50th Annual Family Medicine Course

All times below are EST

Monday, June 3, 2024  (Optional) Pre-Conference Workshop

7:30AM  Continental Breakfast for Pre-Conference Attendees
8:00-4:30  Mastering Early Goals of Care Conversations (Lunch Included)
           Ben R. Clements, MD
           UVM Assistant Professor of Family Medicine

           Jennifer Franzoni, MSW
           Kacey Boyle, RN
           Iris Toedt-Pingel, MD

Tuesday, June 4, 2024

11:45-1:00PM  REGISTRATION

12:50-1:00  Opening Remarks
           Anya S. Streeter, MD, FAAFP, IBCLC
           UVM Associate Professor of Family Medicine and Director of Fourth Year Electives and Specialty Advising

1:00-1:45  The Changing Role of Medical Homes in Identifying and Supporting Children with Developmental Delays
           Stanely Weinberger, MD, MS
           UVM Associate Professor of Pediatrics
           Division Chief of Pediatric Primary Care for UVM Children’s Hospital

1:45-2:30  Location, Location, Location: Travel Health Update
           William V. Raszka, Jr., MD
           UVM Professor of Pediatrics
           Director of Pediatric Infectious Disease Service, Vermont Children’s Hospital

2:30-2:45  BREAK

2:45-3:30  Dementia: Tips for Management Across the Stages of Disease
           Alison Mercier, MD
           UVM Assistant Professor of Family Medicine

3:30-4:15  Malignant Melanoma
           Mary Maloney, MD
           UVM Professor of Medicine, Division of Dermatology

4:15-5:00  Approach to Joint Pain in Primary Care
           Jeanne Gosselin, MD
           UVM Assistant Professor, Division of Rheumatology
           Associate Program Director, Rheumatology Fellowship University of Vermont Medical Center

5:00  ADJOURN
Wednesday, June 5, 2024

7:30AM  CONTINENTAL BREAKFAST

8:00-8:45  Kidney Disease in Older Adults
Katharine Cheung, MD, PhD
Interim Director of the UVM Center on Aging
UVM Assistant Professor of Medicine, Nephrology

8:45 - 9:30  Early Breastfeeding Issues and the Use of Donor Milk
Hillary Anderson, MD
UVM Assistant Professor of Pediatrics

9:30-10:15  Anorectal Disease
Krista Evans, MD
UVM Assistant Professor of General Surgery

10:15-10:30  BREAK

10:30-11:15  Diagnosing the Urgent – An Educational Journey Through Real Cases
Jennifer Bamford, MD
UVM Assistant Professor of Family Medicine
Urgent Care Physician

11:15-12:00PM  Oral Health Considerations in Primary Care
Justin Hurlburt, DMD, MA
UVM Clinical Assistant Professor of Family Medicine and Dental Residency Director

12:00-1:30  LUNCH (on your own)

1:30-3:00  CONCURRENT SESSIONS I

  a.  Nerve Block and Trigger Point Injections for Headaches
     Allyson B. Bazarsky, DO
     UVM Assistant Professor of Neurological Sciences
     Division Chief of Headache Medicine
     Mary Alice Watts, APRN
     UVM Nurse Practitioner at the Headache Clinic

  b.  LARC / IUDs Procedure Workshop
     Michelle Cangiano, MD
     UVM Associate Professor of Family Medicine
     Elizabeth Landell, MD
     UVM Assistant Professor of Family Medicine

  c.  Food as Medicine
     Whitney Calkins, MD
     UVM Assistant Professor of Family Medicine

  d.  A POCUS Primer: Introduction to Ultrasound in Primary Care
     Ben R. Clements, MD
     UVM Assistant Professor of Family Medicine
     Director of Point of Care Ultrasound
3:00-3:30 BREAK

3:30-5:00 CONCURRENT SESSIONS II

a. Outpatient Substance Use Disorder Treatment for Primary Care Providers in Collaboration with Addiction Treatment Centers
   (This talk has been approved for 1.5 credit in Prescribing Controlled Substances. It is also applicable toward MATE ACT requirements.)
   Peter Jackson, MD
   UVM Assistant Professor of Psychiatry
   Medical Director
   UVMMC Addiction Treatment Center

   Kelsey Dunn, LICSW, LADC
   Mental Health Clinician
   UVMMC Addiction Treatment Center

