program Coordinator, Naw-Esther Doh at ndoh@uvm.edu

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Larner College of Medicine