

IVORI ZVORSKY

1 South Prospect St., UHC 1415, Burlington, VT 05401
802.656.2634 izvorsky@uvm.edu

Predoctoral Trainee in Substance Abuse

EDUCATION

University of Vermont, Burlington, VT
Ph.D. in Clinical Psychology (expected 2020)

University of Richmond, Richmond, VA
BACHELOR OF ARTS IN PSYCHOLOGY, MINOR IN FRENCH (2012)
Graduated *summa cum laude*, GPA: 3.9, Departmental Honors in Psychology

Université Catholique de Lille, Lille, France
STUDY ABROAD, ALL-FRENCH SPEAKING UNIVERSITY (2010)

RESEARCH EXPERIENCE

Vermont Center on Behavior and Health, University of Vermont, Burlington, VT

PREDOCTORAL TRAINEE IN SUBSTANCE ABUSE: July 2014- Present

- Principal Investigator: Stephen T. Higgins, Ph.D.
- Grants: R01HDA075669, P50DA036114, R01HD078332-01, P20GM103644, T32DA007242
- Topic areas: behavioral pharmacology, behavioral economics, peripartum mood disorders, addiction, nicotine dependence, opioid addiction, infant development, and low nicotine content cigarettes
- Conducting clinical trials on incentives-based smoking cessation treatment in vulnerable populations, including: low SES pregnant and newly postpartum women, opiate-maintained pregnant and newly postpartum women, low SES mothers of young children, and peripheral vascular disease patients
- Supervising and maintaining cigarette dispensary for a double-blind, multi-site, multi-project study investigating low nicotine content cigarettes

Behavioral Pharmacology Research Unit, Johns Hopkins University, Baltimore, MD

RESEARCH PROGRAM COORDINATOR: June 2013- June 2014

- Conducted a marijuana treatment study
 - Ran initial screens and twice weekly sessions with participants
 - Collected data and maintained databases and regulatory logs
- Facilitated study design and execution of a passive marijuana inhalation study in 3 months
 - Logistically planned study flow and timing to garner the best data while maintaining participant comfort
 - Created collection materials and documents
 - Recruited ~60 participants over a one month period for 3 separate 36 hour sessions
 - Collected data for a monitoring visit that occurred one month after study completion

Hematologic Malignancies Division, Johns Hopkins University, Baltimore, MD

RESEARCH PROGRAM COORDINATOR: September 2012- May 2013

- Enforced proper protocol to ensure adherence and accuracy in clinical drug trials for patients with cancer
- Conducted weekly meetings with principle investigators and nurses to discuss patients, study progress, and protocol regulation

Dr. Laura Knouse's Laboratory, University of Richmond, Richmond, VA

LABORATORY COORDINATOR: June 2012-August 2012

SENIOR HONORS THESIS: August 2011-May 2012

- Created a research project from ground up to completion, which explored how cognitive processes controlling behavior moderated the effect of stress on alcohol consumption
- Utilized the Barkley Deficits of Executive Functioning Scale (BDEFS), the Implicit Association Test (IAT), and various questionnaires pertaining to alcohol consumption
- Researched topics pertaining to Executive Functioning, ADHD, and Depression

Dr. David Landy's Laboratory, University of Richmond, Richmond, VA

LABORATORY COORDINATOR: May 2012-June 2012

- Provided keen oversight in directing, handling, and controlling operational activities, finances, and data.
- Managed and ensured accurate and timely completion of undergraduate research projects

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Dr. Kristen Lindgren's Laboratory, University of Richmond, Richmond, VA

CLINICAL PSYCHOLOGY RESEARCH ASSISTANT: September 2009–June 2010

- Proactively led, coordinated, and facilitated research on implicit attitudes concerning alcohol.
- Managed the "Americanization" of the Stimulus-Response Compatibility task

ElderFriends, Richmond, VA

INTERN: January 2010- May 2010

- Developed and employed interpersonal and communication skills in working with the socially isolated elderly population and their caregivers across the Richmond area
- Progressively maximized and displayed intake interviewing competencies
- Sustained constant communication with caregivers by performing telephone satisfaction surveys

