



Clinical Resource Web Links

**refer to electronic document for direct links*

Section 1: Tools for Patients and Families

Handouts for Patients and Families:

Youth & Adolescent Male Health

- Center for Young Men's Health at Boston Children's Hospital
<http://youngmenshealthsite.org/>

Youth & Adolescent Female Health

- Center for Young Women's Health at Boston Children's Hospital
<https://youngwomenshealth.org/>

Body Image, Health Eating & Exercise

- Daily Activity Diary – BACE (Body Care, Achievement, Connect with others & Enjoyment)*
<https://www.get.gg/docs/BACEdiary.pdf>

Contraception

- Reproductive Health Access Project Contraception Handouts
<https://www.reproductiveaccess.org/key-areas/contraception/>

Substance Use Resources

- NIH National institute on Alcohol abuse and Alcoholism. Parenting to prevent alcohol abuse. *
<https://pubs.niaaa.nih.gov/publications/adolescentflyer/adolFlyer.pdf>
- Students Against Destructive Decisions (SADD). Contract for Life. *
<https://ceasar.childrenshospital.org/wp-content/uploads/2017/08/English-Contract-for-Life-1.pdf>

AHWG: Adolescent Health Working Group:

Resources for Youth around Body Image, Healthy Eating & Exercise

- Eating, Exercise & Body Image Continuum*
<http://ahwg.net/wp-content/uploads/2017/07/Eating-Exercise-and-Body-Image-Continuum.pdf>



- Exercise Pyramid*
<http://ahwg.net/wp-content/uploads/2017/07/Exercise-Pyramid.pdf>
- Healthy Eating & Snacking Tips*
<http://ahwg.net/wp-content/uploads/2017/07/Healthy-Eating-and-Snacking-Tips.pdf>
- Healthy Weight*
<http://ahwg.net/wp-content/uploads/2017/07/Healthy-Weight.pdf>
- Myths and Facts of Dieting*
<http://ahwg.net/wp-content/uploads/2017/07/Myths-and-Facts-of-Dieting.pdf>
- Nutrition: Building Your Plate*
<http://ahwg.net/wp-content/uploads/2017/07/Building-Your-Plate-English.pdf>
- Nutrition: Checklist for a Healthier Lifestyle*
<http://ahwg.net/wp-content/uploads/2017/07/Checklist-for-a-Healthier-Lifestyle.pdf>
- Nutrition: What is a Single Serving?*<http://ahwg.net/wp-content/uploads/2017/07/Single-Serving-Info-English.pdf>
- What is Body Image?*<http://ahwg.net/wp-content/uploads/2017/07/What-Is-Body-Image.pdf>

AHWG: Adolescent Health Working Group:

Resources for Parents and Caregivers

- Does My Teen Need Help?*<http://ahwg.net/wp-content/uploads/2017/07/For-Parents-Does-My-Teen-Need-Help-English.pdf>
- The 5 Basics of Parenting Adolescent*
<http://ahwg.net/wp-content/uploads/2017/07/5-Basics-of-Parenting-Adolescents-English.pdf>

**indicates hardcopy print version is included in this toolkit*

v.2 June 2018



Websites & Resources for Parents and Teens:

- Center for Young Men's Health at Boston Children's Hospital
<http://youngmenshealthsite.org/>
- Center for Young Women's Health at Boston Children's Hospital
<https://youngwomenshealth.org/>
- CDC: If you choose not to vaccinate your child, understand the risks and responsibilities.
<https://www.cdc.gov/vaccines/hcp/conversations/downloads/not-vacc-risks-color-office.pdf>
- CHOP: Recommended Immunization Schedule Q & A
<https://media.chop.edu/data/files/pdfs/vaccine-education-center-recomm-immuniz-sched-eng.pdf>
- National Institute on Drug Abuse for Children & Teens
<https://www.drugabuse.gov/children-and-teens>
- NIH National Institute on Alcohol Abuse and Alcoholism. Make a difference. Talk to your child about alcohol
https://pubs.niaaa.nih.gov/publications/MakeADiff_HTML/makediff.htm
- NIH National Institute on Drug Abuse for Teens. Drug Facts.
<https://teens.drugabuse.gov/drug-facts>
- NIH National Institute on Drug Abuse. Easy to Read Drug Facts.
<https://easyread.drugabuse.gov/>
- NIH National institute on Drug Abuse. Family Checkup, Positive Parenting Prevents Drug Abuse.
https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/familycheckup_8_15.pdf
- Partnership for Drug Free Kids
<https://drugfree.org/>
- The Teen Years Explained: A Guide to Health Adolescent Development
https://www.jhsph.edu/research/centers-and-institutes/center-for-adolescent-health/_docs/TTYE-Guide.pdf

