

# 50<sup>th</sup> Annual Family Medicine Course

All times below are EST

## Monday, June 3, 2024 (Optional) Pre-Conference Workshop

- 7:30AM**      **Continental Breakfast for Pre-Conference Attendees**
- 8:00-4:30**    **Mastering Early Goals of Care Conversations (Lunch Included)**  
Ben R. Clements, MD  
UVM Assistant Professor of Family Medicine
- Jennifer Franzoni, MSW  
Kacey Boyle, RN  
Iris Toedt-Pingel, MD

## Tuesday, June 4, 2024

- 11:45-1:00PM**    **REGISTRATION**
- 12:50-1:00**      **Opening Remarks**  
Anya S. Streever, MD, FAAFP, IBCLC  
UVM Associate Professor of Family Medicine and Director of Fourth Year Electives and Specialty Advising
- 1:00-1:45**      **The Changing Role of Medical Homes in Identifying and Supporting Children with Developmental Delays**  
Stanley Weinberger, MD, MS  
UVM Associate Professor of Pediatrics  
Division Chief of Pediatric Primary Care for UVM Children's Hospital
- 1:45-2:30**      **Location, Location, Location: Travel Health Update**  
William V. Raszka, Jr., MD  
UVM Professor of Pediatrics  
Director of Pediatric Infectious Disease Service, Vermont Children's Hospital
- 2:30-2:45**      **BREAK**
- 2:45-3:30**      **Dementia: Tips for Management Across the Stages of Disease**  
Alison Mercier, MD  
UVM Assistant Professor of Family Medicine
- 3:30-4:15**      **Malignant Melanoma**  
Mary Maloney, MD  
UVM Professor of Medicine, Division of Dermatology
- 4:15-5:00**      **Approach to Joint Pain in Primary Care**  
Jeanne Gosselin, MD  
UVM Assistant Professor, Division of Rheumatology  
Associate Program Director, Rheumatology Fellowship University of Vermont Medical Center
- 5:00**            **ADJOURN**

## Wednesday, June 5, 2024

**7:30AM**      **CONTINENTAL BREAKFAST**

**8:00-8:45**      **Kidney Disease in Older Adults**  
Katharine Cheung, MD, PhD  
Interim Director of the UVM Center on Aging  
UVM Assistant Professor of Medicine, Nephrology

**8:45 - 9:30**      **Early Breastfeeding Issues and the Use of Donor Milk**  
Hillary Anderson, MD  
UVM Assistant Professor of Pediatrics

**9:30-10:15**      **Anorectal Disease**  
Krista Evans, MD  
UVM Assistant Professor of General Surgery

**10:15-10:30**      **BREAK**

**10:30-11:15**      **Diagnosing the Urgent – An Educational Journey Through Real Cases**  
Jennifer Bamford, MD  
UVM Assistant Professor of Family Medicine  
Urgent Care Physician

**11:15-12:00PM**      **Oral Health Considerations in Primary Care**  
Justin Hurlburt, DMD, MA  
UVM Clinical Assistant Professor of Family Medicine and Dental Residency Director

**12:00-1:30**      **LUNCH (on your own)**

**1:30-3:00**      **CONCURRENT SESSIONS I**

**a.      Nerve Block and Trigger Point Injections for Headaches**

Allyson B. Bazarsky, DO  
UVM Assistant Professor of Neurological Sciences  
Division Chief of Headache Medicine

Mary Alice Watts, APRN  
UVM Nurse Practitioner at the Headache Clinic

**b.      LARC / IUDs Procedure Workshop**

Michelle Cangiano, MD  
UVM Associate Professor of Family Medicine

Elizabeth Landell, MD  
UVM Assistant Professor of Family Medicine

**c.      Food as Medicine**

Whitney Calkins, MD  
UVM Assistant Professor of Family Medicine

**d.      A POCUS Primer: Introduction to Ultrasound in Primary Care**

Ben R. Clements, MD  
UVM Assistant Professor of Family Medicine  
Director of Point of Care Ultrasound

Astrid Kempainen, MD  
UVM Resident of Family Medicine

John Miller, MD  
UVM Assistant Professor of Internal Medicine

**3:00-3:30**     **BREAK**

**3:30-5:00**     **CONCURRENT SESSIONS II**

**a.     **Outpatient Substance Use Disorder Treatment for Primary Care Providers in Collaboration with Addiction Treatment Centers****

*(This talk has been approved for 1.5 credit in Prescribing Controlled Substances. It is also applicable toward MATE ACT requirements.)*

Peter Jackson, MD  
UVM Assistant Professor of Psychiatry  
Medical Director  
UVMMMC Addiction Treatment Center

Bethany Mahler, LCMHC, LADC  
Clinician Supervisor  
UVMMMC Addiction Treatment Center

Kelsey Dunn, LICSW, LADC  
Mental Health Clinician  
UVMMMC Addiction Treatment Center