Dr. Cindy Bukach's Laboratory, University of Richmond, Richmond, VA

COGNITIVE NEUROSCIENCE RESEARCH ASSISTANT: January 2009–May 2009

- Conducted research on autism and face recognition with children at the Faison School for Autism
 - Established strong rapport with students through exemplary assistance with learning skills and development
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CLINICAL EXPERIENCE

Vermont Psychological Services, Burlington, VT

PREDOCTORAL CLINICIAN, Vermont Correctional Addiction Program: September 2016- Present

- Supervisors: Karen Fondacaro, Ph.D. and Katie Kennedy, Ph.D.
- Topic Areas: Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Motivational Interviewing-based interventions for the treatment of substance use and other co-occurring disorders
- Providing evidence-based group and individual treatment to federal detainees within Vermont correctional facilities under the supervision of licensed clinical psychologists.

Vermont Psychological Services, Burlington, VT

PREDOCTORAL CLINICIAN, Law Enforcement Officer Evaluation Team: August 2016- Present

- Supervisor: Kathleen Kennedy, Ph.D.
- Conduct post-hire assessments to evaluate potential risk factors that may interfere with job performance.

Vermont Psychological Services, Burlington, VT

PREDOCTORAL CLINICIAN, CBT and ACT Specialty Team: July 2016- Present

- Supervisor: Lee Rosen, Ph.D.
- Topic Areas: Cognitive Behavioral Therapy and Acceptance and Commitment Therapy-based interventions for the treatment of psychological disorders
- Providing comprehensive assessments and evidenced-based treatment under the supervision of a licensed clinical psychologist.

Vermont Psychological Services, Burlington, VT

PREDOCTORAL CLINICIAN, Structured CBT Individual Supervision: July 2016- Present

- Supervisor: Kelly Rohan, Ph.D.
- Providing comprehensive assessments and evidence-based treatment under the supervision of a clinical psychologist.

Vermont Psychological Services, Burlington, VT

PREDOCTORAL CLINICIAN, Anxiety Specialty Team: August 2014- June 2016

- Supervisor: Teresa Scott, Ph.D.
- Topic Areas: Cognitive Behavioral Therapy for affective disorders in children, adolescents, and adults
- Providing comprehensive assessments and evidenced-based treatments under the supervision of a licensed clinical psychologist

Vermont Center for Children, Youth, and Families, University of Vermont, Burlington, VT

GRADUATE CLINICIAN: June 2015-Present

- Principal Investigator: Robert Althoff, Ph.D., M.D.
 - Grant: P20GM103644-01A1
 - Topic Area: Shared mechanisms in child dysregulation, adult psychopathology, and metabolic disorders
 - Conducting structured diagnostic interviews (the Schedule for Affective Disorders and Schizophrenia for School-Age Children) with parents and children for a research study examining mood dysregulation
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TEACHING EXPERIENCE

University of Vermont, Burlington, VT

INVITED SPECIALIST IN BEHAVIORAL SCIENCES in MCAT Review Course: July 2016

- 3-day review course focusing on concepts pertaining to psychology, sociology, biology, and neuroscience to prepare students for the Behavioral Science portion of the MCAT

University of Vermont, Burlington, VT

GUEST LECTURER in Abnormal Psychology Course: May 2016

- Topic: Feeding and Eating Disorders: Diagnostic Criteria, Assessment, and Treatment

University of Vermont, Burlington, VT

GUEST LECTURER in Abnormal Psychology Course: May 2015

- Topic: Substance Use Disorders: Diagnostic Criteria, Assessment, and Treatment

University of Richmond, Richmond, VA

TEACHING FELLOW FOR INTRODUCTION TO PSYCHOLOGY: September 2011- May 2012

- Taught two separate weekly laboratory classes
- Efficiently carried out a wide variety of functions such as organizing class sessions, facilitating discussions, and evaluating laboratory reports
- Broadened skills of students regarding the materials through hands-on supervision and assistance