**indicates hardcopy print version is included in this toolkit*

v.2 June 2018



Section 2: Tools for Clinicians

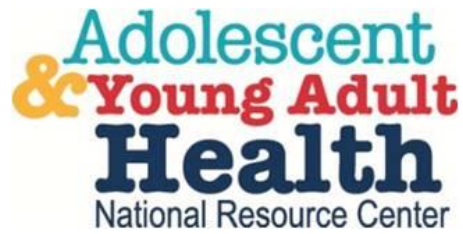
Adolescent Friendly Services:

- 3 Keys to Health Services – Youth Friendly*
<http://www.amchp.org/programsandtopics/AdolescentHealth/Documents/3%20Keys%20Infogr aphic.png>
- Adolescent Well Visit Brochure Template (click *View* then *Edit Document*)
http://contentmanager.med.uvm.edu/docs/awv_brochure_template/vchip-documents/awv_brochure_template.docx?sfvrsn=2
- Setting up an Adolescent Friendly Environment*
http://contentmanager.med.uvm.edu/docs/michigan_setting_up_adolescent_friendly_enviornment/vchip-documents/michigan_setting_up_adolescent_friendly_enviornment.pdf?sfvrsn=2
- Standards of Youth Centered Care*
http://contentmanager.med.uvm.edu/docs/standards_of_youth_centered_care_infographic_final/vchip-documents/standards_of_youth_centered_care_infographic_final.jpg?sfvrsn=2
- Tips for Creating a More Youth Friendly Clinic Environment
http://contentmanager.med.uvm.edu/docs/oregon_doh_teenfriendlyclinic/vchip-documents/oregon_doh_teenfriendlyclinic.pdf?sfvrsn=2
- VCHIP's Adolescent and Youth Friendly Clinic Assessment Tool*
http://contentmanager.med.uvm.edu/docs/vermont_aya_assessment_tour_toolee97e3e4b8896cc59be4ff0000359472/vchip-documents/vermont_aya_assessment_tour_toolee97e3e4b8896cc59be4ff0000359472.pdf?sfvrsn=2

Adolescent Well Visit

- Paving the Road to Good Health: Strategies for Increasing Medicaid Adolescent Well Care Visits
<https://www.medicaid.gov/medicaid/benefits/downloads/paving-the-road-to-good-health.pdf>
- Society for Adolescent Health and Medicine Clinical Care Resources
<http://www.adolescenthealth.org/Resources/Clinical-Care-Resources.aspx>

**indicates hardcopy print version is included in this toolkit*



Building Strengths and Resilience

- Inspiring Health Adolescent Choices: A Rationale for and Guide to Strength Promotion in Primary Care
[http://www.jahonline.org/article/S1054-139X\(07\)00240-6/abstract](http://www.jahonline.org/article/S1054-139X(07)00240-6/abstract)
- Trauma & Resilience: An Adolescent Provider Toolkit by the Adolescent Health Working Group
<https://rodriguezgsarah.files.wordpress.com/2013/05/traumaresbooklet-web.pdf>

Confidentiality

- Adolescent Health Working Group-Confidentiality*
<http://www.publichealth.lacounty.gov/dhsp/Providers/toolkit2.pdf>
- Protecting Youth Confidentiality (handout/tip sheet)*
<http://illinoisap.org/wp-content/uploads/TipsProtectingConfidentiality.pdf>

General Adolescent Healthcare

- AAP Bright Futures Periodicity Schedule*:
https://www.aap.org/en-us/Documents/periodicity_schedule.pdf
- Adolescent Health Working Group
<http://ahwg.net/>
- Comparison of the Adolescent Well Care Visit and Pre-Participation Physical Evaluation*
http://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/Documents/OHAOSAA_Well_Visit_SportPhys_Compare.pdf
- Health Provider Toolkit for Adolescent and Young Adult Males
<http://ayamalehealth.org/#sthash.Xx8zzFuV.dpbs>
- Know Your Health Toolkit*
[http://www.amchp.org/programsandtopics/AdolescentHealth/Documents/Know%20Your%20Health%20Toolkit%20\(DRAFT\)%20from%20New%20Mexico.pdf](http://www.amchp.org/programsandtopics/AdolescentHealth/Documents/Know%20Your%20Health%20Toolkit%20(DRAFT)%20from%20New%20Mexico.pdf)
- Michigan Adolescent Health Initiative
<http://www.umhs-adolescenthealth.org/>

