

Child Psychiatric Consultation Program

For Primary Care Providers



The **Vermont Center for Children, Youth and Families**, in partnership with **VCHIP**, is offering healthcare providers **free** curbside phone and email consultation regarding the management of emotional and behavioral problems in primary care settings. Examples of these consultations include discussion of assessment, diagnosis, medication management and providing Vermont Family Based Approach Wellness recommendations.



What is The Vermont Family Based Approach?

Definition: a paradigm for promoting mental health and wellness, preventing and treating psychopathology that applies evidence-based strategies from the family perspective.

Goal: using evidence based prevention and **intervention strategies**, to keep the well well, protect those at risk from developing psychopathology, and effectively treat those who are suffering from it. (**Hudziak, 2010**)

Strategies?

Help **all family members** to further engage in health promoting activities such as:



If you are interested in accessing a phone or e-mail consult, please contact:

Eliza at eliza.pillard@uvmhealth.org or (802) 847-9759

Eliza will arrange for one of our child psychiatric specialists (MD or NP) to return your phone call/e-mail within 24 hours during the regular work week (weekend coverage is already available through the on call system).