University of Richmond, Richmond, VA

TEACHING ASSISTANT FOR FRENCH 121: September 2011- May 2012

- Instructed two weekly practice sessions
- Motivated students and reinforced knowledge of the language through innovative planning and execution of grammatical exercises

SUPERVISORY EXPERIENCE

Vermont Psychological Services, Vermont Correctional Addictions Program, Burlington, VT

UNDERGRADUATE MENTOR: January 2017- May 2017

- Provided mentoring for an undergraduate student interested in gaining additional clinical and research experience with a correctional population
- Topics included: professional development, scientific writing, data entry, and data analysis
- Projects completed: database and filing system creation to track clinically-relevant data and a research poster presented at a national conference

Vermont Psychological Services, Burlington, VT

PEER MENTOR: September 2016- Present

- Providing supervision for a younger predoctoral clinician
- Conducting weekly meetings to review cases, discuss treatment planning, and assessment tools while reviewing theoretical background of evidenced-based treatments

Vermont Psychological Services, Burlington, VT

CLINIC RESOURCE PARTNER: September 2016- Present

- Providing training regarding clinic policies, procedures, and steps associated with taking on a client for a first year clinician
- Providing mentoring and support for this student throughout the first year of graduate school

Vermont Center on Behavior and Health, Burlington, VT

UNDERGRADUATE MENTOR: September 2015- December 2016

- Provided mentoring for two undergraduate students interested in pursuing research careers
- Topics included: professional development, graduate school applications, scientific writing, and data analysis
- Projects completed: creation of a working CV, cover letters, and a research poster presented at an annual student research day

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PROFESSIONAL ACTIVITIES

Vermont Psychological Services, Burlington, VT

SUPERVISION TRAINING COORDINATOR: May 2017- June 2017

- Assist the clinic director, Karen Fondacaro, Ph.D., in integrating clinical competencies and updating course syllabi within the Pre-Internship Supervision Program in order to increase doctoral students' exposure to supervision models and experiences throughout all stages of the program

Vermont Psychological Services, Burlington, VT

TEAM COORDINATOR, Law Enforcement Officer Evaluation Team: August 2016- Present

- Manage a team of clinicians who conduct evaluations for law enforcement officers at the University of Vermont under the supervision of Kathleen Kennedy, Ph.D.
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Vermont Psychological Services, Burlington, VT

CLINIC COORDINATOR: August 2016- Present

- Assist the clinic director, Karen Fondacaro, Ph.D., in overseeing the Pre-Internship Supervision Program through updating policies and procedures in addition to completing projects to benefit the program while learning about the financial aspects of running an outpatient treatment clinic
- Represent student perspectives regarding challenges or concerns regarding the clinic and its operations
- Promote training opportunities for predoctoral clinicians

University of Vermont, Burlington, VT

APA DIVISION 12 CAMPUS REPRESENTATIVE: September 2015- September 2016

- Informing students about the benefits of joining the organization
- Acting as liaison between the organization and students by informing students about opportunities available through Division 12 and about events hosted by the organization

Association for Behavioral and Cognitive Therapies, Addictive Behaviors Special Interest Group (SIG-AB)

STUDENT REPRESENTATIVE & MEMBERSHIP ENGAGEMENT LIAISON: November 2015- Present **COMMUNICATIONS COMMITTEE CHAIR: November 2015-Present**

- Acting as a liaison between the SIG and student members
- Fostering increased communication to determine the needs of all SIG members and implementation of projects to meet expressed needs and interests
- Projects completed: creation of Communications Committee, member interest survey, creation of early career faculty and student member spotlights, abstract review for annual poster sessions during SIG meeting, and website and listserv maintenance

EDITORIAL CONSULTATION

Assistant Reviewer, under Dr. Allison Kurti, for *Psychological Record* (2015)

- Keenly reviewed overarching themes of the to-be published study for a peer-reviewed journal, examining approach, methodology, and validity of conclusions based on the data presented.

Assistant Reviewer, under Dr. Kristen Lindgren, for *Motivation and Emotion* (2010)

- Exhibited strong attention to detail in assessing and reviewing a to-be published study for a professional journal, looking specifically at methodology, organization, and validity of the argument and its results.

