

Mental Health Providers Experienced with Trans Youth

If you are unsure of who to contact or have questions about mental health referrals for trans youth, please contact Dr. Marlene Maron:

Marlene Maron, PhD

802-847-3634

Leave a message for Dr. Maron, specify that you have a question about finding a provider for a trans-identified youth.

Providers by County

Addison County

Ximena Mejia, Ph. D, LMHC

152 Maple St., second floor

Middlebury, VT 05753

802-777-8636

Provides receipts for people to file with their own insurance.

Ages: 13+

Sliding Scale: yes

Michael Castelli, MA

79 Court Street

Middlebury, Vermont 05753

802-324-1381

Ages: 12+

Insurances: Medicaid, BCBS

Note: Does both psychotherapy and music therapy

Charles Rossi, MA

36 Main St.

Middlebury, VT 05753

Phone: 802-388-1422

Insurance: Accepts BCBS, CBA, Medicaid, Cigna

Sliding Scale: yes

Bennington County

Lisa Carton, LICSW

469 Main Street

Bennington, VT 05201

802-379-5456

<http://www.lisajcarton.com/>

Ages: 4+/works with families

Insurance: accepts Medicaid, BCBS, and other major insurances.

Sliding Scale: yes

Beth Newman, LMFT, ATR-BC

Bennington, VT 05201

802-688-4557

Ages: teenagers

Insurance: BCBS, MVP, Medicaid, Optum, United

Sliding Scale: yes

Lisa Pezzulich, Psy.D.

Mindful Solutions, PLLC

160 Benmont Ave, Suite 20

Bennington, VT 05201

(802) 442-3520 X211

Ages: 16+

Insurance: Medicaid, Medicare, BCBS, Cigna, MVP,

United Health Care

Caledonia County

Claire Diamond, MA

Wellspring Mental Health and Wellness

39 Church St

Hardwick, Vermont 05843

Phone: 802-272-0770

Ages: Middle school, High School and Adult

Insurance: Medicaid and BCBS

Note: Also works at Haven Union High School

Chittenden County

Christopher Janeway, MS, NCC

255 S Champlain St, Suite 14
Burlington, VT 05401
Phone: 802-557-1061
Website: <http://www.christopherjaneway.com/>
Ages: all
Insurance: BCBS, Medicaid, sliding scale

Kara Deleonardis Kraus, LICSW

1233 Shelburne Rd, Lakewood Commons
East O'Lake Building, Suite 120
South Burlington, VT
Phone: 802-999-7042
Ages: all
Insurance: most, including Medicaid, and sliding scale

Rebecca Sherlock, MSW, DCSW

8 Whiteface Street
South Burlington, VT
Phone: 802-865-7878 and 802-229-2946
Website: <http://www.rebeccasherlock.com>
Ages: 14+
Insurance: most, including Medicaid

Tom Barritt, LICSW

Associates at the Gables
183 Talcott Rd.
Williston, VT 05495
802-876-1100, ext. 313
Ages: Families with kids of any age, couples, and individual therapy for late adolescents-adults.
Insurance: most

Brian Cina, LICSW

200 Main Street
Burlington, VT 05401
Phone: 802-233-9131

Dan Duval, MA, LCMHC

Otter Creek Associates
15 Pinecrest Drive
Essex Junction, VT
Phone: 802-288-1087

Michael Gilman, LICSW, ACSW

Optima Vermont
2 Church Street, Suite 4G
Burlington, VT
Phone: 802-658-4888
Website: <http://www.optimavt.org>
Ages: 15+
Insurance: most, including Medicaid

Emiry Potter, MA, LCMHC, LADC, NCC

2 Church Street, Suite 4A
Burlington, VT 05401
Phone: 802-858-4998
Ages: 13+
Insurance: Medicaid, BCBS, MVP, United, Optum, sliding scale

Erika Meierdiercks, MS

47 Maple St, Ste 205
Burlington, VT 05401
Phone: 802-5788674
Ages: all
Insurance: BCBS, Medicaid, sliding scale

Gale Golden, LICSW

Burlington, VT
Phone: 802-864-0757
Ages: Adults only
Insurance: none, however provides detailed invoice that may be used to obtain insurance reimbursement
Note: Provides counseling and support to parents and adult family members of transgender youth.

Lauren Berrizbeitia, LCMHC

16 Orchard Terrace
Burlington, VT
Phone: 802-862-6931 (#2)
Ages: all

Ali Dumeer, LICSW

The Adams Center for Mind and Body
1233 Shelburne Rd.
Pierson House D2
South Burlington, VT
Phone: 802-859-1577, extension 316
Ages: all

Note: All intakes must go through Sue Adams

Marlene Maron*, PhD

111 Colchester Ave., Patrick 405,
Burlington, VT.
Phone: 802-847-3634 and 802-847-4880
Ages: All
Insurance: Most

Alison Prine

Optima
2 Church Street
Suite 4G
Burlington, VT 05401
Phone: (802) 651-9898
Insurance: accepts most

Kate Houston Littlefield, LCMHC

3000 Williston Rd. Suite #2
South Burlington, VT 05403
802-951-0450 x1032
www.nfivt-familycenter.org
Ages: Under 6-18
Insurance: accepts
Sliding Scale: Yes
Note: Does only family therapy work.