John Holiday, BSN, RN, CARN  
UVMMMC MOUD in Primary Care

**b.     **Case Based EKG Review****

Robert Lobel, MD  
UVM Assistant Professor of Cardiovascular Medicine

**c.     **Common Acute Musculoskeletal Injuries in Primary Care – Diagnosis and Management****

Katherine Dolbec, MD  
UVM Associate Professor of Emergency Medicine  
Assistant Dean for Students in the Office of Medical Education

**d.     **Introduction to Point of Care Lung Ultrasound****

Ben R. Clements, MD  
UVM Assistant Professor of Family Medicine  
Director of Point of Care Ultrasound

Astrid Kempainen, MD  
UVM Resident of Family Medicine

John Miller, MD  
UVM Assistant Professor of Internal Medicine

**5:00**     **ADJOURN**

**“Vermont Day” Joint Session with Vermont AFP at the Family Medicine Course  
Thursday, June 6, 2024**

**7:15AM**     **CONTINENTAL BREAKFAST**

**7:50**     **Introductory Remarks – Anya S. Streeter, MD, FAAFP, IBCLC**  
**Welcoming Remarks – Anne Morris, MD, President, Vermont Academy of Family Physicians**

- 8:00-8:45**      **Preventing Youth Firearm Suicide**  
Rebecca Bell, MD, MPH  
UVM Associate Professor of Pediatric Critical Care  
President, Vermont Medical Society
- 8:45-9:30**      **Weight Management Medications: Looking Beyond Weight**  
Lauren Bode, PharmD, BCPS, CDCES, BC-ADM  
UVM Assistant Professor of Family Medicine
- 9:30-10:00**      **BREAK & EXHIBITS**
- 10:00-10:45**      **Gender Affirming Care: Primer for Primary Care**  
Anja Jokela, MD  
UVM Assistant Professor of Family Medicine
- 10:45-11:45**      **STAR: Start Treatment and Recovery – An Innovative Substance Use Treatment Program**  
*(This lecture will provide 1.0 MATE Act Credit)*  
Roz King, MSN, RN, CNL  
Chief, Division of Research, Emergency Medicine  
Director, Emergency Medicine Research Associate Program
- Daniel Wolfson, MD, FACEP, FAEMS  
UVM Associate Professor, Department of Emergency Medicine  
State of Vermont EMS Medical Director
- 11:45**              **Family Medicine Department Awards**
- 11:45-1:15PM**      **LUNCH**
- 1:15-2:00**        **The Human Papillomavirus and Cervical Cancer Screening**  
Clara Keegan, MD  
UVM Associate Professor of Family Medicine  
RHEDI Program Director  
PCMHI Primary Care Champion
- 2:00-2:45**        **Anxiety in Children and Teens: When Should I Worry?**  
Jeremiah Dickerson, MD  
UVM Assistant Professor of Psychiatry
- 2:45-3:45**        **Cultural Humility**  
Margaret Tandoh, MD  
Assistant Dean for Diversity, Equity, and Inclusion  
Richard L. Gamelli MD '74 Green and Gold Professor of Surgery  
University of Vermont Larner College of Medicine
- Tiffany Delaney, MA.Ed.  
Director, Office of Diversity, Equity and Inclusion
- Eileen ChichoskiKelly, Ph.D.  
Academic Excellence Liaison

**3:45-4:15**      **BREAK & EXHIBITS**

**4:15-5:30**      **Journal Club 2024**  
John G. King, MD, MPH  
UVM Professor of Family Medicine  
Associate Dean for CMIE

**5:30**            **Adjourn**

## **Friday, June 7, 2024**

**7:30AM**        **CONTINENTAL BREAKFAST**

**8:00-8:45**      **Managing End-of-Life Care & Transitions for People with Developmental Disabilities**  
*(This talk has been approved for .75 credit in Hospice, Palliative Care, and Pain Management.)*  
John Wax, MD  
UVM Assistant Professor of Family Medicine  
Assistant Program Director for UVM Palliative Care Fellowship

**8:45-9:30**      **Diabetes – Special Considerations in Older Adults**  
Matthew P. Gilbert, DO, MPH  
UVM Professor of Medicine  
Division of Endocrinology, Diabetes & Osteoporosis

**9:30-10:15**    **Reactive Airway Disease: A Long Covid Variant?**  
Kirsten Berggren, PhD, APRN  
Urgent Care Family Medicine

**10:15-10:30**   **BREAK**

**10:30-11:15**   **Top 10 Things Cardiology Wants You to Know in Primary Care**  
Jessica Faraci, MD  
Family Medicine Physician  
Mid Coast Hospital, Maine Health  
Clinical Instructor, Tufts Maine-Track

**11:15-12:00**   **The Development of Vision**  
Sujata Singh, MD  
UVM Assistant Professor of Surgery, Ophthalmology

**12:00PM**      **CONFERENCE ADJOURNS**