**indicates hardcopy print version is included in this toolkit*



- Summary of Recommended Guidelines for Clinical Preventive Services for Young Adults*
<http://nahic.ucsf.edu/wp-content/uploads/2013/10/Screening-Guidelines-YA-11.20.17.pdf>
- Summary of Recommended Guidelines for Clinical Preventive Services for Young Adults ages 18-25: Risk Factors and Recommended Screening Tests*
http://nahic.ucsf.edu/wp-content/uploads/2017/11/YA-Summary-Guidelines_Nov-20-2017.pdf

Handouts

- Be in Charge of Your Health*
<http://idph.iowa.gov/Portals/1/userfiles/110/Be%20In%20Charge%20Original.pdf>
- HPV Vaccine for Preteens and Teens*
<https://www.cdc.gov/vaccines/parents/diseases/teen/hpv-basics-color.pdf>
- HPV fact sheet for parents*
<https://www.cdc.gov/vaccines/parents/diseases/teen/hpv-indepth-color.pdf>
- Human Papillomavirus (HPV) Tools and Materials for Your Office*
<https://www.cdc.gov/hpv/hcp/tools-materials.html>
- Parents Need to Know about the Adolescent Well Visit*
<http://idph.iowa.gov/Portals/1/userfiles/110/Parents%20Guide%20Original.pdf>
- Teens Need to Know about the Adolescent Well Visit*
<http://idph.iowa.gov/Portals/1/userfiles/110/Teens%20Guide%20Original.pdf>
- The Adolescent Health Supervision Visit*
http://contentmanager.med.uvm.edu/docs/adolescent_well_visit_for_parents/vchip-documents/adolescent_well_visit_for_parents.pdf?sfvrsn=2
- Understanding the Roles*
<http://idph.iowa.gov/Portals/1/userfiles/110/The%20Roles%20Original.pdf>
- VCHIP's Understanding Confidentiality*
http://contentmanager.med.uvm.edu/docs/understanding_confidentiality/vchip-documents/understanding_confidentiality.pdf?sfvrsn=2

**indicates hardcopy print version is included in this toolkit*

v.2 June 2018



Immunizations:

- American Academy of Pediatrics: Human Papillomavirus (HPV) CHAMPION TOOLKIT
<https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/immunizations/HPV-Champion-Toolkit/Pages/HPV-Champion-Toolkit.aspx>
- Centers for Disease Control and Prevention (CDC) Vaccinations & Immunizations
<https://www.cdc.gov/vaccines/index.html>
- CDC: Information for Health Care Professionals about Adolescent Vaccines*
<https://www.cdc.gov/hpv/downloads/hcp-factsheet.pdf>
- CDC Immunization Schedule
<https://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html>
- CDC: Talking to Parents about HPV Vaccine
<https://www.cdc.gov/hpv/hcp/for-hcp-tipsheet-hpv.pdf>
- CDC HPV Posters
<https://www.cdc.gov/hpv/hcp/hpv-important/infographic-hpv-screening-508.pdf> *
<https://www.cdc.gov/vaccines/partners/downloads/teens/close-the-door-f.pdf> *
<https://www.cdc.gov/vaccines/partners/downloads/teens/vaccine-for-cancer-f.pdf> *
- Immunization Action Coalition
<http://www.immunize.org/>
- Talking to Parents about HPV Vaccine*
<https://www.cdc.gov/hpv/hcp/for-hcp-tipsheet-hpv.pdf>

Interviewing

- AYA Male Health Toolkit. SAMPLE PATIENT QUESTIONS*
<https://www.ayamalehealth.org/docs/Sample-Patient-Questions.pdf>
- Strength-based Interviewing*
<https://www.ncbi.nlm.nih.gov/pubmed/19492689>