Nancy E. Feldman, LCMHC

2 Church St. Suite 4A, Burlington VT 05401
802-864-4949
www.nancyfeldmanvt.com
Ages: 16+, case by case basis for under 16 – family needs to be supportive

Logan Hegg, PsyD

UVM Medical Center
 1 S Prospect St
 Burlington, VT 05401
 Phone: 802-8474829

Ages: all

Insurance: most, including Medicaid

Note: Please state that your call is that regarding a transgender youth, to ensure that appointment scheduled promptly

Kate Dearth, MSW, AAP

The Adams Center for Mind and Body
 1233 Shelburne Rd.
 Pierson House D2
 South Burlington, VT
 Phone: 802-859-1577, x351

Ages: all

Note: All intakes must go through Sue Adams

Suzanne "Suzi" Tanner, LICSW, ASAC

Community Health Center of Burlington
 Pearl Street Youth Center
 179 Pearl Street
 Burlington, VT 05401
 Phone: 802-652-1080

Insurance: most, including Medicaid, sliding scale

Note: services only available to those who receive primary care through the Community Health Center.

Jennifer Kerns, MA

8269 Pearl St., Suite 3
 Burlington, VT 05401
 781-392-9969

Ages: 13+

Insurance: Accepts Medicaid, Medicare, BCBS

Sliding Scale: yes

Sue Shaffer, LMHC, PAT

The Adams Center for Mind and Body
 1233 Shelburne Rd.
 Pierson House D2
 South Burlington, VT
 Phone: 802-859-1577, x318

Ages: all

Note: All intakes must go through Sue Adams

Kristine Mary Karge, LCSW

Waters Edge Psychotherapy and Wellness Center
 47 Maple Street, Suite 303
 Burlington, Vermont 05401
(802) 664-4304

Ages: 14+

Insurance: Aetna, BlueCross and BlueShield, Cigna, MVP, Medicaid, Medicare

Note: Identifies as Hispanic/Latina and speaks Spanish

Jess Horner, MA LICSW

Networks, Inc.
 149 Cherry Street
 Burlington, Vermont 05401
(802) 863-2495 x710

Ages: 10+ years old

Insurance: Medicaid, Medicare, United, BCBS, Cigna

Sliding Scale: Yes

Franklin County**Michelle Spaulding, MA**

75 Fairfield St.
 St. Albans, VT 05478
 Phone: 802-598-8284

Ages: Works with teens and families

Insurances: All

Patrick Dunn, LMHC

156 North Main St
 St. Albans, VT 05478
 Phone: 802-933-4732 X 7

Ages: 10+

Insurances: Medicaid, BCBS, Cigna, United, MVP

Note: Available evenings and weekends

Lamoille County

Kate Donnelly, LICSW

**34 Pleasant Street
 Morrisville, VT 05661**

Phone: 802-730-9086

<http://katedonnally.com/>

Ages: Teens, Youth & Families

Insurances: BCBS, Cigna, MVP, Medicaid, Medicare, Value Options

Sliding Scale: yes

Orange County

Allison Andrews, LICSW

74 Main St.
Wells River, VT
Phone: 802-274-5120
Ages: Works with children (5+), teens, adults
Insurance: Please contact

Susan Jacobs, MA, LCMHA, LADC

25 South Pleasant St.
Randolph, VT 05060
802-249-2973
Ages: Teens, young adults, and families
Insurance: Cigna, Medicaid, BCBS, United, MVP,
Sliding Scale: yes
Note: Can do home visits in area

Rutland County

Lindsey Johnston, MS

167 North Main St,
Wallingford, VT 05773
802-446-3577
mapleleafclinic@vermontel.net
www.mapleleafclinic.com
Ages: works with middle school through adulthood.
Insurance: Medicaid, out of network provider exceptions.
Sliding Scale: Please call if application

Washington County

Adam Grunt PhD

105 North Main St. Suite 10
Barre, VT 05641
802-441-4072
<http://www.cvmhp.org/agrundt.html>
Insurance: accepts Medicaid and other insurances
Note: Moving to Burlington in mid-July

PJ Desrochers, LMFT

174 Elm St
Montpelier, VT 05602
Phone: 802-851-5955
Insurance: Most
Sliding Scale: please call

Darlene Furey, LICSW, MSS, MLSP

Oak Tree Counseling Associates llc
147 State Street
Montpelier, Vermont 05602
Phone: (802) 279-4020
Insurance: BCBS, Medicaid, Cigna
Sliding Scale: Yes