   Bethany Mahler, LCMHC, LADC
   Clinician Supervisor
   UVMMC Addiction Treatment Center

b. Case Based EKG Review
   Robert Lobel, MD
   UVM Assistant Professor of Cardiovascular Medicine

c. Common Acute Musculoskeletal Injuries in Primary Care – Diagnosis and Management
   Katherine Dolbec, MD
   UVM Associate Professor of Emergency Medicine
   Assistant Dean for Students in the Office of Medical Education

d. Introduction to Point of Care Lung Ultrasound
   Ben R. Clements, MD
   UVM Assistant Professor of Family Medicine
   Director of Point of Care Ultrasound

   Astrid Kempainen, MD
   UVM Resident of Family Medicine

   John Miller, MD
   UVM Assistant Professor of Internal Medicine

5:00 ADJOURN

“Vermont Day” Joint Session with Vermont AFP at the Family Medicine Course
Thurday, June 6, 2024

7:15AM CONTINENTAL BREAKFAST

7:50 Introductory Remarks – Anya S. Streeter, MD, FAAFP, IBCLC
Welcoming Remarks – Anne Morris, MD, President, Vermont Academy of Family Physicians
8:00-8:45  Preventing Youth Firearm Suicide  
Rebecca Bell, MD, MPH  
UVM Associate Professor of Pediatric Critical Care  
President, Vermont Medical Society

8:45-9:30  Weight Management Medications: Looking Beyond Weight  
Lauren Bode, PharmD, BCPS, CDCES, BC-ADM  
UVM Assistant Professor of Family Medicine

9:30-10:00  BREAK & EXHIBITS

10:00-10:45  Gender Affirming Care: Primer for Primary Care  
Anja Jokela, MD  
UVM Assistant Professor of Family Medicine

10:45-11:45  STAR: Start Treatment and Recovery – An Innovative Substance Use Treatment Program  
(This lecture will provide 1.0 MATE Act Credit)  
Roz King, MSN, RN, CNL  
Chief, Division of Research, Emergency Medicine  
Director, Emergency Medicine Research Associate Program  
Daniel Wolfson, MD, FACEP, FAEMS  
UVM Associate Professor, Department of Emergency Medicine  
State of Vermont EMS Medical Director

11:30-11:45  Family Medicine Department Awards

11:45-1:15PM  LUNCH

1:15-2:00  The Human Papillomavirus and Cervical Cancer Screening  
Clara Keegan, MD  
UVM Associate Professor of Family Medicine  
RHEDI Program Director  
PCMHI Primary Care Champion

2:00-2:45  Anxiety in Children and Teens: When Should I Worry?  
Jeremiah Dickerson, MD  
UVM Assistant Professor of Psychiatry

2:45-3:45  Cultural Humility  
Margaret Tandoh, MD  
Assistant Dean for Diversity, Equity, and Inclusion  
Richard L. Gamelli MD ’74 Green and Gold Professor of Surgery  
University of Vermont Larner College of Medicine

3:45-4:15  BREAK & EXHIBITS

4:15-5:30  Journal Club 2024  
John G. King, MD, MPH  
UVM Professor of Family Medicine  
Associate Dean for CMIE
Friday, June 7, 2024

7:30AM  CONTINENTAL BREAKFAST

8:00-8:45  Managing End-of-Life Care & Transitions for People with Developmental Disabilities
(This talk has been approved for .75 credit in Hospice, Palliative Care, and Pain Management.)
John Wax, MD
UVM Assistant Professor of Family Medicine
Assistant Program Director for UVM Palliative Care Fellowship

8:45-9:30  Diabetes – Special Considerations in Older Adults
Matthew P. Gilbert, DO, MPH
UVM Professor of Medicine
Division of Endocrinology, Diabetes & Osteoporosis

9:30-10:15  Reactive Airway Disease: A Long Covid Variant?
Kirsten Berggren, PhD, APRN
Urgent Care Family Medicine

10:15-10:30  BREAK

10:30-11:15  Top 10 Things Cardiology Wants You to Know in Primary Care
Jessica Faraci, MD
Family Medicine Physician
Mid Coast Hospital, Maine Health
Clinical Instructor, Tufts Maine-Track

11:15-12:00  The Development of Vision
Sujata Singh, MD
UVM Assistant Professor of Surgery, Ophthalmology

12:00PM  CONFERENCE ADJOURNS