CLINICAL TRAINING

Woodcock Johnson IV Achievement and Cognitive Testing | Wechsler Intelligence Scale for Children V | Wechsler Adult Intelligence Scale IV | Wechsler Abbreviated Scale of Intelligence II | Bayley Scales of Infant and Toddler Development III | Ages and Stages Questionnaires | CBT for Insomnia | Trauma-Focused Cognitive Behavioral Therapy online training course, Medical University of South Carolina 2015 | Engaging parents and families, parent training skills, and managing difficult situations with parents and families small group training, New England Survivors of Torture and Trauma Conference, Burlington, VT 2015 | Unified Protocol Training, Center for Anxiety and Related Disorders, Boston, MA 2016 | ACT Intermediate Skills Training with Stephen Hayes, Brooklyn, NY 2016

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AWARDS AND HONORS

- 2016 ▪ **Outstanding Student Research Award**, Addictive Behaviors Special Interest Group, ABCT Annual Conference in New York City, NY
- 2012 ▪ **Phi Beta Kappa**, National Honors Society
▪ **Outstanding Student Research Award**, Psychology Department, University of Richmond
- 2011 ▪ **Honors Psychology**, Selected to create and conduct own research project culminating in an Honors Thesis, University of Richmond
- 2009 ▪ **Psi Chi**, National Psychology Honors Society
▪ **Phi Eta Sigma**, National Honors Society
▪ **Golden Key**, International Honors Society

PUBLICATIONS

- Zvorsky, I.**, Skelly, J.M., & Higgins, S.T. (2017). Effects of financial incentives for smoking cessation on mood and anxiety symptoms among pregnant and newly postpartum women. *Nicotine Tob Res.* [Epub ahead of print]. PMID: 28531302.
- Keith, D.R., Kurti, A.N., Davis, D., **Zvorsky, I.**, & Higgins, S.T. A review of the effects of very low nicotine content cigarettes on behavior and cognitive performance in abstinent smokers. Manuscript in preparation.
- Higgins S.T., Reed D.D., Redner R., Skelly J.M., **Zvorsky I.**, Kurti A.N. Simulating demand for cigarettes among pregnant women: a low-risk method for studying vulnerable populations. *J Exp Anal Behav.* 2017;107(1):176-190. PMID: 28000917. PMCID: PMC5322444.
- Higgins S.T., Heil S.H., Sigmon S.C., Tidey J.W., Gaalema D.E., Stitzer M.L., Durand H., Bunn J.Y., Priest J.S., Arger C.A., Miller M.E., Bergeria C.L., Davis D.R., Streck J.M., **Zvorsky I.**, Redner R., Vandrey R., Pacek L.R. Response to varying the nicotine content of cigarettes in vulnerable populations: an initial experimental examination of acute effects. *Psychopharmacology (Berl).* 2017;234(1):89-98. PMID: 27714427. PMCID: PMC5203959.
- Kurti, A.N., Davis, D., Redner, R., Jarvis, B., **Zvorsky, I.**, Keith, D.R., Bolivar, H., White, T.J., Rippberger, P., Markesich, C., Atwood, G., & Higgins, S.T. (2016) A review of the literature on remote monitoring technology in incentive-based interventions for health-related behavior change. *Translation Issues in Psychological Science*, 2 (2), 128-152. PMID: 27777964. PMCID: PMC5074560.
- Kurti, A.N., Klemperer, E.M., **Zvorsky, I.**, Redner, R., Priest, J.S., & Higgins, S.T. (2016). Some context for understanding the place of the general educational development degree in the relationship between educational attainment and smoking prevalence. *Preventive Medicine*, pii: S0091-7435(16)30005-6. doi: 10.1016/j.ypmed.2016.02.026.
- Knouse, L.E., **Zvorsky, I.**, & Safren, S.A. (2013). Depression in adults with Attention-Deficit/Hyperactivity Disorder (ADHD): The mediating role of cognitive-behavioral factors. *Cognitive Therapy and Research.* Advance online publication. doi: 10.1007/s10608-013-9569-5.
- Neighbors, C., Lindgren, K. P., Tidwell, J., Rodriguez, L., and **Zvorsky, I.** (2013). Cognitive factors in addictive processes. In P. M. Miller (Ed.), *Principles of Addiction: Comprehensive Addictive Behaviors and Disorders, Volume 1.* (pp. 259-270). San Diego, CA: Academic Press.
- Lindgren, K. P., Neighbors, C., Kaysen, D., **Zvorsky, I.**, and Westgate, E. (2011). Experimental and cross-sectional examinations of the relations among implicit alcohol cognitions, stress, and drinking. *Alcohol*, 45, 276.