James Nelson, MA, LCMHC, LADC

250 Main Street
Montpelier, VT
(802) 318-5456
16 Orchard Terrace
Burlington, VT
(802)-862-6931 ext 3
Note: accepts patients 14 and up
Insurance: most, including Medicaid

Molly Bernardi-Smith, MA

138 Main St., Suite 5
Montpelier VT 05602
802-778-0483
Ages: 16+
Insurance: BCBS, Medicaid, Medicare
Sliding Scale: yes

Brooke White, PhD

Full Circle Health and Wellness
73 Main Street
Montpelier, VT
Suite 19
(802) 505-1748
Note: accepts patients 6 and up

Cory Gould, LPMA

149 State Street
Redfield House
Montpelier, Vermont 05602
(802) 992-1501
Ages: 14+
Insurance: Cigna, BCBS, Medicaid, MVP, Aetna

Suzanne Mancinelli, MA

The Vermont Center for Integrative Herbalism
252 Main Street, Suite 2
Montpelier, VT 05602
Phone: 802-552-8560
Ages: preteen-adult
Insurance: Medicaid & BCBS-VT
Note: Please state that your call is regarding a transgender youth to ensure prompt response.

Julia Chafets

132 Main Street
Suite 2
Montpelier, Vermont 05602
Phone: 802-279-8850
Ages: 6+ years old
Insurance: BCBS and Medicaid

Windham County

Michael Gigante, Ph. D

31 Frog Hill
Brattleboro, VT 05301
802-254-8032
Ages: 15+
Please contact about health insurance info.
Sliding Scale: yes

Laura Hoskins, MA, LCMHC, NCC

70 Orchard St
Brattleboro, VT 05301
802-451-9557
www.laurahoskins.net
Ages: 8+ years old
Insurances: Accepts Medicaid and wide range of private insurances
Sliding Scale: Yes

Curtis Graf, Ph. D

139 Main St.
Brattleboro, VT 05301
802-254-2400
www.curtisgrafphd.com
Ages: Works with youth, teens, young adults
Insurance: Medicaid, BCBS, and others
Sliding Scale: yes

Eli Burke, Med, LICSW

Brattleboro, VT 05301
Phone: 802-257-4880
Ages: Teens, young adults
Insurance: BCBS, Medicare, Medicaid

Windsor County

Allison Andrews, LICSW

The Writer's Center
58 N Main St
White River Junction, VT
Phone: 802-274-5120
Ages: Works with children (5+), teens, adults
Insurance: Please contact

Annette Kennedy, Psy D

16 Beaver Meadow Rd
P.O. 801
Norwich, VT 05055
Phone: 802-785-2639
Ages: Works with teens (13+) and adults
Insurance: Please contact and sliding scale

Deb Harrison, LICSW

2091 Main St
Cavendish, VT 05142
Phone: 802-226-7900
Ages: All
Insurances: Medicaid, BCBS, Cigna, MVP
Note: Also works at Black River High School

Provides in New York State

Moriah Warnne

Mental Health Counseling Services
6956 State Highway 56
Potsdam, NY
Phone: (315) 268-0264
Insurance: accepts most

Bethany Waite

Clinton County Mental Health and Addiction Services
130 Arizona Avenue
Plattsburgh, NY 12901
Phone: 518-565-4060
Ages: all
Insurances: all

Kelly Hornby, LCSW-R

Clinton County Mental Health and Addiction Services
130 Arizona Avenue
Plattsburgh, NY 12901
Phone: 518-565-4060
Ages: all
Insurances: all

Note: Intake Coordinator is Anne Chauvin

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Erica Leonard

Clinton County Mental Health and Addiction Services
130 Arizona Avenue
Plattsburgh, NY 12901
Phone: 518-565-4060
Ages: all
Insurances: all

Allsun Ozyesil

Plattsburgh, NY 12901
Phone: 518-566-7832
Ages: all
Insurances: Fedelis, BCBS, call for others
Sliding Scale: Yes

Note: Intake Coordinator is Anne Chauvin

Psychiatry Consultation

Please contact Dr. Marlene Maron* (above) if you need help reaching any of these providers.

Jeremiah Dickerson, MD

Child and Family-Based Psychiatry
UVM Medical Center
Burlington, VT
Phone: 802-847-4563
Ages: up to age 18

Note: Specifically state that this is a consultation regarding a transgender patient and ask to leave a message for Dr. Dickerson.

Evan Eyler, MD

Psychiatry
UVM Medical Center
Burlington, VT
Phone: (802) 847-4727

Note: Experienced in working with individuals with gender dysphoria. Prefers to serve as a consulting clinician for individuals already connected with another therapist or psychiatrist and provide expertise and assistance with diagnosis and treatment of gender dysphoria.

Harris Strokoff, MD

Adult and Child Psychiatry
Community Health Center Burlington
617 Riverside Ave
Burlington, VT 05401
Phone: 802-864-6309

Note: Services only able to those who receive primary care through Community Health Center.