**indicates hardcopy print version is included in this toolkit*

v.2 June 2018



LGBTQ and Transgender Health

- ACT for Youth – Resources for Working with LGBT Patients: Guides, Kits and Recommendations
<http://actforyouth.net/adolescence/healthcare/lgbt.cfm>
- Caring for LGBTQ Youth: The Fenway Guide to LGBT Health – Module 4
<http://www.lgbthealtheducation.org/wp-content/uploads/Module-4-Caring-for-LGBTQ-Youth.pdf>
- CDC LGBT Youth
<https://www.cdc.gov/lgbthealth/youth.htm>
- Gender Pronouns*
<http://www.transstudent.org/pronounsgraphic.jpg>
- GLSEN safe space kit (Safe Space kits: Be an ALLY to LGBTQ for purchase)
<http://www.glsen.org/safespace>
- It Gets Better (Connecting LGBTQ youth around the world)
<http://www.itgetsbetter.org>
- List of Mental Health Providers Experienced with Trans Youth*
http://contentmanager.med.uvm.edu/docs/mental_health_providers_experienced_with_trans_youth/vchip-documents/by_location_mental_health_providers_experienced_with_trans_youth.pdf?sfvrsn=6
- Outright Vermont (Local resources, support, and events)
<http://www.outrightvt.org>
- Recommendations for Promoting the Health and Well-Being of Lesbian, Gay, Bisexual, and Transgender Adolescents (*Article*)
[http://www.jahonline.org/article/S1054-139X\(13\)00057-8/pdf](http://www.jahonline.org/article/S1054-139X(13)00057-8/pdf)
- Safe Schools Coalition (posters, stickers, calendars for purchase)
<http://www.safeschoolscoalition.org/RG-posters.html>
- The Gender Unicorn*
<http://www.transstudent.org/wp-content/uploads/2017/10/genderunicornexample1.jpg>

**indicates hardcopy print version is included in this toolkit*



- The Trevor Project (Crisis intervention and suicide prevention help)
<http://www.thetrevorproject.org>

Mental Health

- Cognitive Behavioral Therapy self-help and therapy resources
<https://www.getselfhelp.co.uk//index.html>

Posters & Brochures

- Adolescent Working Group: Resources for Teens, Parents, and Providers
<http://ahwq.net/resources/>
- Trans Student Educational Resources
<http://www.transstudent.org/graphics>

Screening

- CDC STD Treatment Wall Chart*
<https://www.cdc.gov/std/tg2015/2015-wall-chart.pdf>
- CRAFFT Screening Tool (substance use)*
<http://ceasar.childrenshospital.org/crafft/crafft-2-0-self-administered-questionnaire/>
- PHQ-9 (depression screening) *
http://contentmanager.med.uvm.edu/docs/phq_-_questions-1ffa3e0e4b8896cc59be4ff0000359472/vchip-documents/phq_-_questions-1ffa3e0e4b8896cc59be4ff0000359472.pdf?sfvrsn=2

Sexual and Reproductive Health

- 2015 STD Treatment Guidelines APP available for iPhone or Android
Apple Devices: <https://itunes.apple.com/us/app/std-tx-guide/id655206856?mt=8>
Android Devices: <https://play.google.com/store/apps/details?id=gov.cdc.stdtguide&hl=en>
- ACT Youth – Sexual Health: Clinical Tools and Patient Education
http://actforyouth.net/adolescence/healthcare/clinical_tools.cfm

**indicates hardcopy print version is included in this toolkit*



- Adolescent STI Screening guidelines – May 2014
http://contentmanager.med.uvm.edu/docs/2014_sti_screening_guidelines_vermont/vchip-documents/2014_sti_screening_guidelines_vermont.pdf?sfvrsn=2
- Association of Reproductive Health Professionals – Adolescent Health
<http://www.arhp.org/topics/adolescent-health>
- Birth Control for Men (handout)*
<https://www.reproductiveaccess.org/wp-content/uploads/2014/12/bc-men.pdf>
- CDC Contraceptive APP
Apple Devices <https://itunes.apple.com/us/app/contraception/id595752188?mt=8>
Android Devices
<https://play.google.com/store/apps/details?id=gov.cdc.ondieh.nccdphp.contraception2>
- CDC STD Treatment Guidelines 2015
<https://www.cdc.gov/std/tg2015/tg-2015-print.pdf>
- CDC STD Treatment Pocket Guide
<https://www.cdc.gov/std/tg2015/2015-pocket-guide.pdf>
- CDC STD Treatment Wall Chart
<https://www.cdc.gov/std/tg2015/2015-wall-chart.pdf>
- Color Photos of Combined and Progestin-Only Oral Contraceptives
<http://www.contraceptivetechnology.org/wp-content/uploads/2013/10/Pill-Pages.pdf>
- North American Society for Pediatric and Adolescent Gynecology Clinical Recs
<http://www.naspag.org/?page=clinicalrecommend>
- Physicians for Reproductive Health: Adolescent Reproductive & Sexual Health Case Videos
<https://prh.org/adolescent-reproductive-sexual-health-case-videos/>
- Quick Start Algorithm (Birth Control)*
<https://www.reproductiveaccess.org/wp-content/uploads/2014/12/QuickstartAlgorithm.pdf>
- Reproductive Health Access Project Contraception Handouts
<https://www.reproductiveaccess.org/key-areas/contraception/>

