

# **Examples of Youth Friendly Clinics**

# So...what should a youth friendly exam room look like??



DOES YOUR OFFICE/HEALTH CENTER HAVE

- An atmosphere that is appealing to adolescents (pictures, posters, wallpaper)?
- Magazines that would interest adolescents and reflect their cultures and literacy levels?
- Appropriate sized tables and chairs in your waiting and exam rooms (i.e. not for small children)?
- Private areas to complete forms and discuss reasons for visits?
- Facilities that comply with the Americans with Disabilities Act?
- Decorations that reflect the genders, sexual orientations, cultures, and ethnicities of your clients?



# Magazines



**BillBoard:** provides the latest news and music reviews, covers the hottest new artists, and reports on trends and innovation in music.

<http://www.billboard.com/>



**Next Step U:** Get advice to help with college planning, finding college majors, and applying for free college scholarships.

<http://www.nextstepu.com/>



**Teen Ink:** Magazine written by teens for teens. Any student may submit nonfiction, fiction, poetry, art, photos, music, reviews, and more.

<http://www.teenink.com/>



**CosmoGirl:** Teen magazine for games, beauty, fashion, horoscopes, quizzes and more.

<http://www.cosmogirl.nl/>



**Seventeen:** The world's most popular magazine for today's teenage girls. Find the latest scoop on style and beauty, relationships, college and careers and celebrities in each issue of Seventeen magazine.

<http://www.seventeen.com/>



**ESPN The Magazine:** Complete coverage on the world of sports. ESPN The Magazine features full-color action photos, athlete interviews, scores and statistics on all professional and college sports.

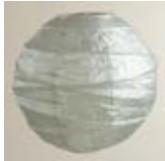
<http://insider.espn.go.com/insider/espn-the-magazine/>

# Where to find these cool accessories



Magical Thinking Star (Different colors) \$10

[http://www.urbanoutfitters.com/urban/catalog/productdetail.jsp?id=30617864&parentid=A\\_FURN\\_LIGHTING](http://www.urbanoutfitters.com/urban/catalog/productdetail.jsp?id=30617864&parentid=A_FURN_LIGHTING)



Sphere Paper Lanterns (Different colors)\$6-\$10

<http://www.worldmarket.com/category/home-decorating/lighting.do?c=5.100379&price=%3C+10.00&pp=47&sortby=ourPicksAscend&cx=0>



Modern Chair (blue, green and orange) \$50

<http://www.ikea.com/us/en/catalog/products/10239652/#/10239652>



Swivel Chair \$150

<http://www.afwonline.com/proding/cambridge/standard/1c-160.jpg>

# BEDSIDER

<http://providers.bedsider.org/>

- Bedsider is a great website for both patients, parents and providers
- If you create an account (it's free) you get \$100 to order merchandise!
- Also there is a map to add your clinic to their database when you sign up!
- Lots of good fun resources for youth.



And many more here:<http://providers.bedsider.org/assets/downloads/birth-controls-greatest-hits-poster.pdf>

You may know and utilize [beforeplay.org](http://beforeplay.org) already. Its a great resource for young people relatable, fun and easy to understand.





# Advocates for Youth

Rights. Respect. Responsibility.®

Great resources for professionals, parents and youth!

- Working with youth <http://www.advocatesforyouth.org/for-professionals/working-with-youth-professionals>
- Sex Ed Resource center <http://www.advocatesforyouth.org/for-professionals/sex-education-resource-center>
- And many more topics <http://www.advocatesforyouth.org/topics-and-issues>



Walk-ins Welcome!

All teens aged 12-19 years old, and who are residents of Alexandria are eligible for health services. All services are **FREE & CONFIDENTIAL**.

*In some cases extended counseling will be available at the clinic at a fee based on what you can afford. (No one will ever be denied counseling because of inability to pay.)*

- **PHYSICALS\*** School/Sports
- **TREATMENT\*** Minor illness/Primary Medical care referrals
- **IMMUNIZATIONS\***
- **HEALTH EDUCATION**
- **COUNSELING** Personal/Family & Substance Abuse
- **HIV COUNSELING & TESTING**
- **PREGNANCY PREVENTION & TESTING**
- **SEXUALLY TRANSMITTED INFECTIONS TESTING, TREATMENT, & COUNSELING**
- **JUST LISTENING** If you need someone to talk to, try us!

*\*Services marked with \* require prior parental consent, but all other services do not, under Virginia law.*

#### Teen Wellness Center

Located on T.C. Williams Campus  
Monday-Friday, 10am-5pm, year round  
For an appointment, call

703.746.4776 OR Text \*APPT\* to 571.329.2245

(Text answered within 24hrs, Monday-Friday)

3330 King Street  
Alexandria, VA 22302

(Direct entrance from King St.)

These are examples of  
flyers or menu of services

This clinic is from  
Alexandria, Virginia  
[http://www.alexandriava.gov/  
TeenWellnessCenter](http://www.alexandriava.gov/TeenWellnessCenter)

I would use these to  
promote your clinic as well  
as explain what services are  
available.



¡Bienvenidos a la Clínica de Adolescentes!  
(sin cita previa)

Todos los jóvenes de 12 a 19 años de edad y que sean residentes de Alexandria tienen acceso a servicios de salud. Servicios gratis y confidenciales.

*En algunos casos la clínica proporciona tratamientos de larga duración que se pagan de acuerdo a los ingresos. (Pero nadie será rechazado porque no pueda pagar.)*

- **FISICO\*** Escuela y deportes
- **TRATAMIENTO\*** Pequeñas infecciones y referencias a médico particular
- **BACUNAS\***
- **EDUCACION PARA LA SALUD**
- **CONSEJERIA** Personal y familiar (en el uso de drogas)
- **VII PRUEBAS y CONSEJERIA**
- **PREVENCION de EMBARAZO y (pruebas)**
- **PRUEBAS de INFECCIONES TRANSMITIDAS SEXUALMENTE (tratamiento y consejería)**
- **ESCUCHANDO** Si necesita hablar con alguien (nosotros escucharemos)

*\*De acuerdo a las leyes de Virginia todos los servicios marcados con asterisks necesitan consentimiento familiar o guardador.*

#### Centro de Bienestar para Adolescentes

Localizado en el colegio T.C. Williams  
Lunes a Viernes entre 10am a 5pm atención todo el año  
Para cita llamar

703.746.4776 O Texto \*APPT\* a 571.329.2245

(Contación al texto en 24 horas Lunes a Viernes)

3330 King Street  
Alexandria, VA 22302

(Entrada por la puerta principal de la calle King)