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PRESENTATIONS

International and National Presentations

Zvorsky, I., Skelly, J.M., & Higgins, S.T. (2017). The cigarette purchase task: Examining differences in the reinforcing value of cigarettes in pregnant smokers with vs. without depressive symptoms. Poster presented at the international SRNT conference, Florence, Italy.

Zvorsky, I., Skelly, J.M., & Higgins, S.T. (2016). Effects of financial incentives for smoking cessation on psychiatric symptoms in pregnant and newly postpartum women. Poster presented at the annual ABCT conference and during the Addictive Behaviors Special Interest Group Expo and annual meeting, New York City, NY.

Zvorsky, I., Skelly, J.M., & Higgins, S.T. (2016). The cigarette purchase task: Examining differences in the reinforcing value of cigarettes in pregnant smokers with vs. without depressive symptoms. Poster presented at the annual Vermont Center on Behavior and Health Conference, Burlington, VT.

Zvorsky et al. (2016). Cigarette purchase task: Identifying quit success in pregnant cigarette smokers. Poster presented at the annual CPDD conference, Palm Springs, CA.

Zvorsky et al. (2016). Cigarette purchase task: Identifying quit success in pregnant cigarette smokers. Poster presented at the annual SRNT conference, Chicago, IL.

Zvorsky et al. (2015). Cigarette purchase task: Identifying quit success in pregnant cigarette smokers. Poster presented at the annual ABCT conference Special Interest Group Expo and at the Addictive Behaviors Special Interest Group meeting, Chicago, IL.

Zvorsky et al. (2015). Demand for cigarettes varying in nicotine content in smokers from vulnerable populations: A pilot study. Poster presented at the annual TCORS In Person meeting, Bethesda, MD.

Keith, D.R., Kurti, A., Davis, D., **Zvorsky, I.,** & Higgins, S.T. (2015). A review of the effects of very low nicotine content cigarettes on behavioral performance in abstinent smokers. Poster presented at the annual TCORS In Person meeting, Bethesda, MD.

Zvorsky, I., Redner R., Kurti, A., DeSarno, M. & Higgins, S.T. (2015). Cigarette purchase task: Examining quit success in pregnant cigarette smokers. Poster presented at the annual Vermont Center on Behavior and Health Conference, Burlington, VT.

Streck, J.M., Hruska, B.J., Ochalek, T.A., **Zvorsky, I.,** Sigmon, S.C. (2015). Changes in psychiatric symptoms among opioid-dependent individuals receiving Interim Buprenorphine Treatment vs. waitlist control. Poster presented at the annual Vermont Center on Behavior and Health Conference, Burlington, VT.

Zvorsky, I., Lopez, A.A., White, T.J., Skelly, J.M., & Higgins, S.T. (2015). Psychiatric symptoms among pregnant and newly postpartum women receiving financial incentives for smoking cessation. Poster presented at the 77th annual scientific meeting for the College on Problems of Drug Dependence, Phoenix, Arizona.

Zvorsky, I., Redner, R., Skelly, J., & Higgins, S.T. (2015). *Incentive-based smoking cessation treatment reduces severity of psychiatric symptoms in pregnant & newly postpartum women.* Poster presented at the annual meeting for the Society for Research on Nicotine and Tobacco, Philadelphia, PA.

