



## Introduction

This resource kit was developed by the Youth Health Improvement Initiative, a collaborative project between Vermont Child Health Improvement Program (VCHIP), the Vermont Department of Health, and with support from the Adolescent and Young Adult Health National Resource Center. We would like to thank all our partners and collaborators who help promote high quality adolescent and youth services throughout Vermont.

The Youth Health Improvement Initiative has worked with Vermont primary care providers to improve health outcomes for adolescents and young adults through coaching providers to improve the consistency and quality of preventive services during well care visits.

Creating interest and value with adolescents, young adults and parents and guardians ensures Vermont youth are accessing timely and appropriate care. This resource kit was designed to help guide health care practitioners to develop their own unique approach to delivering high quality adolescent and young adult services. All aspects of this kit should be used in conjunction with clinical judgment and sensitivity to this dynamic population.