**indicates hardcopy print version is included in this toolkit*



- Your Birth Control Choices (handout)*
https://www.reproductiveaccess.org/wp-content/uploads/2014/06/contra_choices.pdf

Sexual Education

- Amaze
<https://amaze.org/>

Substance Use

- AAP Clinical Report: Substance use screening, brief intervention and referral to treatment.
<http://pediatrics.aappublications.org/content/pediatrics/138/1/e20161211.full.pdf>
- Center for Adolescent Substance Abuse Research (CeASAR). The CRAFFT Questionnaire (version 2.1)*
https://ceasar.childrenshospital.org/wp-content/uploads/2018/04/CRAFFT-2.1_Clinician-Interview_2018-04-23.pdf
- NIH National institute on Alcohol abuse and Alcoholism. Alcohol Screening and Brief Intervention for Youth, A Practitioners Guide.
<https://pubs.niaaa.nih.gov/publications/Practitioner/YouthGuide/YouthGuide.pdf>
- NIH National institute on Alcohol abuse and Alcoholism. The AUDIT Questionnaire *
<https://pubs.niaaa.nih.gov/publications/Practitioner/YouthGuide/AUDIT.pdf>
- SAMHSA-HRSA. SBIRT: Screening, brief intervention and referral to treatment.*
https://www.integration.samhsa.gov/SBIRT_Issue_Brief.pdf
- SBIRT – Addressing alcohol and drug use in medical settings
<http://sbirt.vermont.gov/>
- Vermont Department of Health: Division of Alcohol & Drug Abuse Programs
<http://www.healthvermont.gov/alcohol-drugs>
- Vermont Department of Health – How do I find alcohol and drug addiction treatment in Vermont?
<http://www.healthvermont.gov/alcohol-drug-abuse/how-get-help/find-treatment>

**indicates hardcopy print version is included in this toolkit*



Videos

- Adolescence 101 (video)
<https://www.youtube.com/watch?v=3s8-X0NY8I>
- Intro to Motivational Interviewing (video)
<https://www.youtube.com/watch?v=s3MCJZ7OGRk>
- Motivational Interviewing: OARS Skills (video)
<https://www.youtube.com/watch?v=KNIPGV7Xyg>
- Pedicases' Effective Interviewing of Adolescent Boys and Young Men (video)
<http://pedicases.org/interviewing/vig1.html>
- Seeking Common Ground: Managing Challenging Adolescent Behaviors (video)
<https://www.youtube.com/watch?v=cPDI-rTgrxE>
- The Partnership for Male Youth: AYA Health Provider Toolkit (video library)
<http://www.ayamalehealth.org/video-library.php#sthash.VL1spHth.OeK4wIFH.dpbs&sref=https://delicious.com/sahrc/HealthCare>

Section 3: Online Training Opportunities for Clinicians

- Adolescent Immunization Update and the 16-Year-Old Platform
<http://www.immunize.org/webinars/atkinson2/>
- Adolescent Working Group: Training Modules for Providers
<http://ahwg.net/resources/>
- American Academy of Pediatrics: Role Play Simulations for Clinical Training
<https://aap.kognito.com/>
- Online Training and Webinars for Health Care Professionals
<http://actforyouth.net/adolescence/healthcare/training.cfm>
- PowerPoint Modules developed by SAMHSA to effectively deliver SBIRT
<http://sbirt.vermont.gov/training/power-point-modules/>
- University of Michigan Adolescent Health Initiative: Spark Trainings
<http://www.umhs-adolescenthealth.org/improving-care/spark-trainings/>

**indicates hardcopy print version is included in this toolkit*