Zvorsky, I., Redner, R., Skelly, J., & Higgins, S.T. (2015). *Incentive-based smoking cessation treatment reduces severity of psychiatric symptoms in pregnant & newly postpartum women.* Poster presented at the annual Vermont Center on Behavior and Health Conference, Burlington, VT.

Zeidner et al., (2013). *Randomized phase II trial of timed-sequential therapy with flavopiridol (alvocidib), ara-c, and mitoxantrone (FLAM) versus 7+3 for adults ages 70 years and under with newly diagnosed AML.* Presented at the 2013 semi-annual CTEP Early Drug Development Meeting, Bethesda, MD.

Zvorsky, I., Knouse, L. E., and Lindgren, K. P. (2012). *A dual process model of hazardous alcohol consumption.* Poster presented at the 46th Annual Convention for the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

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Lindgren, K. P., Neighbors, C., Kaysen, D., **Zvorsky, I.**, and Westgate, E. (2011). *The effects of distress on automatic alcohol-related cognitions*. Paper presented at the International Meeting on Alcoholism and Stress: A Framework for Future Treatment Strategies, Volterra, Italy.

Lindgren, K.P., Hendershot, C.S., Blayney, J.A., and **Zvorsky, I.** (2010). *Automatic alcohol-related cognitions predict unique variance in weekly drinking and heavy drinking episodes in an Asian-American college sample*. Presented at the 2010 Annual Meeting of the Research Society on Alcoholism, San Antonio, TX.

Local Presentations

Zvorsky, I. Cigarette purchase task: A behavioral economic approach to characterizing smoking and predicting treatment response in pregnant women. Oral presentation at the Vermont Center on Behavior and Health Annual Retreat. Vergennes, VT.

Zvorsky, I., Redner, R., Kurti, A., DeSarno, M., & Higgins, S.T. (2015). *Cigarette purchase task: Comparing pregnant smokers with vs. without comorbid opioid dependence*. Poster presented at the Vermont Center on Behavior and Health Annual Retreat. Vergennes, VT.

Zvorsky, I., Redner, R., Skelly, J., & Higgins, S.T. (2014). *Incentive-based smoking cessation treatment reduces severity of psychiatric symptoms in pregnant & newly postpartum women*. Poster presented at the Vermont Center on Behavior and Health Annual Retreat, Vergennes, VT.

Zvorsky, I. (2012). A dual process model of stress effects on alcohol consumption. Departmental honors thesis at the University of Richmond. Richmond, VA, USA.

Zvorsky, I., Blair, J., & Knouse, L. (2012). *Self-restraint, coping, & alcohol: Explicit and implicit factors in risky drinking*. Poster presented at the 27th Annual Research Symposium at the University of Richmond. Richmond, VA, USA.

Berry, E. and **Zvorsky, I.** (2010). *Gender difference in implicit cognition*. Presented poster at the 25th Annual Research Symposium at the University of Richmond. Richmond, VA, USA.

Sweeney, C., **Zvorsky, I.**, and Koonin, A. (2010). *The effect of physical setting on implicit cognitions about alcohol*. Presented poster at the 25th Annual Research Symposium at the University of Richmond. Richmond, VA, USA.

Koonin, A., Sweeney, C., and **Zvorsky, I.** (2010). *The effect of physical setting on explicit cognitions: Self-survey measures*. Presented poster at the 25th Annual Research Symposium at the University of Richmond. Richmond, VA, USA.

Dickman, E. and **Zvorsky, I.** (2009). *Autism and face recognition*. Presented poster at the 24th Annual Research Symposium at the University of Richmond. Richmond, VA, USA.

AFFILIATIONS

American Psychological Association (APA) | APA Divison 12 | APA Divison 50 | Association for Behavioral and Cognitive Therapies (ABCT) | Addictive Behaviors Special Interest Group, ABCT | Society for Nicotine and Tobacco Research | Research Society on Marijuana | Phi Beta Kappa Honors Society

TECHNICAL SKILLS

SPSS, R, PRISM Graphpad, MediaLab, Inquisit, Qualtrics, RedCap, My SQL, Perl, Adobe Photoshop, Camtasia, GoogleDocs, and Microsoft Office Suite